

Minutes of the Youth Advisory Committee Meeting  
September 13, 2013

Members Present: Detective Ruth Backman, Ms. Corrie Dretler, Ms. Sarah Greenaway, Deacon Geoffrey Higgins, Ms. Deborah Seidman, Ms. Jane Purser, Mr. Joe Karbowski  
Also Present: Dr. Lynn Dowd, Dr. Dossie Kahn, Dr. Marlene Dodyk

Committee welcomed Ms. Sarah Greenaway, who was recently appointed by Board of Selectmen. Members offered thanks and introductions.

Minutes of 06/07/13 were reviewed and accepted. Minutes of 05/03/13 will be presented again 10/04/13.

#### Staff Updates

- Quiet start to school year, new referrals beginning to come in.
- No new police referrals over summer, continuing work with WHS referral from last spring.
- High School Summer Community Service Program was coordinated by Jennifer Parra: 35 students enrolled, 451 service hours completed, projects included maintaining community gardens, feeding homeless adults and families, food pantry work, making cozy blankets for children in DCF care, helping Buddy Dog, and many more! Ms. Parra is a gifted coordinator and leader!
- Support Group for Grandparents resumes monthly meetings 09/23/13 – Dr. Kahn.
- Dr. Kahn will present to SEPAC on sibling support and “sibshop” model 10/01/13.
- Dr. Kahn will present to Mom to Mom at Trinitarian Church on back to school issues, reducing stress and symptoms of depression and anxiety – what to look out for on 10/11/13.
- Dr. Dowd is planning to offer support and information group for Parents of high school seniors.
- Dr. Dowd is developing mental health screening and outreach initiative and investigating online screening component.
- Wayland Cares review update: WYFS staff were recently interviewed by review committee member.

#### Board Updates and Discussion

- Open Meeting Law training will be offered 09/19/13, all are encouraged to attend.
- Goal of involving youth in YAC discussed, to continue in October meeting.
- Statistics and budget reports delivered to YAC members, discussion to be held 10/04/13.

Meetings scheduled for fall/winter 2013: 10/04/13, 11/01/13, 12/06/13, all meetings to be held in small School Department conference room WTB 8:45 AM.

Respectfully submitted,  
Dossie F. Kahn, Psy.D.