LEE TOV

Volume 68

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IMPORTANT DATES

BUDGET PUBLIC HEARINGS

6:00 pm Public Safety Complex Monday, January 7th Monday, January 14th Tuesday, January 22nd

DELIBERATIVE SESSION

February 2nd Mast Way School Beginning at 9:00 am

TOWN ELECTION

March 12th Public Safety Complex Polls Open 7:00 am - 7:00 pm

TOWN REPORTS

Available March 5th at the Town Hall, the Library, the Transfer Station and the Public Safety Complex

TOWN OFFICES CLOSED ON THE FOLLOWING HOLIDAYS:

New Year's Day

Tuesday, January 1st

Martin Luther King Jr. Day

Monday, January 21st

President's Day

Monday, February 18th

LEE VOTE'S ON ARTIFICIAL TURF AT LITTLE RIVER PARK

On November 29, 2012 Lee voter's cast their ballots on the citizens petition for artificial turf at Little River Park.

880 Ballots Cast 171 - YES

709 - NO

FILING FOR CANDIDACY?

2013 Dates for filing for candidacy are between Jan 23rd - Feb 1st. Please visit the Town Clerk's Office.

Open Positions:

- (1) Selectman
- (1) Treasurer
- (1) Cemetery Trustee
- (2) Library Trustees
- (2) Advisory Budget Committee

2013 COMMISSION VACANCIES:

3 Vacancies – Agricultural Commission 2 Vacancies – Recreation Commission Please contact the Selectman's Office to express interest.

RED CROSS BLOOD DRIVE

at Lee Church 17 Mast Rd Friday, February 22th 1:00 - 6:00 pm

Please donate if you are

able. Bring your ID. For



Red Cross eligibility information: http://www.redcrossblood.org/donatingblood/eligibility-requirements For more information call 659-2861.











LEE HISTORICAL SOCIETY

We were pleased to see so many new visitors in 2012! If you are interested in Lee, or history in general, we can always use new volunteers.

MUSEUM -Although the museum has closed for the winter, members are busy making plans and working on projects. The collection inventory continues, and soon every item will be officially accessioned and documented. As the artifacts are sorted, new exhibit ideas are emerging. Would you believe there are 49



hats in our collection? One plan calls for rearranging the upstairs space to include a well-protected, but visually exciting, exhibit on clothing and accessories from the 19th and early 20th centuries.

The Schoolroom exhibit will be moved, and a Children's Discovery area will be next on our "to-do" list!

SPRING PROGRAMS -Co-hosted by Historical Society and Public Library at the Safety Complex

"THE MILLS OF LEE" Wed, April 3, 7pm Presented by Randy Stevens Randy has completed the research on the mills, which Dick Wellington had started. He will talk about the 12 mills that existed in Lee from 1657 to 1934. His presentation will include locations and pictures.

"NEW HAMPSHIRE'S ONE-ROOM, RURAL SCHOOLS: THE ROMANCE AND THE REALITY" **Wed, May 1, 7 pm** Presented by Steve Taylor NH Humanities Council Program In reality the schools were beset with problems, some of which are little changed today. The greatest issue was financing, plus teacher preparation, curriculum, student achievement, and community involvement in the educational process.

2013 MUSEUM HOURS -We open again in April and will be open on the third Saturday of each month through November; but our new hours will be from 10:00am to 2:00 pm.

PUBLIC WORKSHOP

Proposed Durham/UNH Oyster River Integrated Watershed Plan

A public informational workshop to discuss the future Oyster River Integrated Watershed Plan (ORIWP) will be held on January 24th. There are two workshops scheduled, an afternoon and evening session. The afternoon workshop will be held at 3:00 pm the Public Safety Complex 20 George Bennett Rd. Lee. The evening workshop will be held at 7:00 pm at the Madbury Town Hall. The primary purpose of these workshops isto inform watershed residents, community officials and other stakeholders of the proposed study elements of the ORIWP to be initiated in 2013 as well as to gain insight, comments and information from residents that have relevant knowledge of the watershed conditions and activities.

