

BOARD OF HEALTH MINUTES

November 17, 2014

The meeting was called to order at 7:00 p.m. Present were Michael Bean (MB), M. D., Cynthia C. Hill (CH) and Elisabeth N. Brewer (EB) M.D. Also present were Julia Junghanns (JJ), Director of Public Health and Patti White, Department Assistant.

7:00 Public Comment- There were none

7:05 p.m. 23 Three Ponds Road- Owners Amanda & Mark Melander- Contractor George Andrews- Looking to remove garage and breezeway and rebuild garage on existing foundation with office and gym over the garage. With the addition there will be a total of 12 rooms.

MB: Motion to approve the deed restriction for 4 bedrooms for the proposed addition at 23 Three Ponds Road, plans dated October 29, 2014 with the condition that the septic tank be pumped prior to construction. CH second - Vote 3-0 all in favor

7:15 p.m. The Bills have been signed and the Director's Report has been reviewed. Minutes of September 8, 2014. MB: Motion to approve Minutes of September 8, 2014, with the correction of the date to reflect September 8, 2014.

7:55 p.m. Discussion regarding concussions with School Committee member- Malcolm Astley- Public Health Nurse- School Nurse Leader- Ruth Mori has come to the discussion with the Board.

Mr. Astley has come before the Board on a fact finding mission, he has brought with him a list of "Points of Interest and Concern for Review in the Matter of Concussions". Ted Harding is here as a coach for Wayland Youth Football, he has also coached a variety of other sports as well.

Board member Cynthia Hill has brought a copy of Robert Cantu's book "Concussions and Our Kids". Dr. Cantu is a well-respected expert on the subject of concussions and children.

Ms. Mori has brought a document to the board that she compiled from information received from Amy Schoeff, WHS Nurse regarding her records of diagnosed concussions for the same time period in the last two years. The information in this document has brought to light, that concussions are not just from school sports. Ms. Mori informed the board on the process that takes place in the school nurse health room regarding observation of students recovering from concussions.

There was discussion regarding the information being supplied to parents prior to sports participation and whether or not it is being fully read and understood. What is the process and the protocols set up to be followed once a concussion has been diagnosed? When is it safe to return to sports? Additional questions were raised regarding persons observing sports practices and games (coaches and trainers)- are there enough experienced people on the fields able to make the proper calls regarding continued play? There are a large number of sports practicing at the schools on any given afternoon, are they all being given enough supervision?

There have been questions raised regarding repeated low impact head/neck trauma being as dangerous to developing youths as the more hard hitting impact generally associated with concussions, for example, soccer players "heading the ball". There is also serious concern regarding the chance of a second concussion occurring if athlete is allowed to continue playing after a concussion has been determined during the healing process and the risk of more serious injury.

MB- Identify what information the parents are getting, Identify what information the parents have to sign off on for participating in sports. Set up future meeting with Mr. Astley and Coach Harding and continue the discussion and hope to come up with more comprehensive information for parents

8:25 p.m. 18 & 20 Covered Bridge Lane- Trask Development- Deed Restriction for finished basements.

These two houses are new construction and have been sold, the new owners are looking to now complete their houses and finish the basements.

MB: Motion to approve the 4 bedroom deed restriction for 18 Covered Bridge Lane as proposed for finished basement in plans received October 2, 2014. CH second all in favor 3-0

MB: Motion to approve the 4 bedroom deed restriction for 20 Covered Bridge Lane as presented for finished playroom in basement in plans dated received November 3, 2014. CH second vote all in favor 3-0

8:45 p.m. 17 Hazelbrook Road- Owner Ann Gilson Haney- Agent- Ben Brown- Deed restriction for additional rooms.

Ms. Haney has come before the board to request approval of a deed restriction for the project of converting the barn into an art studio. When reviewing the plans, it was discovered that additional modifications had been made to the room layout of the main house. Revised plans have been requested.

MB: Motion to approve the 3 bedroom deed restriction for 17 Hazelbrook Lane for the renovations that include the barn conversion to Art Studio with additional renovations on the first floor, Pending staff receipt of finalized plans. CH second vote 3-0 all in favor.

9:15 p.m. MB: Motion to adjourn Second CH

Respectfully submitted
Patti White
Department Assistant
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