

MEDWAY COUNCIL ON AGING MEETING JANUARY 12,2016

Mary Lou opened the meeting at 2:00 p.m. Mary Lou, Chairman, Vonnie Clark, Vice Chairman, Judy Lane, Secretary, Grace Rossetti, Mary Anderson, Nanette Glenny, Sirl Krishna Khalsa, Charlene Saunders, Frank Saunders, John Wooster, and Paul DeSimone were present. Staff members present were Missy Dziczek, Director of the Center and Kate Fennyery, Outreach Worker. Therese Kinnane and Grace Rossetti were the Housing Reps present.

Vonnie made a motion to accept the secretary's report, Charlene seconded the motion. The motion passed.

Missy's treasurer's report stated we started the month with \$78,700+ in the budget account; the state grant contains \$10,900+ and there is \$4,000+ in general donations. Vonnie made a motion to accept the report; Frank seconded the motion. It passed.

Missy's Director's report included: The YMCA began an Enhanced Fitness for Arthritis Program yesterday. It will last 16 weeks and meet three times per week. A new Zumba class may be held on Sundays. It will cost \$3 per class. Marcia Lomberto who comes to us from Bay Path, will be our new five hour a week Outreach worker. Missy is putting in to increase the five hours a week to ten hours a week for next year. The nurse is updating the first aide kits. Frank made a motion to accept the report, Judy seconded the motion . It passed.

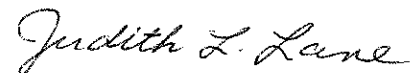
Kate reported that Fuel Assistance continues to keep her busy, along with applications for Mass Health and Food Stamps. She has been doing home visits , she has also been making referrals for services as needed. She is happy to have Marcia on board. She is currently working on setting up two presentations for the spring; "Life Reimagined" presented by AARP and "Live Your Life Well!" designed to help people adopt healthier life habits.

Therese reports all is well at Lovering Heights. Grace claims the same is true at Mahan Circle.

Paul DeSimone continues to work toward getting a new building for Camp Sunshine. He had over 200 people sign a petition in favor of the new facility. Karen Spilka said the money is still in the budget.

Grace motioned to adjourn the meeting. Frank seconded the motion. Mary Lou adjourned the meeting at 2:27.

Respectfully submitted,



Judith L. Lane, Secretary