This integrated watershed approach seeks to combine knowledge, planning and implementation efforts with other watershed stakeholders to develop effective and sustainable solutions to reduce pollutant loading, including nitrogen, within the watershed. For more info please contact David Cedarholm at the Durham DPW at 868-5578 or email dcedarholm@ci.durham.nh.us.



Photo of a 1903 horse and carriage courtesy of eHow.com

A BIT OF HISTORY

LEE NEWS From the Newmarket Advertiser October 9. 1903: Friday night thieves took from the barn of Miss Belle Tuttle her horse, harness and carriage, which they drove to the next house, which is occupied by Granville B. Thompson, and changed Miss Tuttle's horse for Mr. Thompson's, which was a more valuable animal. Mr. Thompson knew nothing of what was going on until he entered his stable Saturday morning and discovered his loss. He immediately started out to see if he could find any trace of his horse. It was tracked several miles, then all trace was lost. It is hoped he will be fortunate enough to recover his horse and Miss Tuttle her carriage harness, and that the thieves will be caught and punished.

This is the second horse that has been stolen from this same place. Just a few years ago Mr. Thompson's uncle, Almon Thompson, has a very valuable horse taken and, although he tried earnestly to recover it, he never saw or heard of it again.

~Submitted by Road Agent Randy Stevens, who has been researching Lee's history in his spare time. Thanks Randy!

FROM THE TRANSFER STATION

As winter approaches, we may need to close the side door as a precautionary measure if there is snow on the roof (it will be marked with cones.) The Transfer Station will be providing recycled plastic buckets that can be used for the Sand/Salt mix that is available for Lee Residents Only at the Highway Garage. The buckets are located to the right as you enter the main building.

During most power outages, the Transfer Station will remain open. We will be closed on January 1st. Our regular hours are Tuesday & Thursday 7:00 a.m. – 6:00 p.m. and Saturday from 7:00 a.m. – 5:00 p.m. Bulky Fee transactions stop 15 minutes before closing time.

Your recycling efforts continue to pay off! We recently received \$8,566 for plastic bottles and every time we empty the big red container of scrap metal we get almost \$2,000. Non-ferrous metals (copper, brass, stainless, aluminum, wire, etc.) bring in nearly \$6,000 per year. Light Iron brought us the most revenue last year -\$12,629!

Please plan your arrival 15 minutes before closing time.

REDUCE REUSE RECYCLE

Please visit the town's website **leenh.org** for town news, events, meetings, minutes, agendas, phone numbers and hours for town offices.

HANDS ON ENERGY WORKSHOP Buttons Up Library for Warmth and **Knowledge** "Warm up the Lee Library" Workshop was held Wednesday, Dec 5th at the library. Attendees heard an informative talk by Mike Turcotte of Turncycle Solutions of Nashua, who provided tips and techniques buttoning up homes and keeping energy Plugging energy leaks, costs down. caulking around windows and doors, the basement, and attic spaces are good places to begin. Insulating crawl spaces, walls and attics are very important. If you have spider webs in those areas, they are probably located at air leaks that needs to be sealed.

The workshop attendees then set to work at covering the windows in the library. Armed with plastic, double sided tape, and hair dryers, the work was completed in short order. The knowledge and practice was productive and helpful for homeowners to use on projects at home or to help neighbors.

The workshop was sponsored by the Lee Energy Committee as part of an ongoing effort to reduce energy use and costs for town buildings and to increase citizen knowledge on making their homes more efficient. Attendees requested the committee hold more workshops, as well as showing "how to do" projects on the Lee TV Channel 13. Citizens interested in getting involved with energy conservation projects in town or the Lee Energy Committee can call Sharon Meeker at 659-5441.

Bambi Miller, for the Lee Energy Committee

SUPERVISORS of the CHECKLIST

The Supervisors of the Checklist will meet on **Jan 22**, **2013** at the Town Hall from 7:00 pm to 7:30 pm to make additions/corrections to the checklist.

The Supervisors of the Checklist will also meet on March 2, 2013 at the Lee Town Hall from 11:00 am to 11:30 am to make corrections and additions to the checklist. This is the last day for town clerk/supervisors to accept voter registration applications. No additions or corrections will be made to the checklist after this session, until Town Election Day on March 12, 2013

NEW VOTERS MAY REGISTER AT THE POLLS.

