

Town of Upton  
Council on Aging  
Upton Center, April 1, 2013

The Upton Council on Aging's regular monthly meeting was called to order at 9:02 a.m. Those in attendance were: Myra Bigelow, Judi Blanchard, Jamie Gardner, Marie Griffin, Judith Katz, Katie Kelley, Beverly Randazzo and Holly Whalen.

The minutes from the March 4, 2013 meeting were read and accepted, as amended.

Wellness Day was a success with 32 people attending. Holly worked hard to make this first one successful. There was much good information provided. There is support to have a bigger and better one next year. In the future, it may be planned for every other year since there are so many health fairs in the area. It was suggested that EMT's could come as part of the next fair.

Ethics and Conflict of Interest training needs to be completed by today, April 1, 2013.

Email addresses were requested by the Town. They hope to communicate information through this means.

Budget Update. All towns have to balance their budgets. The Formula Grant for the second half of the year was not cut by the Governor so the remaining amount was received. Next year the Grant may not be based on \$7.00 per senior. Upton does not rely on State Aid to a great extent. The Center is under budget.

Staff Update. There is a hold on hiring the position of Department Specialist. Jamie is not involved in personnel decisions. The town's Personnel Board is the hiring authority. They decide who gets interviewed for positions

Spring Trips: Tower Hill in April. The Center picks up a portion of the costs of these trips.  
Ideas for future trips: Butterfly Place in Littleton; Boston Harbor Cruise, Duck Tours, Southwick Zoo.

Men's Club Suppers. The numbers are consistently declining with 41 present at the last one.

Volunteers: Men's Supper – Myra

Out to Eat - Bev

Tower Hill – Judi (Center will pay admission and lunch)

Jamie invited anyone to submit an article for the newsletter, which gets planned the second week of the month. The Center is doing well, with numbers steady and on the rise.

The Board voted to suspend COA meetings for June, July and August.

Social Service Update: Holly reported that the heat assistance is slowing down. The Good Neighbor Fund is depleted and SMOC is available until the end of April. She will outreach to Millhaus and larger community, especially since there are so many new residents.

The meeting was adjourned at 9:28 a.m.

Respectfully submitted,

Katie Kelley, Secretary