

**Uxbridge Council on Aging Meeting**

Received by  
Uxbridge  
Town Clerk

**Date: January 9, 2018 Happy New Year!**

**Place: Uxbridge Senior Center**

**Time: 4 PM**

**Attendance: Jean Lawson, Jean McElreath, Edwina Porter, Cathy Thornton,  
Director Marsha Petrillo**

Minutes of December 12 meeting read and accepted.

Report from Director highlighted all the many activities and events of past month and upcoming services, speakers and events coming up in winter months. Director Petrillo summarized and discussed senior center standards for participation. (See Attached)

Director will check status of terms of existing COA Board members and relay that information to Board and instruct regarding procedure moving forward.

Old Business:

Shed continues to be erected and should be ready for use in coming weeks.

Snowblower has been purchased.

New Business:

- Uxbridge Senior Academy will be sponsoring Movie Night starting in March. Every second Tuesday of the month at 6:30 with the help of Rick Lewis. Refreshments provided by Uxbridge Elderly Connection.
- New ideas for spring include a Film Study course and Photography, Crafts and Finding your Roots.

Uxbridge Elderly Connection will be asked to provide \$2200 for special events held at the senior center at its meeting in January.

Adjourned at 5 PM

Respectfully submitted by Cathy Thornton, Chr.

Uxbridge Council on Aging Minutes Approval for January 9, 2018

Clivia Porter

Chris Janssen

Jean McCreath

## Standards of Independence for Senior Center Participation --

Our programs are primarily designed for and targeted to people aged sixty and older.\* Others may participate when the staff has been consulted. Please note the following standards of independence and behavior with respect to senior center attendance:

Participants at the senior center must:

1. Provide the staff with the name and telephone number of a person to contact in case of an emergency. If a participant experiences a medical problem while on the premises, it is expected (but not mandatory) that the participant will follow the recommendation of the senior center staff to seek appropriate medical attention.
2. Refrain from smoking, drinking alcohol or using illegal substances on the premises. Participants who are inebriated will be asked to leave immediately.
3. Take responsibility for their own personal care, including hygiene, toileting, continence and feeding.
4. Be reasonably oriented, capable of independent decision making and capable of planning their own activities, e.g., transportation, lunch, financial transactions....
5. Avoid causing disturbances or disruptions, and to show respect for building facilities and personal property of others.
6. Be respectful of others religious and cultural beliefs. A period of silence, not to exceed one minute in duration, may be observed for private reflection before lunch. Additional moments of silence may be observed in memory of the departed with similar expectations of respectful conduct.
7. Be responsible for their own personal health and medical care, including the taking of medications, monitoring special diets, etc. Senior center staff are not responsible for providing assistance with medication and other personal health and medical care.
8. Violence or threats of violence are not permitted and will result in the participant being asked to leave; possible permanent suspension of senior center privileges may result. (See below.)

If any inappropriate behavior is witnessed or reported, the staff will use discretion to take corrective action, e.g., asking the participant to abstain from the inappropriate behavior, or if necessary, contact the police, doctor, ambulance or emergency contact person. Repeated violations may result in the participant being asked to leave; possible permanent suspension of senior center privileges may result.

If a patron experiences a mental health episode, but is otherwise capable of conforming their conduct to these standards, then reasonable accommodation requests will be considered.

If a participant cannot meet the required standards, staff is available to share resources and discuss options. The staff is committed to providing a welcoming atmosphere for as many community seniors as possible.

\* Older Americans Act (OAA) nutrition services may be provided to a spouse who is less than sixty years of age, based on OAA regulations.