A big **THANK YOU** to all our friends and neighbors who attended our 12th annual tree lighting.

Wishing everyone a happy and healthy new year. A special thank you to John Roy and his family for helping me light up Lee! Hope to see you all next year.

Thanks again~ Elena Pascale.

WILKINSON FOOD PANTRY

At Lee Church Congregational 17 Mast Rd, Lee

Open to **any family** in the town of Lee. The pantry stocks non-perishable food, paper, and cleaning items for those in need. The pantry is open the first and third Monday of each month from 6:00-7:00 pm. If there is an emergency need please feel free to contact the Church office 659-2861. Visits to the pantry are strictly confidential.

LIBRARY TRUSTEES' CORNER

The Library Trustees are pleased to report on the progress of the Lee Public Library Community Center Foundation, formed last spring and working toward the goal of raising private funds toward the construction of a new library community center in Lee. The town plans to break ground in 2016, the 250th anniversary of Lee, on town-owned land overlooking Little River Park and fronting on Rte 155. This community wide initiative will be used by everyone.

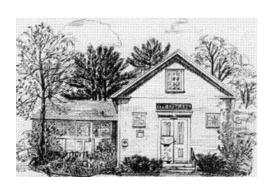
We plan to fund the project the old fashioned way: save some, raise some and borrow some. The voters have supported warrant articles to save toward the building over the last few years and we ask for your support for the upcoming warrant article in March. In addition to the funds raised by the Foundation, there will be a bond put before the voters in 2014 or 2015.

The Foundation's efforts are built on many years of work/assessment by the Trustees, verifying that the town needs a library community center which...

- Is right-sized: based on the current collection size, the library should be nearly 10,000 square feet per American Library Association standards); our building is 3000 square feet. Additional space for programs and storage will expand the building's uses for the community.
- Is structurally appropriate: libraries are unique buildings requiring a weight load of 150 pounds per square foot in book stacks our newest addition was built before that criteria was established.

- Has a spacious meeting room: The basement meeting room can seat no more than 25 and is not available for public use when the library is closed. Most importantly it is not handicappedaccessible.
- **Is energy efficient** with solar and geothermal options, meets LEED criteria and has energy efficient materials, windows and entryways.
- Is handicapped-accessible and has sufficient space for wheelchair turnaround.
- Allows for expansion of our collection of all media: books, periodicals, DVDs, CDs and equipment.
- Has a spacious and fun children's space with computers and shelving that children can access plus an activity and craft area for recreational purposes.
- Has a dedicated space for young adults and room for recreational programs.
- Offers exhibit space for local artists' work and historical artifacts and town focused educational materials in a varied media focused format.
- Has **staff work spaces** for maximum productivity.
- Offers quiet study and reading areas.
- Has ample and dedicated parking.
- Provides a welcoming, stimulating place: to learn, to recreate and to meet your neighbors.

To follow the Foundation's progress, check out our new web site: http://www.leelibraryfoundation.org/



LEE PUBLIC LIBRARY

BOOK SALE Saturday, January 5 9:00 am – 2:00 pm

Stock up on books for the long winter months ahead! All books are 6 for \$1.00 or 20ϕ each, unless otherwise marked.

BOOK DISCUSSION State of Wonder by Ann Patchett Monday, January 14 7:00 pm

"A superbly rendered novel. Patchett's portrayal is as wonderful as it is frightening and foreign. [She] exhibits an extraordinary ability to bring the horrors and the wonders of the Amazon jungle to life, and her singular characters are wonderfully drawn. . . . Powerful and captivating." (Library Journal-starred review) Copies available all welcome!

WINTER SLEEPERS Saturday, January 19 10:30 am

Do you know which NH creatures hibernate? Play a game and discover what it's like to hibernate and see a REAL tree frog! This program is for 4-7 year olds and will be presented by a NH Audubon Society educator. Please register.

MAKE IT AND TAKE IT CRAFT Penguin Palooza Saturday, January 26

Why did the penguin cross the road? To go with the floe! Or perhaps to create his own penguin decoration at the library. Stop by and have fun with all

RUG BRAIDING Tuesday, January 22 6:00 pm (first of four classes)

things penguin.

