

BOARD OF HEALTH MINUTES  
41 COCHITUATE RD TOWN BUILDING  
JUNE 26, 2017

The meeting was called to order at 7:00 p.m. Present were Elisabeth N. Brewer, (EB) M. D., Chair, Susan E. Green (SG), John G. Schuler,(JS) M. D. and Arne Soslow (AS) M. D. Also present were Julia Junghanns, (JJ) Director of Public Health and Patti White, Department Assistant.

**7:00 p.m. Public Comment** - There were none

**7:05 p.m. Community Health Nursing Program, Public Health/School Health Emergency Preparedness and Flu Clinic Planning Updates from PHN/ Nurse Leader Ruth Mori and Guest Fire Chief David Houghton**

JJ: announced that, after years of hard work, PHN/Nurse Leader Ruth Mori has achieved her Masters of Science in Nursing from Worcester State University in the Public Health Community Nursing Track. I am very proud of Ruth's accomplishment resulting from all her hard work and dedication to furthering her education. The Board extended congratulations to Ruth.

RM: providing an update for this past year to BoH. Update of information regarding our 5 full time Community Health Nurses (CHN) and the 6 substitute nurses in our sub nursing pool. Sub nursing provided an additional 2.5 hours per day of nursing coverage at Claypit Hill this year, which was funded in our budget this year and will be going forward to next year as well. This coverage was based on an increased need of nursing assistance for students at this school.

We continue to work with the MDPH School Health Unit and obtain grant money for school health related initiatives. The nursing offices are up 352 nursing visits from last year per our MDPH School Health year-end report with a 93% return to class rate. DH: The Fire Dept. answered 6 calls made to Fire/EMS at schools for this school year; 5 of 6 were epi-pen related and required transportation to the hospital. This number is down from last year (majority of those calls at Middle School). Most transports are to Metrowest, also Natick or Framingham. Numbers went down for sports related injuries/transports also.

There is an increasing number of Stress and psychosomatic issues with students in the health room including at the elementary level.

Concussions: nurse's work closely with guidance office and administration. School nurses have been excellent dealing with concussions. Concussion protocols have been developed for all schools Elementary-High School. Concussions for Middle and High School are reported to DPH- total of 27 related to in schools; the nurses are working with coaches, parents and M. D.'s as a team. There was a thorough review of our school concussion policies and protocol review last year with Health Rollins and the BOH

Dr. Marni Roitfarb, school physician, has streamlined the standing orders, and is also working on streamlining rules for required medical records. A letter will be going out regarding the importance of physicals and immunization, and requirements for following regulations that will be tightly implemented this year. SBIRT- Screening Behavioral Intervention Referral program, this was the first year of behavioral health screening. State mandated by Governor Baker; opioid related behavioral health related screening. This was implemented by guidance department this year. Ruth was involved with layers of this effort including working with Jason Verhoosky of Wayland Cares, and identifying and ordering supplies, and training needed using grant money. This was done only for 10th grade (at this time) by guidance working with the behavioral information. 10<sup>th</sup> grade used from behavioral health data and by Youth and Family Services/ Health. Next year there will be one middle school grade and one high school grade. Ideas for support and information, good decision making is the emphasis. Parents are involved if there needs to be a discussion and most involve families of the kids.

RM: Narcan is now provided at all the schools, as highly recommended by the state and soon to be required (training was provided to all the nurse's). It is included in the school nurse emergency bags now as part of their tool kit. There has been no usage in the schools this past year. DH: there was 1 real opiate case, 6 times used by protocol but the majority was for severe alcohol abuse.

Emergency response—working with the Chiefs- there is an emergency medical response protocol

DH: every school has a detailed written plan designed for each separate campus- response plans for staff and public safety piece for each school. The plans are protected documents and confidential to protect the information. He would be happy

to share this information with a BoH member not in a public meeting setting, perhaps meeting at the Fire Department privately. Otherwise it would need to be during an executive session. The town has an LEPC (local emergency planning committee) consisting of; Emergency Manager (Doug Leard), the Police Chief and Fire Chief. Other key town officials are also part of the committee. Plans cover scenarios such as, suspicious devices, active shooter, ALICE, and how Public Safety responds. Covering both schools and town related emergencies.

