

BOARD OF HEALTH MINUTES

APRIL 1, 2015

The Meeting was called to order at 7:15 p.m. Present were Tom Klem (TK) chair, members Cynthia C. Hill (CH), Dr. Elisabeth Brewer (EB) and Dr. Michael Bean (MB). Also present were Julia Junghanns (JJ) Director of Public Health and Patti White, Department Assistant.

7:15 p.m. Public Comment

7:15 p.m. Review Information provided by Mass DEP regarding River's Edge Project site/ existing Septage Facility Location

Julia has provided a copy of an email thread from Kevin Brander (DEP) regarding testing for potential pollutant parameters.

DEP is suggesting additional testing due to the site location of the Rivers Edge property near 2 landfills, a firing range, and the closed septage facility. The testing doesn't need to be done now, but the Town is preparing an RFP for bids for the River's Edge project, these tests are beyond the regular scope of testing.

The Town is preparing the RFP and has asked Department Heads to submit information they believe to be important to the project. In this case the BoH.

Tom will be preparing a letter/memo to the project proponents with the information from the DEP email, requesting all items mentioned be included in the scope of the RFP. Julia will find out who the memo should be addressed to.

TK: Motion for the BOH to be given opportunity to review the final draft of the RFP for the Rivers Edge project. The Board will prepare a memo to the RFP drafters requesting certain environmental tests be performed at the River's Edge Site based on recommendations from DEP in an email dated March 25, 2015.

Second CH, yes: TK, MB and CH, abstain 1- EB

7:40 p.m. **18 Adams Lane Deed restriction for finished basement- owner John Garcia- Builder Ian Moore**

Full bath in the basement with office and family room, this would be the 5th bathroom. There is a 1/2 bathroom on the first floor and three full baths on the second floor. There is no ground level access to the basement (there is a bulkhead only).

TK: Motion to approve the request for a 5 bedroom deed restriction at 18 Adams Lane. Home renovations to increase room count from 11 to 14 with additional of full bathroom in basement and conversion of sunroom into heated livable space. The home has an existing 5 bedroom septic system on a 60k square feet and not located in a Septic Zone 2. Second MB, vote 4-0 all in favor

7:45 p.m. **Professional Services Line item- allocating additional BOH budget funds for Sanitarian Consulting work due to short staffing.**

All the funds from the professional Services account have been depleted. Steve Calichman is working on Mondays, and soil testing and field work will be taking up most of his hours. We will need additional staff for plan reviews until a new Sanitarian/Health Agent is hired. This funding is for the remainder of FY15 (June 30, 2015)

TK: Motion to allocate \$4,000.00 from the Health Department FY 15 budget from the Health Nuisance account line item to the Professional Services Line item for the remainder FY15 due to short staffing. Second CH vote 4-0 all in favor.

7:55. P.m. **Concussion discussion- Ruth Mori (RM), Public Health Nurse/School Nurse Leader and Amy Schoeff (AS)- Community Health Nurse at Wayland High School. Ted Harding (TH), Wayland Youth Football coach is an invited guest**

Ruth has provided the State (105 CMR 201.000) concussion regulations that are required/mandated for the Middle school and the High School and the Protocols for Concussions from the High School (HS) and the Middle School (MS). The Middle school policy is being followed at the elementary schools, as there is no formal written elementary policy (regs are not state mandated for elementary schools at this time). The school policy was written from the Regulations that are state mandated, Ruth/Amy assisted with. The nurses are handling assessment during the school day. There is a possibility that Marlene Dodyk (Director of Student Services) may be, in the future, working on writing a more formal elementary school concussion policy. This would be based on the Middle school policy that is currently being used; protocols would be reviewed as well.

The difference is that there is an Athletic Director (AD) at the High School, but not at the Middle School. If the injury happens during the school day, the nurse at the Middle School handles the Athletic Director (AD) piece of the protocol as well as her own. There is no diagnosis made at any of the schools, if there is a concern, they are referred out to a physician for evaluation. If the injury happens at the High school, the coach and AD handle the process with the assistance of the Nurse. The only difference is WHS has a trainer, an Athletic Director and the Nurse. The middle school is handled by the Nurse.

The information is housed in different places in the HS –vs- the MS. The nurse gathers and keeps all the paperwork at the MS; at the HS it is handled differently. All information is documented in the notes of the School Nurse. Family ID forms include the DPH forms for pre-participation, concussions and return to play. It also depends on where the concussion occurred.