Learn the rug braiding techniques for creating a traditional wool rug. Basic sewing experience needed. A materials list will be available at the library. Depending on what supplies and fabric you may already have on hand, costs could range from \$20 for some basic supplies to \$90 for a complete beginner's kit. Presenter, Annie Gasowski, will have a sampling of her rugs. The class meets Tuesday nights Jan. 22, February 5, and 12 at the Library from 6 p.m. - 7:30 p.m. Questions about the workshop may be directed to Annie at: 659-5273. Registration for this workshop is limited to 10. Call the library to register at 659-2626.

DEVICE ADVICE Wednesday, January 23 7:00 pm

Wondering what you can do with the new e-reader or tablet you received for the holidays? Call 659-2626 or email leelibrary@comcast.net,

let us know what kind you have and then stop by for a tailored session.

"YOU ARE WHAT YOU EAT" (five monthly discussions starting in Jan.)



Purpose: To explore foods that are grown locally and seasonally and how they impact good health.

Format: Five open monthly discussions will be held at the Lee Library from 7:00 to 8:00 pm. The discussions will be lead by a farmer, a nutritionist, an author and professor, and a chef. Paul Gasowski will be the videographer. The resultant DVD will be available to the residents of Lee. Backyard Farming Initiative sponsored by the Lee Agricultural Commission and the Lee Public Library.

ROOTS, ROOT CELLAR AND ROOT VEGETABLES "You are what you eat" Monday, January 28 7:00 pm

Explore what kinds of root crops are grown locally, how to grow and store the vegetables, how these fresh and stored root crops impact our health over the winter. Learn about interesting ways we can use these roots for cooking. Presenters: John Carroll, Professor and Author; Joel Miller of Wild Miller Gardens; Joanne Curran-Celentano, Prof. of Nutritional Science, UNH; Ted McCormack of the Blue Moon Evolution.

Backyard Farming Initiative sponsored by the Lee Agricultural Commission and the Lee Public Library.

SPAIN: A MAGICAL MYSTERY TOUR Wednesday, January 30 7:00 pm

Designed to educate people about Spain who are unable to travel there; give travel ideas to those who will. Attendees will learn about some of the wonders, legends, and characters of Spain. Included are snippets and insights into the life, history, fiestas, art, architecture, music, sports, and cuisine of this wondrous country.

The speaker, John Chaston is an associate professor of Spanish at the UNH. He currently teaches linguistics and culture and is the director of the Study Abroad to Granada, Spain program and has lived significant time in Spain!

BOOK SALE Saturday, February 2 9:00 am - 2:00 pm

BEST deal in town! All books are 6 for \$1.00 or 20¢ each, unless otherwise marked.

CPR - MCGREGOR INSTITUTE OF EMS

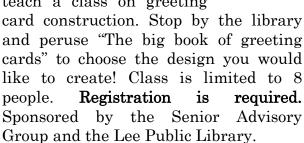
Monday, February 4 6:00 pm

CPR and AED (defibrillator) for adult, child and infant. This is the AHA (American Heart Association) Heart saver AED course. McGregor Institute of EMS is a non-profit organization providing education to the public and healthcare providers in pre-hospital emergency medicine in NH, Maine, and Massachusetts and beyond. To register, email cpr@mcgregorems.org or visit the website www.mcgregorinstitute.org

(Not a library sponsored program)

CARD MAKING CLASS Wednesday, February 6 6:00 - 7:30 pm

For seniors 50 and older Using "The Big Book of Greeting Cards" as her guide, Caroline West will teach a class on greeting



FANCY NANCY EXTRAVAGANZA Saturday, February 9 10:30 - 11:30 am

On Saturday, February 9 from 10:30-11:30 am, come listen to some great Fancy Nancy stories and then – get all fancy! Decorate a party purse at the Pretty Purse Parlor, pick up some earrings and edible bracelets at the Jazzy Jewel Emporium and have your nails done at the Manicure Maison! Enjoy some refreshments, too! For ages 4-7. Please RSVP by calling 659-2626.

