

## COUNCIL ON AGING BOARD MEETING

### Minutes of the Council on Aging Board Meeting held on Thursday, September 9, 2010

**Members Present:** Elizabeth Tobey (left meeting at 10:00 A. M.), Newton Wesley, Ruth Delmonico, Kristen Donovan, Alice Olsen, and Gus Stathis (left the meeting a 9:45 A. M.)

**Associate Members:** William Byron, Brian Burke

**The Director of the COA,** Alyson Toole, was in attendance.

**Guest:** Jim Sauta, Chairman of the Pompo Task Force

**Absent:** Paul Chaisson, Nancy Chaisson, Eleanor Beaudette, Kate Hogan, Jo Langley

A quorum being present, the meeting was called to order at 9:10 A.M. with Chairman, Elizabeth Tobey presiding. Elizabeth announced she was stepping down and submitted her letter of resignation. She was thanked for her service.

**Secretary's Report:** The board unanimously approved the minutes of the July 8, 2010 meeting as submitted.

#### **Liaison Reports:**

- Gus, the chair of the C. O. A. new senior center sub-committee, felt this committee should be absolved since the Pompo Task Force is critical means of deciding the future of Pompositticut School. The vote to disband the old committee was unanimous.
- Jim Sauta suggested we have a joint meeting with the Friends to see what financial help they can offer. He suggested we search out grants that are available. Alyson is knowledgeable and will look into which grants may be pertinent. We need a detailed plan of how grant monies will be used. We should look into Community Center Grants.
- No activity for the C. P. C.
- Elizabeth, Minuteman Senior Service liaison - The state has set up a Care Transitions Program which will provide a personal care counselor to assist seniors. Joan Butler is the contact person.
- Kristen was not able to meet with Selectmen.

#### **Director's Report:**

- It is imperative that seniors inform the C.O.A. of their emergency contact person. In the recent past, emergency personnel have called Alyson and Sharon late in the day requesting information. This required them to go to the office at night to try to locate the information.
- New van- Everyone loves it. No tax payer's dollars were used. It was just lettered giving credit to the Friends and Avidia Bank.
- We continue to clean-up the database and have created new worksheets for the new fiscal year.

- Zumba, which is very popular, has been increased; it's now two days a week, Tuesday and Thursday.
- Four lock boxes have been approved by the Friends.
- The Dog Days event in August was a very successful.

### **Outreach Coordinators Report**

#### **Suzanne Howley:**

- The craft closet has been reorganized with the help of Ann Deluti. With new plastic bins materials are easily identified and stored.
- Newbury Harbor was popular.
- Have made several home visits.
- Looking ahead: In November, we'll be traveling to Yankee Candle in Deerfield and see the great, great grandson of Charles Dickens perform his one-man Christmas Carol show.
- Looking to provide fuel assistance to those in need.

#### **Sharon Funkhouser:**

- The summer picnic was held at the new community park which everyone enjoyed, many seeing it for the first time. The Lion's Club, Friends, and guitarist, Jim Buccieri, donated their time to make the picnic a huge success.
- Rosemary Bawn, an award winning Red Sox quilt specialist, brought a collection of red sox quilts and told stories about the players she came to know. There was Fenway fare while watching the afternoon red sox game.
- We've had health related topics, Leaky pipes, weight loss, and a bereavement support group; also scheduled is a long term care insurance presentation.
- A memory-writing three week workshop has been arranged.
- Outreach has increased with some deaths, referrals to the food pantry.
- In the process of tallying all the volunteer hours. Four people combined have contributed 1000 hours.

#### **Other Business:**

A motion was made and seconded to appoint Kristen Donovan as Chair. The vote was unanimous.

#### **Sunshine Fund**

A thank you card will be sent to Beth Tobey for her service as Chairman for the past year.

**Adjourn:** Upon motion duly made, seconded and approved, the meeting was adjourned at 10:40 AM

**Next Meeting:** October 14, 2010

**Respectfully submitted,**

Ruth Delmonico