Report of head injury during sports season. State mandated to use the form for School Athletic injuries, but Wayland has required the form be completed for any concussion injury at school or at home.

Once the injury has been reported (sports related or non- sports related, all injuries are handled in the exact same manner), the school nurse is the case manager/point person for keeping track of appointments, and care management of the student.

CH: Are the nurses talking to the coaches and trainers for all levels of athletics?

RM: we work with families (definitely as an event comes up) the information is available on the website for the parents. The coaches are educated by Athletic Director.

AS: Sports Legacy (organization that has led most recent info on concussion) they were brought in to have dialogue with parents, there were only 4 parents at the meeting. AS talks to coaches at the beginning of the year and the Athletic Trainer (who is excellent, she says). Within the school there is education and discussion with the coaches and trainer in advance of an incident. There is an initial assessment that must be done when a sport head injury occurs, there are stickers with assessment on clip boards, there is never a diagnosis done on the field. Once there is a School based incident, there is constant almost daily communication with the trainer, parents and coaches managing the current concussions and previous (if they have occurred). They rely on the parents to provide outside information on what is going on outside of school. If the injury occurs outside of school, the parents may or may not provide the information and details of injuries.

Beginning of freshman and junior years, all students at the High School are tested (not just sports kids) using the IMPACT computer program, to provide a baseline testing. There is only so much that we can do and we do a lot

to manage concussions and educate parents. What parents allow kids to do outside of school we have no control over.

CH: how do we get through to the parents? Is there anything further we can do to educate parents? There is info (public service announcements?) on Way Cam (during selectmen's meeting) regarding concussions. What can be done help the nurses up to speed to help the process?

TH: You can't pull players off the field, every time there is a light hit to the head or being grazed. The coach has to figure out (often with the parents) to remove the child from the game. It is done by judgement based on the impact of the head injury.

AS: If the child's injury is at the point that the coach has to do an assessment, then the child should be taken out of play. Sometimes a concussion doesn't show up for days.

TH: It is great that HS is doing baseline testing for all students, can they bring it down for the Middle School level?

RM: it is a personnel issue and money is an issue also, there is not a trainer at the Middle School to administer the test and they do not have anyone at the Middle School to interpret the results of the tests (or connect with neurologist to interpret results) .

CH: would like to work on more awareness for the parents.

Ted: more cross promoting is needed. In 2012 a notice of an informational program on concussions was sent to all youth sports, they got 50 or so parents to come to the program.

AS: kids were required to show up. It was mainly coaches and administrators of each sport. At a recent field use meeting, contact information for key people for each youth sport looking to use Town fields was provided. This may be a way for the Task force to get info out to the various youth groups. There is a piece being shown on Waycam regarding concussion education.

JJ: based on the state regulations, we are not authorized to mandate these regulations to all outside youth sports. It is hoped and that the national youth sports groups' management would have protocols for concussion in place. Most of them do have their own rules and policies/protocols, there may be regulations they need to follow but could be based on the respective sports group/type of sports/etc.

8:30 p.m. **Request for 45 day extension for BOH review of 41 Shaw Drive "Patriot Way" Definitive Subdivision- Atty. Ed McCarthy representing the owners**

The first hearing for the subdivision with the Planning Board was pushed back to the end of the month, due to Town Meeting. The Planning Board is requesting to do a site visit, and due to the vast amount of snow that fell during February there are delays, there is soil testing being done for a very similar preliminary subdivision project next door at 33 Shaw Drive.

Once the Form K is submitted to the BOH the decision must be made by the BOH within 45 days of submission. The April 18th date would not allow for the time frame due to the Planning Board (150) days.

TK: Motion to approve the request by Oxbow Development Group for 45 day extension of the review for a subdivision at 41 Shaw Drive AKA Patriot Way. The plan application filed Mach 5, 2015, shall be extended to and including June 2, 2015. Second CH, vote 4-0 all in favor.

8: 55 p.m. The Bills have been approved. The Directors Report has been reviewed.

Minutes of November 5, 2014

TK: Motion to approve the minutes of November 5, 2015 as submitted. second MB vote 4-0 all in favor.

8:45 p.m. Health Agent/Sanitarian- Job Posting update- The job listing has been posted in Metrowest Daily news (Sunday and online), Craigs list and the MHOA website

9:05 TK: motion to adjourn all in favor

Respectfully submitted

Patti White

Department Assistant

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