BOOK DISCUSSION

The Island at the Center of the World:
The Epic Story of Dutch Manhattan and
the Forgotten Colony That Shaped
America by Russell Shorto
Monday, February 11
7:00 pm

"Astonishing . . . A book that will permanently alter the way we regard our collective past." --The New York Times "A tour de force. . . . The dramatic story of New York's origins is splendidly told. . . . A masterpiece of storytelling and first-rate intellectual

history." -- The Wall Street Journal. Join us for a lively discussion on another view of America's beginnings...quite different from the Plymouth Rock stories.

REIKI-AN INTRODUCTION Wednesday, February 20 7:00 pm

Please ioin Diane Marie Gallant. Reiki Master and Teacher, and Lee resident for a discussion about Reiki. Reiki is a 90 year old Japanese modality that provides energy healing and balancing through touch, on a physical, mental. emotional and spiritual level. In this discussion, you will learn about the history of Reiki, how it works, and its many uses. Today, Reiki is recognized complimentary alternative medicine (CAM) therapy, and is offered in many hospitals nationally, including our local hospitals. It is often used for pain reduction, pre and post-surgical conditions, detoxification from cancer depression. treatments. anxiety. pregnancy and birth stress reduction, plus many more conditions. Reiki will positively assist you with your healing needs, and with your life journey.

MAKE IT AND TAKE IT CRAFT Snowflake Picture Frame February 25 - March 2

Drop by the library during vacation week from February 25 – March 2 and make a snowflake magnetic picture frame. At home, slip in a favorite photo and showcase it on the refrigerator!

EDIBLE FLOWERS AND HONEY, SEASONAL VEGETABLES AND FRUITS "You are what you eat" Monday, February 25 7:00 pm

Explore the nutritional benefits provided for New England living from local honey, vegetable and fruits. Why do we have berries in the spring, fleshy fruit in the summer and firm fruit in the fall? Why do we have asparagus and dandelions in the spring? What are the benefits of edible flowers beside their beauty? Why do we have leafy greens only in the summer? Why can Kale be so hardy and what are the benefits? Presenters: John Carroll. Professor and Author; Joel Miller of Wild Miller Gardens on Vegetables and Fruits; Tina Sawtelle of Pinewoods Yankee Farm on Edible Flowers and Honey; Joanne Curran-Celentano, Prof. of Nutritional Science. UNH; McCormack of the Blue Moon Evolution

Backyard Farming Initiative sponsored by the Lee Agricultural Commission and the Lee Public Library.

MUSICIANS STEVE BLUNT AND MARTY KELLEY Vacation Week Event Thursday, February 28 10:30 am

Join us for some zany sing-along, move-around, laugh-a-lot fun! Musicians Steve Blunt and Marty Kelley will entertain at the Oyster River High School multipurpose room on **Thursday**, **February 28 at 10:30**. Don't miss this fabulous vacation week event! Cosponsored by the Lee, Madbury and Durham public libraries.

BOOK SALE
Saturday, March 2
9:00 am - 2:00 pm
Not a better deal around!
All books are 6 for \$1.00 or
20¢ each, unless otherwise marked.

FIRST AID CLASS- MCGREGOR INSTITUTE OF EMS Monday, March 4 6:00 – 8:00 pm

You will learn the basics of first aid including treating bleeding and puncture wounds. splinting, shock. cold/heat emergencies, heart attack. stroke and more. McGregor Institute of EMS is a non-profit organization providing education to the public and healthcare providers in pre-hospital emergency medicine in NH. Maine, and Massachusetts and beyond. To register email cpr@mcgregorems.org or visit the website www.mcgregorinstitute.org

(Not a library sponsored program)

BOOK DISCUSSION Monday, March 11 7:00 pm "Major Pettigrew's Last Stand" by Helen Simonson

"Funny, barbed, delightfully winsome storytelling. As with the polished work of Alexander McCall Smith, there is never a dull moment. . . . It's all about intelligence, heart. dignity backbone. Major Pettigrew's Last Stand has them all."—The New York Times One of the most popular book discussion around...don't books miss opportunity to find out why. Pick up a copy of the book and venture into the world of book discussions!

