

MEDWAY COUNCIL ON AGING MEETING APRIL 8, 2014

The Council on Aging held its regular meeting on Tuesday, April 8, 2014. John Wooster and Nanette Glenny had excused absences. Those in attendance included Mary Lou Staples, Chair, Vonnie Clark, Vice Chair, Judy Lane, Secretary, Siri Krishna Khalsa, Mary Anderson, Grace Rossetti, Charlene Saunders, Paul DeSimone and Frank Saunders. Missy Dziczek, Director, Pauline Russo, Outreach Worker and Kathryn Bullock, Craft and Daytrip Director, represented the staff and Therese Kinnane represented the Housing Representatives. Mary Lou opened the meeting at 2:00 p.m.

Vonnie made a motion to accept the secretary's minutes with the correction of Siri Krishna Khalsa's name. Mary seconded the motion. The motion passed.

Missy's treasurer's report stated we have \$36,000.00 + in the budget. There is \$8,350.00 in the state grant and \$5,000.00 in general donations. Some of the state grant will be used to send three people to an Alzheimer's conference later this month. Mary made a motion to accept the treasurer's report. Seconded by Grace. Motion passed.

Missy gave the Director's report. Her conference was wonderful. She gleaned a great deal of new information in San Diego. The new Aging Mastery Program has been successfully launched by Pauline and Nurse Linda. Feedback from participants has been very positive. Medway is one of only fourteen senior centers in the country to be implementing this program. Missy spoke with Beth Dowdell about cleaning the Center. Her estimate was considerably higher than what we are currently paying. Missy will speak to the current cleaner about the concerns of Council members. Some concerns are out of the custodian's hands.

Pauline's Outreach report included her continuing processing of SMOC applications until May 15th. An Alzheimer's Association program about memory loss, dementia and Alzheimer's disease was presented to more than twenty people on March 27th. Charlene Tingley, Kate and Pauline were trained as facilitators for a Dementia support group that will meet monthly starting on April 17th on the 3rd Thursday of the month. The Aging Mastery Program funded by the National Council on Aging is designed to inform, encourage and support older adults as they begin to improve their health. There will be eight sessions of this program. There are twenty eight participants in the group – fourteen from Medway and fourteen from Franklin.

Kathy Bullock reported her craft group is growing. The projects for February and March included a penny rug and the final installment of the "Welcome" banner door-hangings. The winter trips were to the Rhode Island Flower Show and to the Venus de Milo in Swansea to see Ronan Tynan, one of the Irish tenors. The spring and summer trips are filling up quickly.

Paul reported he has met with Jeff Roy and others about Camp Sunshine. A tent seems to be the solution for now. He asked about the new dish washer. It has not arrived yet.

Therese reported that all is well at Lovering Heights. We are seeking reps from Kenney Drive.

Vonnie made a motion to adjourn. Seconded by Grace. The motion passed. Meeting adjourned at 2:35.

Respectfully submitted,

Judith L. Lane, Secretary