

COUNCIL ON AGING BOARD MEETING

Minutes of the Council on Aging Board Meeting held on Thursday, October 14, 2010

Members Present: Kristen Donovan, Newton Wesley (left at 9:55 AM), Ruth Delmonico, Elizabeth Tobey, Alice Olsen

Associate Members Present: William Byron, Brian Burke (left at 9:55 AM)

Absent: Gus Stathis, Paul Chaisson, Nancy Chaisson, Eleanor Beaudette, Kate Hogan, Jo Langley

The Director of the COA, Alyson Toole, was in attendance.

Guest: Steve Dungan, the Selectman liaison to the COA (left at 9:50 AM)

A quorum being present, the meeting was called to order at 9:10 A.M. with Chairman, Kristen Donovan presiding.

Secretary's Report: The board unanimously approved the minutes of the September 9, 2010 meeting as submitted.

Liaison Reports:

- Bill Byron agreed to become the liaison to the Selectmen.
- Steve Dungan told of the Special Town Meeting to be held on November 8, 2010. He discussed the nature of the articles to be presented and the potential use of Deerfield Lane for a water supply.
- No other reports

Chair's Report:

- Distributed, A Guide for Board Members, produced by the Executive Office of Elder Affairs. Members should familiarize themselves with the contents especially the responsibilities.
- Next meeting we will vote in new members.
- Have organized 20 children to participate in reverse trick or treating where children will leave treats for senior citizens.

Director's Report:

- New name tags for all staff and volunteers
- Handbook for Board Members was distributed
- Schedule of training for Board Members
- E-mails forwarded should be related to elder affairs not political discussions
- The new van involved in a slight accident backing up. No claim submitted, but to prevent future problems, a back-up warning system should be installed.
- Cori recertification next month

- There are a number of grants available for the new COA space, but we have to wait until we have a plan. Besides grants, looking into Foundations and Private Trusts.
- The Veterans' Breakfast has received \$100 from the Stow Women's Club and \$500 from the SFCOA.
- Attended the Massachusetts COA Conference attended very informative sessions
- The Tax Work Off Program is very time consuming to set up and schedule participants.

Outreach Coordinators Report

Sharon Funkhouser:

- Went to the State Conference and attended many interesting sessions, protective services, needs of younger seniors, intergenerational ideas. A group of students interviewed seniors over a ten week period then wrote biographies about each elder participant.
- Successful Caregiving- On November 18, there will be a panel discussion to assist caregivers.
- Amanda Bennett from the food pantry has made 9 referrals.

Suzanne Howley:

- **“Laugh Yourself Healthy”** program was well received.
- The craft closet was reorganized with the assistance of Ann Deluty of Stowaway Organizing.
- We put many unneeded items on a “free” table/
- SMOC, fuel assistance training, will be attended.
- Planning: A trip to see “A Christmas Carol” will be in November. Fleece hats, scarves, and mittens will be made if needed by **Warm Hearts**.

Other Business:

Our next meeting will be on November 18 due to the Veterans' Day holiday. Our new meeting time will be at **10:00 AM** rather than 9:00.

Adjourn: Upon motion duly made, seconded and approved, the meeting was adjourned at 10:40 AM

Next Meeting: November 18 at 10:00.

Respectfully submitted,

Ruth Delmonico

