

BOARD OF HEALTH MINUTES

January 6, 2014

The meeting was called to order at 7:10 p.m. Present were Thomas Klem, (TK) chair, Michael Wegerbauer (MW) and Cynthia Hill (CH). Also present were Julia Junghanns, (JJ) Director of Public Health and Patti White, Department Assistant.

7:05 p.m. **Tobacco Control Presentation and Discussion-** Sarah McColgan (SM)- Tobacco Control Director, Mass Health Officer's Association; Jackie Doane(JD), Program Coordinator for Greater Boston Tobacco- Free Community Partnership

JD educates communities and Boards of Health regarding Tobacco products, media development and education some work also with Youth groups at High Schools for prevention campaigns. JD has brought a variety of current tobacco products that are on the market all products were passed around to Board members for inspection and description of the products by JD and SM; 3 key items of concern: price, packaging and availability. The bright and colorful packaging and fruity flavors are marketing for enticing the youth. Flavored cigarettes are illegal, but flavored cigar products are not regulated and they are not taxed at the same rate as the cigarettes and are often less expensive (more affordable). Often these cigarettes are also sold in packages of 1 for a cheap price. The flavored tobacco products are being packaged in bright colorful packages, sold individually and often looking more like candy products.

Sarah McColgan- Because they do not contain tobacco but they do include the ingredient nicotine, Electronic cigarettes (e-cigarettes) can actually be sold to youth (under aged), as they are not regulated by the state/govt. smoking an electronic cigarette is called "vaping". Sarah presented to the board information regarding State health/cancer statistics. Many tobacco products as presented this evening can be mistaken for candy or other items due to the way they are packaged and can be difficult for retail clerks to be alerted to the fact that they are tobacco products increasing the chance of sale to under aged kids. Parents may also not realize what these products are due to packaging. They do not recommend marijuana regulations intertwined with tobacco regulations. If towns are considering some type of marijuana regulations they should be separate regulations.

D.J. Wilson (attorney for the Mass. Municipal Assoc.) and Cheryl Sabarra (Sr. counsel for Mass Assoc. of Health Boards) will draft the regulations for us. They can assist with both tobacco regulations and marijuana regulations if we wish. Template regulations packages for tobacco have been distributed, included in the packet is a check list of items to choose from, the Board can just check what items they want included in their updated regulations. Staff will not have to do the work to put these regulations together.

There has been a lot of promotion and advertising for Electronic cigarettes, but there are no regulations yet from the FDA for electronic cigarettes, their ingredients and what additives they may contain is a big question for all as many things could be added depending on the source/where manufactured. Studies are ongoing on E-cigarettes, however because they are so new there is no real data yet on health effects although many have concerns.

Lester Hartman is a pediatrician with a Masters Degree in Public Health, he and Dr. Winnicoff (not present) are founders of "Tobacco21 Massachusetts". They are promoting/advocating that the tobacco age be raised to 21 and they hope Wayland will consider this change in the Wayland Tobacco Regulations. They advised the Board that 80% of smokers start under 18 and 90% start under 21. "Tobacco 21 Massachusetts" is not funded by grants they are solely self-funded. The town of Needham has raised the age to purchase tobacco products to age to 21.

Kara Reid and Janice Burns in Needham working on Marijuana smoking and second hand exposure regulations.

8:30 p.m. **Susan A Bonner 228 Old Conn Path Road Accessory Apartment and Question regarding Septic System design number of bedrooms 4 vs 5- Susan A Bonner, owner**

Jay Abelli, Building Commissioner and Bill Murphy, Health Inspector conducted an inspection of the property and there was a question regarding the ceiling height. The property has 4 bedrooms in the main house and in the accessory apartment is the 5th bedroom.

The board would like to have the septic system pumped and inspected to verify it is functioning properly.

MW: Motion to conditionally approve the request for the 4 bedroom septic system with Deed restriction to support the existing home and in-law apartment at 228 Old Conn Path, subject to pumping of the septic system and Health Department review of a passing inspection of the septic system. Upon completion the resident is to see the ZBA. Second TK vote 3-0 all in favor.

The Directors report has been reviewed

The bills have been paid

MW cannot attend Tuesday January 21st meeting date. February date will be for the first Monday

9:30 p.m. Motion to adjourn

Respectfully submitted

Patti White

Department Assistant

011614minutes

APPROVED 022614