AS: May we request to set up an executive session meeting to review the emergency plans for the school buildings. Would other BoH members be interested to review this information?

RM: We are involved with public health emergency planning through the federal government/emergency preparedness: there are a few potential areas where we could provide/supplement emergency supplies; for emergency kits for classrooms to be kept up to date, stop the bleed campaign- preventing blood loss in acute medicals/add tourniquets; making our bleed kits similar to theirs. We purchase items that fire and police have, (working with chiefs). With emergency preparedness funding this past year, the Health Department purchased 2 AED's one for Library and for the DPW building. Now all the Wayland public buildings have AED's, including all the schools. The Aed's are all the same devices and the nurse's check them regularly. Most of them were funded through Public health grants, last year we purchased for the Transfer Station. DH: there is a great collaboration between Public Safety and Health Department.

RM; flu clinic time is coming again and we have recently planned October community clinic dates that are staffed with the MRC volunteers, as well as the senior appointment based flu clinics which will be scheduled in September. During the month of November we will finish with vaccinations at the schools. During the fall months, I am also visiting the Assisted livings residences, daycares, Public Safety Staff and Town and School Dept. staff.

We continue to receive reimbursement from health insurance reimbursement claims; we are able to use these funds to purchase vaccine and supplies for the upcoming season. We are pleased to say that we are automating the process and we are working with the Vaccine Registry and with an outside consultant at no cost to the town. We do not have electronic records and our past process has involved manually entering the information for the 1,800 doses given which is time consuming and tedious. We hope to ease the paper process and automate (filling out paperwork and causing delays) for families coming to the public clinics. DH: the fire dept. has a software program they use which has worked out very well and saves them a lot of administrative time. The consultant who created their program is working with Health Staff and myself to build a program that will automate our registration process. The vaccine documents and process will be through a data based system. We will use last year's records and import the information to get started. We plan to use a card reader at the flu clinics to pick up the data and fill in the information into data fields. The first table will receive a ticket, speak to the documents, peel off the sticker and leave with a ticket using e-signatures. We have consulted with Town Counsel on what is required and we are working on obtaining a Non-disclosure agreement/Business agreement, and HIPPA protection through an agreement also. This is at zero cost to the town as the finalized program will likely be used in other communities.

**7:45 p.m. Information from Public Safety regarding Wireless communication issues in N. Wayland- Fire Chief David Houghton**

There was a discussion at the department heads/land use meeting, discussion regarding cell towers and sites being requested to be used for new cell towers. If we have to accommodate a tower in town, he suggests that we locate one that will aid public safety so that we have radio communication in the north part of town. Their radios don't work anywhere near north of Hickory Hill; receiver site may need to increase the height of the receiver. The site on Transfer station will be close to River's Edge residential building. We should be looking at sites that are for the best interest of the town, not letting the providers push for their locations. JJ: I thought this would be a good update for the board, as we had just recently discussed this and the BoH was not informed of information from Public Safety/Chief Houghton related to lack of radio communication in North Wayland. This is important information to be aware of. We should be ahead of it and not behind it and drive the bus to the location that would be best for the town if it were to be located in town.

EB: when River's Edge is built what happens with the existing cell towers on the land? (on the land = do you mean in the town's wireless overlay district?) . This is an existing wireless overlay district.

Diana Warren (former resident): I was part of the committee that wrote the bylaw in Wayland. You will have less control if the town does not choose the location, studies show that communities with strict bylaws continue to keep cell towers out of their community. Once you have a site located outside the wireless district, you now have opened the door to other

providers to install in that same area. (Reeves Hill, Santander Bank, PSB) The push from Verizon is just their strategy. DH: the old dump on Rt20 is that in the existing overlay?

