

Minutes of the Youth Advisory Committee Meeting,
November 1, 2013

Members Present: Ms. Corrie Dretler, Ms. Sarah Greenaway, Deacon Geoffrey Higgins, Ms. Jane Purser, Mr. Joe Karbowski

Also Present: Dr. Dossie Kahn, Dr. Marlene Dodyk

Minutes of 10/04/13 reviewed and accepted.

Staff Updates

- New referrals increasing.
- Diversion program: Two new police referrals in October, continuing work with 1 WHS referral.
- Dr. Kahn continues to facilitate Grandparents discussion group, she will co-facilitate a "Sibshop" with JF&CS in Waltham.
- Dr. Kahn will lead a Meditation Book Group for middle school students November 12 at the Wayland Public Library.
- Dr. Dowd has begun the High School Senior Parents group.
- Dr. Dowd and Dr. Kahn were guest speakers in WHS health classes teaching about depression and anxiety. Classes viewed the short film "More than Sad" provided to teachers by WYFS before the class visits.
- Friends of Youth and Family Services have meetings planned for November.

Stats and Budget Reports: First Quarter Stats and proposed budget for FY15 presented to YAC.

- Budget reviewed and unanimously approved by committee.
- Request for 2 hour increase in administrative assistant support unanimously approved.

Board Updates and Discussion

- Conflict of Interest Ethics training requirement reviewed – one member still needs to complete
- Wayland Cares review process discussed in light of community concerns about substance abuse prevention and possible community interest in expanding the role of WYFS to provide greater prevention services.
- Goal of involving youth in YAC discussed, to continue in December meeting.

Future YAC meetings: 12/06/13, 01/03/14, 02/07/14, 03/07/14, 04/04/14, 05/02/14, 06/06/14, all meetings held in small School Department conference room WTB 8:45 AM.

Respectfully submitted,
Dossie F. Kahn, Psy.D.