

**COMMISSION ON AGING  
REGULAR MEETING  
January 2, 2013**

**STONINGTON HUMAN SERVICES BUILDING COMMUNITY ROOM**

**The regular meeting of the Commission on Aging was held on January 2, 2013 in the Human Services Building Community Room. Members present were: Maryann Bessette, Stacy Cassata, R.J. Connelly, Karen Hawthorn, Toni Potter, Lisa Ryan and Alice Watson. Also attending: Carol Umphlett Agent for The Elderly, Stonington Human Services. Unable to attend: Betty Croteau, Robert Elmer, Betty Henry, and Billie Ward.**

**Guests: Joanne Kelly**

**The meeting was called to order by Lisa Ryan at 4:11 p.m.**

**Minutes from the December meeting were presented. Motion to accept was made by Maryann Bessette. Seconded by Stacy Cassata. Motion carried.**

**Treasurer's Report for December was not available.**

**Carol Umphlett, Agent For the Elderly, Stonington Human Services reported the following contacts: Food: 42 contacts and of those 19 were senior  
Transportation: 70 contacts and of those 15 were seniors; Medicare 30 contacts and of those 25 were seniors; Energy Assistance: 237 contacts and of those 146 were seniors; Medical (Medicaid) Assistance: 36 contacts and of those 15 were seniors.**

**Carol also presented a report on senior events on behalf of Kristen King, Human Services Program Coordinator. There were no AARP Safe Driving classes due to the holidays. Baby Boomers Exercise Class: 22 attended and 48 attended the Senior Lunch and Learn at Latitudes. Upcoming events: January 16<sup>th</sup> AARP at StoneRidge; February 1<sup>st</sup> Senior Lunch and Learn at Steak Loft; Baby Boomers Exercise Class is ongoing and Quilting begins in April.**

**Legislative:**

**Lisa Ryan, legislative liaison for the Stonington COA, had no new legislative news to share.**

**Correspondence:** Reappointment letters were received from the Selectman's Office for: Maryann Bessette; Betty Croteau and Karen Hawthorn. A letter acknowledging George Brennan's resignation from the Commission was also received.

**OLD BUSINESS:**

The election of new officers was tabled until the next meeting in February.

Betty Henry wrote a letter on behalf of the Commission on Aging supporting affordable senior housing with services.

Lisa Ryan reported that the dates for the Senior Nutrition presentation are to be announced and also that Bob Elmer has been in contact with the Lagrua Center with regard to a dementia education seminar for town service providers.

**NEW BUSINESS:**

None.

Motion to adjourn at 4:32 p.m. made by Maryann Bessette. Seconded by Alice Watson. Motion carried.

Respectfully submitted,



Karen Hawthorn  
Secretary