Documents received - Bioinitiative 2012, The EMR policy institute document and International Radio Wave Exposure Standards/ Russian Conference

**7:55 p.m. Update on High School WWTF- possible guest Facilities Director Ben Keefe**

Mr. Keefe was not able to attend, there is a meeting set up tomorrow (6/27/17) for DEP, Town Engineer, Facilities and the WWT plant operator to meet with the manufacturer (bio?) and to do a walkthrough of the plant to get all the interested parties up to date and understanding the working of the Treatment Plant.

We are hoping to have another update for the Board after this meeting. The Board has concerns that there has been quite a bit of time since this started and we don't seem to be any closer to getting answers. We need an expert on the Town side vs the Operators.

Linda Segal (LS) -Aqueduct road- public comment- As a lay person, not technical, I attended Wastewater (WWMD) meetings for years, including when the town facility on Route 20 was designed. The high school building committee worked for 10 years to plan the new school and treatment plant. The website for the committee was not maintained after the project was built, so all the planning information is no longer readily available online. LS asked the school department for access to the documents several years ago. They have many boxes of hard copy files available for review. LS doesn't believe this school wastewater plant problem is or has been on the agenda for the School Committee meetings, don't assume the School Committee knows all about this situation. (LS)Is former facilities director John Moynihan to be at the meeting tomorrow, he worked on the High School construction project? EB: can we reach out to John Moynihan to be sure he will be involved with this discussion going forward? JS: can you reach out to local professional engineers to see if they have any suggestions? David Schofield suggested maybe Schofield Brothers/Fred King, Tighe and Bond may be helpful. Don Martinage was the engineer that did the design. EB: maybe we can have someone from the School Committee attend when we have another update? LS: Lea Anderson chaired the HS building committee. Other former HSBC members still serve on other boards.

**8:10 p.m. 153 Concord Rd.- Local upgrade approval from Town Regulations for offset to wetlands, Registered Sanitarian David Schofield, Owner Yanick Brice**

The property has wetlands in the rear of the lot and the property is located in a Septic Zone II. The old system (2 systems ago) and the current failed system, (installed in '99) are still plumbed from the back of the house (the tank and pump chamber will not be replaced) and it wraps around the house to the leaching facility in the front of the house. Using the Infiltrator system will reduce the foot print of the leach field and will reduce the offsets, the system will not allow for a garbage grinder. Note: this is a septic system repair only so these requests are for local upgrade approvals.

**AS: Motion to grant the variances as requested on the plan (revised plans received today) subject to final review by staff. Second EB, vote 4-0 all in favor.**

**Variances requested:**

**Leach field to Bordering Vegetated Wetlands (BVW) 75' required, 61.6' proposed**  
**Reduction of Leaching field setback from property line (10' required, 9'6" proposed**  
**Reduction of leaching field setback from foundation wall (20' required, 14' proposed**  
**Reduction leaching field setback to subsurface drain (10' required, 8'6" proposed**  
**Reduction of separation ESHGW to SAS bottom (5' required 4' proposed)**

**8:40 p.m. 188 Commonwealth Rd.- Royal Wayland Nursing Home, request to use "SoilAir" Innovative and Alternative technology to enhance the existing septic system functionality**

The system was written as an automatic Title 5 failure, as they had been pumping more than 4 times a year. We have been in communication with the owners, they are working on a development plan for the whole site and want to use this SoilAir technology to keep the system functioning until the planned new construction is complete to allow the facility to remain open during the design phase and during construction.

Recent soil testing shows that the leach field is not in the water table (automatic failure) it was also discovered that there are have 2 separate leach facilities, they are now switching between the two systems regularly, there have not been any breakouts. Office staff has been monitoring the situation and also maintenance of the facility has been checking regularly.

The owners wish to use the SoilAir system, which blows air into the leach field, to help enhance an existing system ,as long as it is not in failure. It has now been determined that the system is not in failure, so this would enhance the system and keep it functioning a bit longer to keep the existing facility open while they continue to work on their plans for the new construction on the property.

