

**COMMISSION ON AGING
REGULAR MEETING
April 3, 2013**

STONINGTON HUMAN SERVICES BUILDING COMMUNITY ROOM

The regular meeting of the Commission on Aging was held on April 3, 2013 in the Human Services Building Community Room. Members present were: Maryann Bessette, Stacy Cassata, R.J. Connelly, Betty Croteau, Betty Henry, Joanne Kelly, Lisa Ryan, Billie Ward and Alice Watson. Also attending: Carol Umphlett Agent for The Elderly, Stonington Human Services. Unable to attend: Robert Elmer, Karen Hawthorn and Toni Potter.

Guests: There were no guests present.

The meeting was called to order by Lisa Ryan at 4:00 p.m.

Minutes from the February meeting were presented. Motion to accept was made by Maryann Bessette. Seconded by R.J. Connelly. Motion carried.

Treasurer's Report for February and March were presented by Stacy Cassata. 82% of the budget has been spent on Program Expenses and Postage/Printing leaving \$865.83 available in the budget. Motion to accept was made by Maryanne Bessette. Seconded by RJ Connelly. Motion carried.

Carol Umphlett, Agent For the Elderly, Stonington Human Services reported the following contacts for March: Food: 26 contacts and of those 3 were senior Transportation: 13 contacts and of those 6 were seniors; Medicare: 51 contacts and of those 48 were seniors; Energy Assistance: 117 contacts and of those 89 were seniors; Social Security: 2 Contacts both seniors; Medical (Medicaid) Assistance: 62 contacts and of those 39 were seniors.; TVCCA applications for the month: 8 contacts and 3 were seniors.

Legislative:

Lisa Ryan, legislative liaison for the Stonington COA, reported that Edith Prague is the new Commissioner on Aging for the State of Connecticut.

Lisa reported that she had had communication with Sarah Lathrop from the Commission on Conservation. That commission is interested in obtaining input from other Stonington commissions to assist in developing the Town plan for the next ten years. The COA has previously identified that affordable housing for seniors and increased Day Care at those housing sites are our two major priorities. No action was taken but discussion focused on our continued interest in these two needs.

OLD BUSINESS:

There was also discussion about the up-coming program "Living With Alzheimers", which will be held at Stonington Arms. This is a program sponsored by a Town grant that was discussed at the February COA meeting by guest Kristine Johnson, the Eastern Regional Director of the Connecticut Chapter Alzheimer's Association. Stacy Cassata will report the date and other details via e-mail and at the next COA meeting. Potential date is May 17th.

Lisa Ryan reported on a meeting regarding housing that she attended in New Canaan. In response to the program Lisa prepared an initial draft of The Town of Stonington's inventory of housing and other services available for senior residents. This initial inventory is a starting point for the COA to produce an updated "directory" identifying such services to our seniors. This will be addressed at a future meeting.

NEW BUSINESS: There was no new business brought before the COA.

Motion to adjourn at 5:15 p.m. was made by Maryann Bessette. Seconded by Stacy Cassata. Motion carried.

Respectfully submitted,



Billie Ward
Secretary

Approved May 1, 2013