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Received by
Uxbridge
Town Clerk

Uxbridge Council on Aging

Date: September 11, 2018

Time: 4 PM

Place: Uxbridge Senior Center

Members: Marie Potter, Jeanne McElreath, Jean Lawson, Sally Selvidge, Edwina Porter, Gail Boutiette, Cathy Thornton, Director Lisa Bernard

Welcome to first meeting of 2018-2019 Council on Aging and welcome to new Council on Aging Director Lisa Bernard.

Director's Report: see attached

Selection of Edwina Porter as Chairman and Cathy Thornton as Secretary

Discussions centered around new programs that might be initiated at our senior center including possible Senior Day Care program. Visiting other senior centers to observe services and activities was suggested.

Proposal was made that we establish an interior improvement committee to make recommendations regarding changes to our facility and better use of our space. This will be discussed further.

Tai Chi September session will be paid for by Uxbridge Elderly Connection. The future of the program will depend on interest.

Porketta Dinner fundraiser set for Oct. 6. Tickets are on sale at Senior Center and by members of Uxbridge Elderly Connection Board. It is important to support.

Meeting adjourned 5 PM

Respectfully submitted,

Cathy Thornton, Secretary



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COUNCIL ON AGING
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Lisa Bernard
Director

COA MEETING
SEPTEMBER 11, 2018

DIRECTOR'S REPORT:

Thank you all for the warm welcome since my initiation at the COA on July 9th, 2018. My Report will be based on Program Development, COA Members/Staffing, Center Improvements and Financial Issues related to the Council On Aging.

Program Development:

The Center has been very busy with Program Development with many new and exciting things happening.

1. The Alzheimer's Support Group has been formulated and will meet the second Wednesday of every month. Our first meeting will take place on September 12th.
2. Spotlight Interviews are now a monthly event that will take place with the newsletter. This is an opportunity for residents to get to know each other and welcome others to attend the Senior Center to explore all the services available here.
3. The end of summer Luau was well attended by all. The Whitney Place in Northbridge sponsored the Steel Drum entertainer, donated door prizes and also provided us with some decorations.
4. Lunch and Learn events will continue with the new Police Chief. Speakers are scheduled through the end of the year include Kristin Black from the BOH, Laura Bielecki from Tri-River to speak about mammograms, and Mass DOT.
5. The Senior Work-Off Program has been streamlined. This Program will be featured in the next newsletter. We anticipate new candidates in the future.
6. Tai Chi classes will resume. We hope that an additional session will be announced.
7. A Wellness grant is in process for a chair yoga class to focus on pain management and arthritis relief.

Members/Staffing:

1. The COA is in need of an additional member of the board. (7)
2. Van driver trainings are in process. We are trying to set up additional trainings for September and October.
3. The Activity Coordinator position is currently being advertised. Hoping to start interviews soon.

Center Improvements:

1. The shed was completed and Stephen Oncay (Eagle Scout) was recognized for his efforts.
2. The new van was delivered and the celebration/blessing is planned for September 14th.
3. The kitchen needs a new dishwasher. Options were discussed with UEC and will be explored.
4. The Uxbridge Senior Center brochure is being developed and hoping to be made available before the new year.

5. The additional parking lot is in the works with the DPW. Drainage engineering necessary before paving begins. Additional funds for the parking lot will be discussed at the next Town Meeting planned for October.
6. Monthly Pest Control services are now instituted for sanitation compliance.
7. In order to clean up the Center, the Senior Center bulletin boards are now organized. Greg Clark from Pioneer carpet willing to donate carpeting for the main entrance.
8. Organization of closets and purchasing of shelving units will be explored to clean up the Center and utilize the space more efficiently.

Financial:

1. The Formula Grant report was filed for FY18. FY19 being worked on now and due in October.
2. \$25,000 has been instituted in the State budget for the Uxbridge Senior Center. Hoping that the Governor will not veto this appropriation. This money would be useful for the additional parking lot.

Respectfully submitted,

L. Bernard

Lisa Bernard, LSW

Director

OCT. 5th

Uxbridge Council on Aging Minutes Accepted:

Date : 9/11/18

Attendees:

Cathy Thornton
Maureen Potter

Chris Jordan

Jean McCreath

Dail Bourrette

Richard
C. Brown
Sallyanne Schiada