

COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM December 8, 2017

CALL TO ORDER: Maria called meeting to order at 9:08

The following persons were present:, COA Director Patty Kayo, Chairperson Maria Neville, Secretary Helen Daly, Carol LaFreneire, Lisette Walter, Brooks Corl, Chris McCaffrey, Bill Brown

Motion to accept the August minutes and Secretary's Report as presented – made by Maria – second Bill Treasurer's Report

- Dispatch wages have been paid out of the COA Transportation Revolving account, rather than the documented Dispatch wages – error corrected in the updated treasurer' reports
- All other line items in order at this time

HESSCO

- No report as HESSCO had their Annual meeting and discussed the 40th year anniversary only.

Outreach Report:

- Carol has had 10 fuel assistance calls so far
- She will be doing home visits and giving out Girl Scouts candy packages.
- Chris will volunteer her 100 hours to the Tax Work Off program to assist a home bound person in need of a tax break. She will keep the COA library books organized

Director's Report

- Tax Work Off Program had 1 person drop out due to the fact that the DPW position requires physical labor. Patty has 2 interested persons to call to see if she can fill that position.

Chairman's Report - None.

Old Business

- Patty looking for ideas for Winter Events? – Bill suggests a game day where people would come and bring their own game or join in a game that is already at the Senior Center. Hot chocolate and cookies will be served. Brooks has volunteered to make gluten free cookies.
- Karen D' Angelo will be presenting a Weight Loss Fitness Pall class on the 1st or 2nd week in January on a Tuesday – Chris has volunteered to help with this.
- The cell phone program will be a one-on-one tutoring session for seniors with high school volunteer students on Dec. 27th at 11am. People must sign up for this program.

New Business

- Tasty Tuesdays only had 6 participants on Dec. 1st. Carol will poll people to see if there is interest in continuing. Brooks offered to make a crock pot stew and bring in for a lunch – Patty will double check to see if this would be allowed by the Board of Health. It was also suggested to have a pizza week, soup-salad and rolls week, a make your own sandwich week to mix it up and generate more interest.
- Circuit Breaker Tax Credit will be discussed on January 29th at 11:30 am by Sen. Ross and his team. This will be cable televised for those who cannot make it in.
- Baypath Elder Services is offering a series of health programs – workshops lasting 6-8 weeks. It was agreed that balance and memory programs would be very beneficial to most seniors.
- The YMCA would like to offer a Diabetes self- management program. Patty will look into this.

- Brooks talked about the reading program at Clyde Brown School for 2nd and 3rd graders. There are currently 4 people involved (Brooks being one) who go to the school and read to the children. Patty will check with Mrs Garzon to see if they would like more seniors to participate.
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- Bill reports that people are getting out of hand in the mornings when the donations are received from Shaws and Roche Bros. They are aggressively taking too many items and making it difficult for the delivery person to put the items out on the counter. It was decided that the donations will be moved to the office and the doors to that room will not be opened until 8:30. It will be monitored to make sure that taking these donations is not abused. A notice will be posted Monday morning.

Meeting adjourned at 10:08 am

**Next COA Board Meeting: January 12, 2018
at 9:00 AM – VMB Room 19**