AS: do we expect that they will be let us know that the SoilAir system is working? What criteria do we want to set? JJ: I believe the SoilAir representatives had that information available, I will find that information. JS: why were they pumping so much? JJ: they were not switching out the leaching fields, and when we were out onsite, we found a 15,000 gal tight tank that was installed back when the system was first installed. Currently that tight tank is empty and is backup to hold sewerage if there is a problem. JS: do we limit the number of residents? JJ: we not be allowing for expansion/adding to the numbers of beds. This system will not be used for expansion of the facility. Staff feels that 6 months might be a good time to review/revisit this, but that puts us in the middle of winter, so we may need to reduce to 4 months, we will know more after getting more information from the SoilAir company.

JJ: I believe there should be a follow up at some point in the future; we had previously said we will give them to the end of August (legal order). The BoH needs to issue a formal approval/extension since a legal order with deadlines had been sent.

**EB: motion to approve the use of SoilAir I/A technology at 188 Commonwealth Rd.; Royal Wayland Nursing Home. We would like an update in 6 months from the engineer of the system's functionality with the Soilair . The Board of Health will allow the 4 pumps a year as it has been currently and would not consider the system to be in failure. SG: second vote 4-0.**

**8:50 p.m. 10 Shore Drive- Discuss property owner's request for extension to comply with legal order**

A legal order sent to owner regarding condition of property. There is a lot of "stuff" in the yard, old household items and some "refuse", Staff was allowed to enter the property, they had been previously asked to not enter the property. Homeowner/resident was asked to let us know what progress she is making, staff has identified a company "Clear Path" who assist people with hoarding problems, there has been a conversation, but no answers yet. The treasurer will be moving forward with a Tax taking of the property due to back taxes, the process takes about 2 months to get the filing complete. There is also money owed for water bills.

AS: what can we do to help with her safety? JJ: spoke to Town Counsel their advice was that if we go forward with the Legal Order and go to court, but they would like us to offer the extension. It is hoped that we will continue to work with the homeowner. The legal order was written May 11th with progress by June 11<sup>th</sup>, the homeowner has asked for extension to the end of July. AS: can we ask for town employees to enter the house to see if it is safe for her to live there? JJ: we have worked with her regarding egress at her property. We will try to see if we to see if accomplish that. AS: if we don't give an extension, what's next? JJ: I will consult with Town counsel. EB: can we offer the extension but ask that we be allowed to have a safety walk through with the Fire Chief?

**EB: Motion to grant an extension to comply with legal order to July 31, 2017 with the request that the homeowner/resident allow the Director of Public Health and Fire Chief Houghton to do an interior site visit to observe for safety hazards inside the house. Second - Susan Green vote 4-0 all in favor.**

**9:00 p.m. Discuss process for Health Director Annual Performance Review**

JJ: I can submit a copy of last year's review and the blank new review form for the Chair to start the process.

**9:05 p.m. Update on Recreational Marijuana- possible STM Article for extended Moratorium-**

There is interest in having another town meeting warrant article to try and get another extension for the moratorium by the Youth Advisory Committee. We expect that there will be more information coming soon.

JS: we never completed work on the regulations for medical marijuana? JJ: the state has very comprehensive regulations regarding medical marijuana and siting of medical marijuana dispensaries, the current Wayland Zoning bylaws do not include this use as an approved use; therefore, it is not allowed. JJ: we continue to monitor inquiries and what is going on at the state level.

**9:20 p.m.            General Business**  
**Approve minutes of May 22, 2017**

**EB: Motion to approve minutes of May 22 2017, as submitted. Second SG vote 4-0 all in favor.**

Next meeting date July 17<sup>th</sup> and August 14<sup>th</sup> , EB may be away..

The bills have been signed and the director's report has been reviewed.

**EB: Motion to adjourn, second AS vote 4-0.**

Respectfully submitted  
Patti White  
Department Assistant  
062617minutes