

## MEDWAY COUNCIL ON AGING MEETING MARCH 10, 2015

Mary Lou opened the meeting at 2:00p.m. Mary Lou Staples, Chairman, Vonnie Clark, Vice Chairman, Judy Lane, Secretary, Grace Rossetti, Mary Anderson, Siri Krishna Khalsa, Charlene Saunders, Frank Saunders, and John Wooster were present. Nanette Glenny and Paul DeSimone had excused absences. Missy Dziczek, Director of the Center and Pauline Russo, Outreach Worker represented the staff. Therese Kinnane and Grace Rossetti were the Housing Representatives.

Mary made a motion to accept the secretary's report from January. Frank seconded ; the motion passed. The bad weather eliminated the February meeting.

Missy gave her Treasurer's report. The budget account contains \$55,400+, the state grant has \$9,000+ and the general donations fund still has \$5,000. John made a motion to accept the treasurer's report; Vonnie seconded the motion. It passed.

Missy gave her Director's report. She would like us to invest in new doors and shades for the dining room and an automatic door for the lady's room . Nancy, our new kitchen person, is serving lunches Monday and Tuesday. Tri Valley serves lunch on Wednesday and Friday. Breakfast is served on Thursday and Mary serves lunch with her movie on Friday. If Mary doesn't have a minimum number of people signed up and paid by Wednesday, she cancels the Friday meal. These lunches cost \$3 per person. People are supposed to sign up and pay for the lunches in advance. Ethel, who helps with the Tri Valley lunches , is leaving. Kathy, our Crafts leader, dislocated her shoulder. She will be back in two weeks. Nancy has stepped up and has been teaching a painting class. Spring will bring new activities: Pauline and Linda will present a lunch and learn class—balance, being positive, speech and swallowing, decluttering, and writing your story—are some areas to be explored. The sheriff's office will be making a presentation tomorrow. The corned beef and cabbage luncheon will be held on St. Patrick's Day. Missy cut off the attendance at eighty people. Nancy was hired by the Senior Aides to run the kitchen. She has organized the kitchen and is planning meals a month in advance . If people are unhappy with the food selections, they should contact Nancy. Mary suggested setting up a suggestion box for menu selections. **Missy will do this. She will be sending out a survey to the towns' people to determine what they would like to see happening at the Senior Center.** Missy would like to see the Thursday breakfast morph into a brunch. There are plans for a senior driving class to be held later this spring. Insurance will cover much of the damage caused by the winter storms. Grace motioned that we accept Missy's report; Charlene seconded the motion, It passed,

Pauline gave her Outreach report. Smoc applications continue to be processed. This year seems slower than those past. There will be a presentation about the ten warning signs of Alzheimers disease on March 26 at 6:00 p.m. Early detection matters! Charlene Tingley and Pauline will be having an open discussion about Talking to Alzheimer's. It will be to help non caregivers talk to people who have Alzheimer disease. This discussion will be held on April 30<sup>th</sup> at 11 a.m.. It has been a very difficult winter with much sickness for our senior citizens. Home visits and referrals continue on an as needed basis.

Therese reports all is well at Lovering Heights. Grace reports the same is true at Mahan Circle. There has been damage to some apartments from the storms.

Vonnie made a motion to adjourn the meeting which Frank seconded. Mary Lou closed the meeting at 2:30 p.m..

Respectfully submitted,

A handwritten signature in cursive script that reads "Judith L. Lane".

Judith L. Lane, Secretary