## BOARD OF HEALTH MINUTES TOWN BUILDING- HEALTH DEPT OFFICE SEPTEMBER 25, 2017

The meeting was called to order at 7:00 p.m. Present were members Susan Green (SG), Arne Soslow, M. D. (AS) and John G. Schuler, M.D. (JS). Also present were Julia Junghanns, (JJ) Director of Public Health and Patti White, Department Assistant.

## 7:00 p.m. Public Comment – There were none

## 7:05 p.m. Annual Report update and FY19 budget information from Human Relations Service (HRS), Robert Evans, EdD, Executive Director

Rob Evans and Mark Kline from HRS have come to the meeting, HRS is a nonprofit group, they accept insurance, but many policies these days have a high deductible. The staff is comprised of approximately 36 employees, most part time, with a full time equivalent of 13. HRS provides State mandated special education services to children with IP plans and works with the staff and families as a group. The money that HRS receives from Wayland and other towns does not fully fund the work they do, they have a number of fund raising programs that help fill the financial gaps. There have been difficulties in the past 7 to 8 years for families trying to find mental health assistance for children in need and to support their families. Referrals for services come from schools (guidance counselors and staff), Youth and Family Services or from other families who receive service. When families contact HRS for services, if there is not a good fit, HRS will work with the families to find assistance that works with their need from another source. JS: what are the most frequent issues you see? HRS has seen a change in the issues being presented; there are more issues (impulse behavior, anxiety, depression, autism spectrum disorders) that can be more severe and require more of their time. They are seeing more students from the middle and high schools with very serious anxiety and depression issues which have been increasing over the past few years. There is much more stress to students to "achieve "combined with changes in the family dynamic, mobile technology is changing the way children and parents connect (and creates disconnects with important human interactions). HRS is working closely with the school administration, trying to get parents involved and attend training classes and meetings to help parents understand these issues and how to work with their children. Questions were raised regarding the School Committee, HRS has never presented to the School Committee only to staff.

The Board thanks Drs. Evans and Kline for coming tonight to discuss their most important work for the students and families of Wayland.

AS: is proposing to the Board that we should ask HRS to present a summary (1 page, 2 sided) of the issues they are facing as presented this evening, for the School Committee, as a communication share. JS: this seems like added work for them, do we want to ask them to do more when they already have to do fund raising to make ends meet? SG will reach out to someone she knows on the School Committee, to see if they would like to see an executive summary on the behavioral issues with Wayland Youth.

#### 7:30 p.m. Review draft Annual report

The Board has reviewed the draft prepared by the Health Dept. staff and there have been a couple of additional items requested to be added.

SG: I think we should mention the support of the polystyrene ban and the work that has been done in preparation. AS: It would be a good idea to mention the issues at the High School Wastewater Treatment plant?

Final draft is due to the Front office by Friday, a final copy will be emailed to the board after above items are added.

### 8:00 p.m. Discuss special town meeting warrant article- marijuana moratorium

The state moratorium is until July of 2018, the Youth Advisory Committee will be asking the residents to approve an additional 6 months, bringing the final date to January 1, 2019.

AS: Motion to support the moratorium as presented in the Special Town Meeting article from Youth Advisory Committee dated received August 30, 2017. SG second Vote 3-0 all in favor.

#### 8:00 p.m. Update on High School wastewater Treatment Facility

JJ: The Town Engineer is putting together a draft scope of work and cost estimate to Weston & Sampson for engineering services this would include also some language regarding the chemical management/storage inside the facility. JS: Are you requesting updates on the facility? JJ: Yes I have inquired to the O&M contact person. I recently did a walk through the High School with the Town Engineer, the Head Custodian and the kitchen staff to look at all paper products being used in the building, we did not see any products of concern at that time. Town Engineer Paul Brinkman will be looking more closely at the inventory listing and paper products. JS: Do the O&M manuals address products? JS: Does the high school does have a garbage grinder? JJ: yes it does, but most of the kitchen waste goes to composting, we reviewed their process and it appears to be well managed. JS: What about the science labs? JJ: they have a tight tank for the science labs. The kitchen area was spotless and the areas we viewed were very clean and tidy.

## 8:10 p.m. Provide comment on Cochituate State Park Boat Ramp Environmental Notification Filing

The notification we received is in regard to work being done at the Lake Cochituate State park boat ramp on the Natick side. They are planning to do construction work for a new boat ramp and fishing pier on the Natick Side of the lake. The work is expected to begin in the Fall of 2018 and to be completed by June 30, 2019. The reason we are reviewing this project is due to the DCR's plan to lower the water level in the lake by 3.5'. The project is before us to identify any BoH concerns and to provide formal comment to be submitted to DCR through Concom (Linda Hansen). All comments will be combined and submitted to DCR.

JS: If you they are going to lower the water level will the exposure of the weeds become a breeding place for mosquitos? Does the State have a plan to protect the public if there is health risk regarding mosquitos? AS: onset and lowering of the water should be done after the mosquito breeding season. How will the water be replaced? SG: there a lot of weeds in the lake, will exposing them create an odor problem? If the water is not naturally replaced from the snow and spring rain, will the town beach have to be closed (June 2019)? JJ: some perspectives consider the water lowering to be a potential weed control technique (could kill off some weeds, would it create habitat for other weeds)? We are unsure how long with lake will be at a very low level as it depends on whether we get snow/rain to replenish the lake.

#### 8:25 p.m. Update on Flu clinic process automation/process improvements

There will be a meeting of the Medical Reserve Corps at the Public Safety building this Wednesday (9/27) to demonstrate the new flu clinic plans and the automation process improvements.

## 8:35 p.m. General Business

The director's report has been reviewed.

# The bills have been signed Minutes of August 14, 2017

### JS: Motion to approve the minutes of August 14, 2017 as presented. Second AS vote 3-0 all in favor.

October board meetings possible dates of either October 16<sup>th</sup> or October 23<sup>rd</sup>. Office staff to poll other board members regarding availability for either of these dates.

There was a brief discussion regarding the two 40B projects beginning the ZBA process. Staff is waiting for more comprehensive and detailed septic design plans and when they are submitted we will bring them to the Board for review.

Staff received information regarding soil testing that was done in the area of the swale (drainage area)adjacent to the High School turf field. This work was initiated by Facilities in preparation for the town working towards obtaining the Certificate of Compliance from the Conservation Commission and DEP(for the existing turf field). The Board reviewed a letter from Eggleston Environmental dated February 3, 2015, regarding a site visit and file review performed in January of 1015.

9:00 p.m. JS: Motion to adjourn second SG vote 3-0

Respectfully submitted Patti White Department Assistant 092517minutes APPROVED102317