

TOWN OF LONDONDERRY SENIOR RESOURCES COMMITTEE

Meeting Minutes

October 18, 2016

I. CALL TO ORDER: 6:00

II. ROLL CALL/ESTABLISH A QUORUM

Chair: Bonnie Roberts **Vice Chair:** Susan Haussler **Secretary:** Dolores Stoklosa

Members: Sherry Farrell, John Goglia,

Alternates: Linda Bates, Richard Flores, Tammy Siekmann (absent), Doug Thomas, Flo Silva

Senior Center Director: Catherine Blash

Town Council Liaison: Joe Green (absent)

Police Liaison: Det. Chris Olson (absent)

Fire Liaison: Firefighter Sue Roy

Guest: Suzanne O’Gara REAP counselor, the Mental Health Center of Greater Manchester

III. APPROVAL OF MEETING MINUTES

- September 20, 2016: Correction: Bonnie presented for Linda, not Flo.
- Minutes passed

IV. OLD BUSINESS

- Member Status: Dick and Tammy were voted in for full membership. Kirby will place an ad in the Londonderry Times this week announcing two open alternate positions
- Fresh for Seniors: Letter written by Bonnie and approved by Town Manager Kevin Smith to approach local stores for assistance with fresh produce for financially challenged seniors. Linda suggested committee members names be added to letter.
- Resource List: Activities/Services/Discounts: Cathy Blash had a 2014 handout from Forest Hills’ website which listed businesses that our committee could use as a starting place.

V. STANDING REPORTS

- Housing: Nothing new on Sanborn Road.
- Senior Center: Cabinets installed today, all painted, floors down. Will reopen Nov. 7th with a grand reopening on Nov. 15. Free meal if you pre-register, around 11:30. Halloween party at Lion’s hall on Oct. 31st, then will close for rest of the week.
- Londonderry Police Liaison: No news, but be aware and alert during Halloween season, especially when driving. Signs are up for safe zone for multiple purposes.
- Londonderry Fire Liaison: Reminder that LFD is recertifying two people for CPR. CO alarms are available on request and LFD will come out and perform a home check.

VI. NEW BUSINESS

- Outreach to 55+ communities (John Goglia): There are about 7-10, 55+ communities in town we could approach to add to our resources list.
- 55/10 Campaign: To recruit all Londonderry residents 55+ to join LSCI even if they may not be ready to actually attend on a regular basis now. Bonnie also set up the Senior Resources Facebook page. Bonnie will write article, etc. Bonnie will speak with budget committee to find out how these extra funds can be used.

VII. PRESENTATION: by Suzanne O'gara REAP counselor, the Mental Health Center of Greater Manchester

- Brochures and business cards passed out
- State-wide program for NH, free service for anyone age 60 and older
- REAP: Referral, Education, Assistance & Prevention
- Also does education programs at senior centers, etc. on many topics.
- Includes grief counseling, substance abuse, really anything
- Referrals accepted
- Not many people in Londonderry have participated so far.
- People can be seen by Suzanne for up to 5 to 6 visits, at which point they can be referred to other programs and services that are available.
- Service Link is another service available to help seniors, and they take referrals as well

Reminder about election coming up: Sherry will help with registration and transportation for seniors. Senior center will have a bus for transportation at 10:30. Absentee ballots are available for those who will be away or are disabled.

VII. ADJOURNMENT: Motion made at 7:00 to adjourn. Motion carried.

Next meeting: November 15, 2016