

# TOWN OF LONDONDERRY SENIOR RESOURCES COMMITTEE

## Minutes

March 21, 2017

The Senior Resources meeting is held the third Tuesday of the month from 6:00 –7:00 PM  
Sunnycrest Conference Room, Town Hall, Londonderry, NH 03053

### I. CALL TO ORDER

### II. ROLL CALL/ESTABLISH A QUORUM

**Chair:** Bonnie Roberts      **Vice Chair:** Susan Haussler (absent)      **Secretary:** Dolores Stoklosa

**Members:** Sherry Farrell(absent) , John Goglia, Richard Flores, Tammy Siekmann (absent)

**Alternates:** Linda Bates, (absent), Doug Thomas, Richard Darveau

**Senior Center Director:** Catherine Blash

**Town Council Liaison:** Joe Green (absent)      **Police Liaison:** Det. Chris Olson      **Fire Liaison:** Sue

Roy      **Guests:** Kathy Bailey, Flo Silva, Lindsay Vago

### III. APPROVAL OF MEETING MINUTES

- February 21, 2017

### IV. OLD BUSINESS

- Fresh for Seniors
  - Hannaford's officially declined, no word yet from Shaw's or MB
  - There is an app for senior discounts at Market Basket
- Resource List: Activities/Services/Discounts: Tammy is recovering from surgery but is working on this from her computer.
- Outreach to 55+ communities (John Goglia) : There are 4 left to do in the next couple of weeks. Will have more information at next meeting.

### V. STANDING REPORTS

- Housing: Nothing new
- Transportation: it's on the ballot. We don't have a plan B. There could be other options to explore for those in need. Discussion on other possibilities that could better meet senior needs. We received 1 more survey response from our outreach last year. Lindsay Vago has offered to look into grant writing for transportation options. She will contact Kevin Smith regarding this.
- Senior Center: St. Patrick's Day celebration was a big hit. People are coming in this week to discuss brain health. Center now has meditation classes on Monday. Other classes are also growing, so all the space is being used. Brian Young and Phil LeBlanc are offering CPR classes.
- Londonderry Police Liaison: Most popular time of year for identity thefts, due to taxes being due soon. We should watch for people and cars being out of place, etc. We will get the rail trail safety brochures out again for the season.
- Londonderry Fire Liaison: 12 ½ % increase in calls in the past year. No outstanding problems. Motorcycles are starting to come out. During big storms, police and firemen take drives around communities with elderly, who may need help.

### VI. NEW BUSINESS

- April Meeting Attendance: Bonnie will be away. Susan will run the meeting.
- ACS Greater Derry/Londonderry Relay For Life 20<sup>th</sup> Anniversary: 2017 marks 20<sup>th</sup> anniversary of this event. Bonnie would love to have police and fire departments represented. June 16<sup>th</sup> and 17<sup>th</sup>, starting at 5:30 and goes on through the night.
- Dick shared article with committee regarding helping frail seniors stay at home. Article from Union Leader in February. The LIGHT program has teams of members who help seniors in various ways, paid for by donations. Dick will be meeting with the agency head to learn more about possible implementation, and will report back to committee.

VIII. ADJOURNMENT : Motion to adjourn at 6:53.

**Next meeting: April 18, 2017**