

TOWN OF LONDONDERRY SENIOR RESOURCES COMMITTEE

Meeting Minutes

December 19, 2017

The Senior Resources meeting is held the third Tuesday of the month from 6:00 –7:00 PM
Sunnycrest Conference Room, Town Hall, Londonderry, NH 03053

I. CALL TO ORDER at 6:00

II. ROLL CALL/ESTABLISH A QUORUM

Chair: Bonnie Roberts **Vice Chair:** Susan Haussler **Secretary:** Dolores Stoklosa

Members: Sherry Farrell (absent), John Goglia, Richard Flores, Tammy Siekmann

Alternates: Linda Bates (absent), Doug Thomas, Richard Darveau

Senior Center Director: Catherine Blash (absent) Londonderry Times: Alex Guittarr

Town Council Liaison: Joe Green (absent) **Police Liaison:** Det. Chris Olson (absent) **Fire Liaison:** Sue Roy (absent)

Guests: Lisa Fitzgerald YMCA, John Wilson

III. INTRODUCTION

IV. APPROVAL OF MEETING MINUTES

- November 21, 2017

V. OLD BUSINESS

- Resource List: Activities/Services/Discounts (Tabled)
- Project: Town Welcome Packets
To be revisited in January because Sherry is not here. Sherry and Kirby will present.
- Follow up: YMCA Community Forum
YMCA has been in Londonderry since 1999. Recently, they did surveys, forums, etc. to seek information on how to provide more services in our area. They are starting to act on some of the suggestions that connect with their strategic plan. Some suggestions include a foster grandparents program, programs for teens and families with young children, with a plan to include all generations. There will be a follow-up in January or February.
Woodmont is working with YMCA staff with a vision to increase services and expand facilities. Guest John Wilson asked if the YMCA has space to increase programs that could be planned in conjunction with the Senior Center. The times of operation is limited at this time with the center closing at 2:00. The YMCA brochure advertises programs that last about 7 weeks. WE have reciprocity so we could attend the buildings in Manchester or Goffstown. A suggestion is to have the YMCA brochures at the town hall. Lisa will provide them.
- Follow up: Reassurance Program
Many area churches provide services to their elderly members. Perhaps we could find out what they are doing.

VI. STANDING REPORTS

- Senior Center: not here
- Londonderry Police Liaison: not here
- Londonderry Fire Liaison: not here

VII. NEW BUSINESS

- AARP Volunteer Opportunities (Dolores Stoklosa)

There are several opportunities to volunteer in areas that will help seniors age in place. A political action group works on bills presented to the State House. There are also groups for safe driving, tax preparation, fraud busters, and community groups (Manchester and Concord). Dolores will keep the group informed on any new bills that we may want to support.

Guest John Wilson raised questions about why things take so long to get done with housing and transportation. Lively discussion ensued. We suggested he talk with Lisa Drabik. For more detailed information.

VIII. ADJOURNMENT at 6:59

Next meeting: January 16, 2018