

## Minutes of the Youth Advisory Committee Meeting

November 13, 2009

Members Present: Erin Splaine, James Forti, Lynne Cavanaugh, Beth Butler, Marlene Dodyk

Also Present: Lynn Dowd, Dossie Kahn

Minutes from 09/25/09 reviewed and approved.

### Staff Updates

- Referrals: both new and returning cases continue to come in
- Parent Coffees: One is scheduled for December
- Diversion Program: Two new cases referred in October
- Senior Parent Seminar will not be held due to low number of participants
- Freshman Parent Seminar has begun with four families interested; will continue if interest grows
- Depression awareness project at WHS: Julia Surow has held a planning meeting with interested students
- Stress Management skills will be taught by Lynn and Dossie with Julia in freshman seminars 11/18 – 12/01
- Friends of WYFS programming – Elementary PTO requested presentation on social development/friendship in childhood, and the Middle School PTO requested a program on balance in parenting re autonomy needs. Rob Evans will give the Elementary PTO talk; the Middle School presenter to be arranged. High School PTO has not made a request for help with parent education yet this year.
- Cyberbullying (train the trainer workshop) – Lynn and Dossie both completed the training and are available to support school staff and parents by offering the training developed by Massachusetts Aggression Reduction Center ARC at Bridgewater State College.

### Budget Process FY11

- Lynn presented level budget as requested by Finance Committee and reviewed with YAC
- YAC discussed level of services currently provided and how all current funding remains necessary to maintain services

### Board Updates

- Erin described ongoing recruitment efforts

Next meeting date: December 18, 9:00 AM, 2009

