

COUNCIL ON AGING BOARD MEETING

Minutes of the Council on Aging Board Meeting held on Thursday, July 8, 2010

Members Present: Elizabeth Tobey, Newton Wesley, Ruth Delmonico, Kristen Donovan, Alice Olsen, and Gus Stathis left the meeting a 9:35 A. M.

Associate Members: William Byron, Jo Langley arrived at 10:00 AM

The Director of the COA, Alyson Toole, was in attendance.

Absent: Paul Chaisson, Nancy Chaisson, Eleanor Beaudette, Kate Hogan, Brian Burke

A quorum being present, the meeting was called to order at 9: A.M. with Chairman, Elizabeth Tobey presiding.

Secretary's Report: The board unanimously approved the minutes of the June 10, 2010 meeting as submitted.

Liaison Reports:

- William Byron will continue to be the Community Preservation Committee liaison by a unanimous vote.
- Kristen Donovan, by a unanimous vote, will be liaison to the Board of Selectmen.

Chair's Report:

- Didn't attend Minuteman Meeting; was not notified in time.
- Was informed the extended warranty on the van, being considered for purchase, was 70 thousand miles from the current mileage.

Director's Report:

- The Friends will approve the \$28,000 for the 20 passenger van and gift to the town with stipulations.
- There's a movement to provide shuttle service to residents of the surrounding towns. The COA director was invited to attend the meeting and spoke on behalf of the seniors in town and the restrictions placed on the COA vans.
- There's an effort to be more proactive in the maintenance of the vans so as soon as something needs repair it can be done under warranty
- On July 1st we began a new fiscal year, new budget and new forms.

Outreach Coordinators Report

Suzanne Howley:

- Many home visits to vulnerable seniors and delivery of special birthday cakes.
- The crafts group continues to expand. Ingrid has been a valuable volunteer.
- An information sheet has been prepared for our new van driver, Heidi, regarding Outreach and what observations should be reported.
- Has helped a couple from Stow with documentation to resume assistance from S.M.O.C.

- Advise people who stop by the office looking for various kinds of information.
- Today there will be a program on Internet Fraud.
- Planning for August: Harbor cruise in Newburyport, Hammond Castle, Northeast Correctional Facility

Sharon Funkhouser:

- The Strawberry Festival was very well attended.
- Brian Sterns, the new Veterans' agent, conducted an info session
- Some of July's program's are: What's new in Macular Degeneration? Weight Loss Workshop; visit to Parmenter Wayside Hospice; a six week bereavement support group; breakfast at Steven Anthony in Sudbury; Kristen Donovan's mother, Marie Holt, will present two art history workshops; a shopping trip to Patriot's Place; tickets to the Lowell Spinners; Lunch Bunch heading to River Rock Grill, formerly Sit 'n Bull in Maynard; exercise programs, Tai Chi, aerobics, and Zumba.
- More checks on seniors since hot weather began, 11 visits to homes and hospitals, 6 office visits, 44 telephone assurance calls
- August planning: Summer Picnic, Memory Writing Program on Aug. 18, Bolton Fair

Other Business:

Our new van driver, Heidi Fritz, is working out just fine.

Adjourn: Upon motion duly made, seconded and approved, the meeting was adjourned at 10:28 AM

Next Meeting: August 12, 2010

Respectfully submitted,
Ruth Delmonico