

**COMMISSION ON AGING  
REGULAR MEETING  
December 4, 2013**

**STONINGTON HUMAN SERVICES BUILDING COMMUNITY ROOM**

**The regular meeting of the Commission on Aging was held on September 4, 2013 in the Human Services Building Community Room. Members present were:** Maryann Bessette, Stacy Cassata, R.J. Connelly, Robert Elmer, Joanne Kelly, Lisa Ryan, Billie Ward, Alice Watson. Also attending: Carol Umphlett Agent for The Elderly, Stonington Human Services. Unable to attend: Betty Henry  
**Guests:** No guests were present

**The meeting was called to order by Lisa Ryan at 4:02 p.m.**

**Minutes of the November 6, 2013 meeting were presented.** Motion to accept was made by Robert Elmer. Seconded by Maryann Bessette. Motion carried.

**Financial Report for October 30th was** read by Stacy Cassata. The COA has used 32.8% of its \$4,88.00 budget for the fiscal year. Motion to accept was made by Maryann Bessette. Seconded by Joanne Kelly. Motion carried.

**Carol Umphlett, Agent For the Elderly,** Stonington Human Services reported the following contacts for November: Twenty-Nine percent of all contacts were seniors; **Food:** 17 contacts of which 4 were senior; **Transportation:** 32 contacts of which 7 were seniors; **Medicare:** 48 contacts of which 32 were seniors; **Home Health Care:** 0 contacts of which 0 were seniors; **Energy Assistance:** 386 contacts of which 153 were seniors; **Social Security:** 7 contacts of which one was a senior; **Medical (Medicaid) Assistance:** 55 contacts of which 23 were seniors; **TVCCA applications for the month:** 53 contacts of which 22 were seniors; **Financial Assistance:** 17 contacts of which 5 were seniors; **Renter's Rebate** 1 contact of which 1 was a senior.

**The Program Report**

Carol Umphlett presented the report prepared by Kristen King, Program Coordinator. November 1<sup>st</sup> Lunch at Enders Island was sold out with an attendance of 48. AARP completed an AARP driving course attended by 4 seniors. There are 8 participants in the Knit and Give program on Mondays, Knitting for a Cause. The New York City Christmas Spectacular trip on December 12 is sold out to 57 participants. The ongoing "Boomers" program held at Road Church has 21 participants. Upcoming events are the March 2014 Boston Flower Show trip and an AARP course at Stoneridge on January 15<sup>th</sup>.

**Legislative:** There is no report until Legislators are back in the capitol.

**Correspondence**

There was no correspondence

**Announcements:**

There were no announcements.

**Old Business:**

Stacy Cassata reported that the Stonington Honor Society has agreed to work with the COA and other partners on Comfort Basket Project. They will use their winter dance as a launching event to obtain items to be used in the baskets, and/or as an entrance fee to get in the dance.

Stacy Cassata and Billie Ward will meet and prepare for the COA a written report outlining the proposed program, lists of items to be included in baskets, a place for storing baskets and other materials, assembly locations, plans for identifying recipients and means and schedule for delivering baskets before the January meeting. Joanne Kelly also volunteered to participate in planning. Partners include the COA, Rotary Club of the Stoningtons, The Stonington Honor Society, and others that might be interested in this project.

Lisa Ryan again discussed the potential Alzheimers for banks, stores, and business owners. She presented the draft letter to be sent to area businesses. There were suggestions made to enhance the letter. Robert Elmer volunteered to work with Lisa to get the letter ready for mailing and help with the distribution process, whether by mail or e-mail. The purpose of this is for the COA to assess their interest in another training program that would educate them on the signs of Alzheimers in customers.

**Adjournment was at 4:48 p.m.** Motion to was made by Maryann Bessette. Seconded by Alice Watson. Motion carried.

**Respectfully submitted,**



**Billie Ward  
Secretary**

Approved by the COA at Regular Meeting on March 5, 2014.