

August 18, 2010 COA meeting

The August meeting was held at the Senior Center at 10:30 AM. with Gail Rollins, Mary Sunderman, Beverly Koblstrom Jane Fife, Judy Dmitis, and Nancy Wheeler present.

From the Director: There was a discussion to consider joining a Varisio Town Hall Line. It was decided the present set-up was sufficient.

On Oct. 12, 2010 at 10 AM, there will be a presentation in Rutland COA on Affordable Health. This is to help explain the many options available.

The secretary's report was read and accepted. The treasurer's report was read as follows:

Salary Account = \$15,386.50

Expense Account = \$488.00

Formula Grant (\$1750.00) = \$896.90

It was recommended that copies of the treasurer's report be printed out for all interested parties.

Under old business: Ongoing discussion - was held for setting up meals on wheels at the Center.

It will require a director and associate personnel for a regular program.

Programs at the Senior Center is on track with an Ice Cream Social and program by Sharon Noli of Summit Elder Care. It will be held Aug. 25, 2010 at 1 P.M. in the Senior Room.

It was decided to get the license to enable us to show movies in the Senior Room. A firm plan as to date, time and snacks will be put in place as soon as possible.

Under NEW Business: Judy Dmitis R.N. explained an exercise program for older adults called, "A Matter of Balance." This is a pilot program set up by Boston University. The first session will be held Sept. 13, 2010 at 10:30 AM in the Senior Room.

There is also a new program being set up by the state called MOLST: Mass. Medical Orders for Life-Sustaining Treatment. It is similar to Health Care

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Profy; application provided by a physician is a medical order as opposed to Directive. This pilot program is presently only at U.M.M. and E.M.S.

There was a lengthy discussion on the advisability of putting an A/C in the Senior Room. This would be considered "A cooling Center" in the advent of severe heat and humidity weather advisories.

We covered E.E. size needed, wiring concerns, covering in winter and no. of days it might be needed. Mary Sundersen has volunteered to research this project and to consult Mr. Warren the wiring inspector.

The board has openings for two more members. The board is limited to seven members. On the docket are Bev Lind and Brendan King. They will be at our September meeting.

The meeting was adjourned at 11:50 AM

Respectfully Submitted

Therese Wheeler SEC.