

MEDWAY COUNCIL ON AGING MEETING MARCH 8, 2016

Mary Lou opened the meeting at 2:00 p.m. Those in attendance included: Mary Lou Staples, Chairperson, Vonnie Clark, Vice Chairman, Judy Lane, Secretary, Nanette Glenny, Siri Krishna Khalsa, John Wooster and Paul DeSimone. Missy Dzialek, Frank and Charlene Saunders, Mary Anderson and Grace Rossetti had excused absences. Kate Fennyery was the staff member present. Housing Representatives were Therese Kinnane and Kathy Brown.

Vonnie made a motion to accept the secretary's minutes as read. Nannette seconded the motion which passed.

Missy's Director's report included: There will be zumba classes on Sunday afternoons. The nurse has left. On March 15th there will be a corned beef and cabbage luncheon. Missy's job will be posted when she returns from vacation. Vonnie made a motion to accept the report which Judy seconded. It passed.

Mary Lou read the treasurer's report. We began the month with more than \$60,000. There is more than \$8,000 left in the State Grant and more than \$4500 in General Donations. Paul made a motion to accept the report, John seconded it. The motion passed.

Kate gave her Outreach report. SMOC applications are slowing down. She and Marsha continue to help people with applications for SNAP and Mass Health. Home visits and referrals for services continue to be made on an as needed basis. Kate will ask the EMTS if they can take blood readings for diabetics.

They are working on two upcoming presentations; "Life Reimagined" presented by AARP which introduces a step by step approach to help seniors discover possibilities, prepare for change and make ideas real. This program is scheduled for May 11th from 9:30 to 11:30. If lunch is included there may be a \$5.00 charge.

The second program "Live Your Life Well" tentatively scheduled for some time in June has received a small grant. It will be set up like a health fair with ten stations through which groups of four or five individuals will rotate.

The housing representatives reported that all is well at Lovering Heights, Mahan Circle, and Kenney Drive. Kenney Drive did lose power for a while. The fire department was called. Paul mentioned there are some empty units at Mahan Circle.

Vonnie made a motion to adjourn the meeting: ^{Judy} ~~Mary~~ seconded the motion which passed. Mary Lou adjourned the meeting a 2:40

Respectfully submitted,

Judith L. Lane

Judith L. Lane, Secretary

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