

Board of Health Minutes
July 8, 2013

The meeting was called to order at 7:05 p.m. Present were Thomas Klem, (TK) Chair, Michael Bean, M. D. (MB) and Cynthia Hill (CH). Also present were Julia Junghanns, (JJ) Director of Public Health and Patti White, Department Assistant

7:05 p.m. Public Comment – there were none

7:06 p.m. Public Hearing- Community Fluoridation

TK, chair had updated the public regarding the history of Fluoridation in Wayland.

Dr. Leonard Carapezza, pediatric dentist in Wayland for over 40 years. He is now treating the 2nd generation of Wayland residents, practice now is at 5% of tooth decay, fluoridation is part of the reason that decay is so low. Please use only evidence based research not just articles on the internet that can be posted by anyone.

Dr. John Fisher, Marblehead MA. – Dental practice in Salem MA. (Dr. Myron Allukian was not able to come to the meeting, and Dr. Fisher is speaking on his behalf.) He is not here to represent any of his societies; he's here to present his experience from practice and the relevance of his experience. Past president of Mass Dental Health society, advisory board of Forsythe Dental Society. Dr. Fisher entered the military after graduating from dental school and started practice after military service. Dr. Fisher experienced a huge difference in the patients he saw that had fluoride in their water, and they had very low need for services. In the communities he served that did not have fluoride, there was a huge need for services for many cases of dental decay. Public Health is for the health of the community as a whole. He also had a mobile dental van and saw a huge difference between communities that had fluoride and those that did not. (read info regarding WHO and CDC and their involvement in public fluoridation). Dr. Fisher is providing a list of websites with references.

Resident Linda Segal, Aqueduct Road- Massachusetts has 140 towns that fluoridate. (there are 351 towns in Massachusetts) Many cities such as Brockton, Springfield and Worcester do not. Most towns on the cape do not fluoridate water, as they are on well water. Is there information regarding the health of residents that do not fluoridate? Ms. Segal would like to see the health statistics for the towns that do not fluoridate. The presidential election in 1998, Wayland had over 5000 voters come to the polls, and the question to add fluoride to the water in Wayland was on the ballot and was voted in.

There was a discussion regarding the percentages of fluoride added into the water.

Beth Barovick, 31 Sedgemoor Road (daughter of dentist) resident since 1998. Stated she is glad that the town added Fluoride to the water and she feels that the proper thing is to keep the Fluoride in the Town water to protect the public.

Randall Burn 7 Pemberton Road, parent of child that has grown up in Wayland with fluoride and he believes the fluoride in the water is a good benefit to the residents and he hopes we keep it unchanged.

Dr. Audrey Kearn- former Wayland resident, Wayland dentist since 1988, she treats Fluorosis in her practice. She agrees with all Dr. Fisher and Dr. Carapeza have said. She believed fluoride should be kept in the Town water. She treats fluorosis and feels that the discoloration from this is not as bad as the discoloration from dental decay. There have been reports that drinking tea can cause fluorosis. She is involved in Military screening before deployment and has seen marked differences in persons from non-fluoridated communities who had the need for dental care.

8:10 p.m. 11 Morse Road- owner Jerry Boos, deed restriction for a finished basement for an accounting & tax office and variance for septic design flow.

Mr. Boos is looking to move his accounting business to his residence and use finished space in his basement as a home office. By definition of Title 5 regulations this means an increase of flow for a business. The state regulations of 110 gpd and the additional gpd of 75 for the accounting business.

TK: Motion to approve the variance at 11 Morse Road for increase septic flow of 75 gpd due to the change of basement living space to office space. This variance will expire upon change of ownership of the home. CH second vote 3-0 all in favor.

8:25 p.m. 30 Cochituate Road- Mary Farley owner. Looking to move forward to disconnect from the town sewer. Questions regarding nitrogen loading variance or what path forward would be.

Kevin O'leary from Jillson Co. and Mike Sullivan from Sullivan & Connors both examined the property and believed they could design a septic system that would meet title 5 requirements-requiring a variance from Wayland regulations for nitrogen reduction.

The Farley's are being charged Betterment costs of almost \$35,000. They are also responsible for the equipment used to connect their house to the Town Sewer line and the pump from the house is in need of repair, and the Farley's are responsible for the equipment replacement.

8:45 p.m. 20 Edgewood Road - owners Vijay and Lakshami Vemuri: Peter Monaghan, Owens Corning basement systems. The Vemuri's are looking to finish a room in the basement. There is a question regarding the actual room count because of an open floor plan.

Motion to approve the deed restriction for 3 bedrooms at 20 Edgewood Road to include a finished basement . CH second. Vote 3-0 all in favor.

8:58 p.m. The Director's report was reviewed (see attached)

9:00 p.m. **TK: Motion to approve Dave Poirier as Animal Control officer for a 1 year term from July 1, 2013 to June 30, 2014. Second CH. Vote 3-0 all in favor.**

9:10 p.m. The board wishes to thank Ruth Mori, R.N., B.N., Public health nurse/School nurse leader and Patti White Department Assistant for their hard work in ordering/receiving/distributing the 2013-2014 school year nursing room supplies.

9:14 p.m. TK: Motion to accept the minutes of September 24, 2012 and October 22, 2012 as amended. Second MB vote 3-0 all in favor.

9:25 p.m. Motion to adjourn

Respectfully Submitted
Patti White
Department Assistant
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Approved 080414