DETECTIVE DAY – THE GREAT CAKE MYSTERY Saturday, March 16 10:30 - 11:30 am

Who stole the cake? Stop by on Saturday, March 16 from 10:30 - 11:30 am and listen to the story of detective Precious Ramotswe's first case. Then be a detective! Find the ticking clock, draw a description of a suspect, play What's That Smell? and lots more! After all that detecting, enjoy some cake! For ages 7-9 Please register.

SUSTAINABILITY STRATEGIES: From eating local to meal planning, strategies to make your meals more environmentally friendly Monday, March 18 7:00 pm

Nutrition and sustainability are inextricably linked. Healthy soils and environmentally waterways and respectful food production give rise to wholesome foods, supporting our health well-being. nutritional economic, cultural and political factors impact food production, access, and health outcomes. As a profession, nutritionists are trained to view the health role that nutrients in food play in health promotion but have historically considered the food system used to produce these foods. As we become more aware of how food production and dietary practices impact our environment, it becomes apparent that sustainability must be integrated into nutrition practices.

Joanne Burke is the director of the UNH's graduate level dietetic internship. As a clinical assistant professor in the department of

Molecular Cellular and Biomedical Sciences, she teaches graduate and undergraduate courses and coordinates placement opportunities leading nutrition and healthcare organizations statewide. She is a faculty member the newly established UNH Eco-Gastronomy dual major. research interests include work in food security and sustainability, food costs and college nutrition and health risk assessment.

MAKE IT AND TAKE IT CRAFT Froggie Fun Saturday, March 30

Spring is just around the corner and we'll be listening for the peepers! Stop by the library and make a frog friend to take home with you! All ages!

LOCAL MEAT, CHICKEN AND FISH "You are what you eat" Monday, March 25 7:00 pm

Local meat, chicken and fish" the nutritional benefits of local fish; lamb, beef and goat meat. Learn about how they are prepared for market, meat additives, GMO grains and ideas as to how to cook them. Presenters: John Carroll, Professor and Author; Erick Sawtelle of Pinewoods Yankee Farm on beef; Jeff and Liz Conrad of Riverslea Farm on lamb and goat; Joanne Curran-Celentano, Prof. of Nutritional Science. UNH; McCormack of the Blue Moon Evolution

Backyard Farming Initiative sponsored by the Lee Agricultural Commission and the Lee Public Library.

ONGOING PROGRAMS THROUGH THE SCHOOL YEAR:

STORY TIME

Story times are held on Thursday and Friday mornings at 10:30 am. These fun 30 - 40 minute programs include stories, songs, finger plays, flannel board and a craft. Registration is *not* required.

AFTER SCHOOL PROGRAM

The after school program for ages 6-10 is held on Tuesday afternoons from 3:30 – 4:30 pm. Children will be introduced to a variety of authors and awardwinning books. A snack, games and a craft will also be included. Mast Way students may ride bus 23 directly to the library after school. Registration is required. Call 659-2626 to sign up!

DOG DAYS AT THE LIBRARY

Read with a 4-footed friend! Dedicated to improving reading skills of children using registered Pet Partner teams as literacy mentors. Between 3:30 and 4:30 pm, children in grades K-4 can read for 20 minutes on the **second Thursday of the month** with Carla Corey and her Cocker Spaniel, Holly or on the **third Monday of the month** with Barb Brothwell and her French Bulldog, Izzy. Talk to a librarian and **sign up**.

ROCKIN' READERS BOOK CLUB

For 5th and 6th graders, this club meets the first Thursday of each month from 3:00 -4:00 pm. Participants will read and discuss a different book each month. Pizza will be served! Students may take bus 8 directly to the library after school. If interested, sign up by calling 659-2626!

PROGRAMS TO WATCH FOR IN APRIL!

THE MILLS OF LEE, NH Wednesday, April 3 7:00 pm

Find out about the water powered mills that used to flourish in Lee. Randy Stevens will share his research about the mills from 1657 to 1934. He will present historic pictures of the mills, locations and explanations of the type of activity at each of the twelve mills.

DAIRY & EGGS "You are what you eat" April 22 7:00 pm

Explore local dairy products, such as goat cheeses, raw milk, ice cream and eggs. Learn about cooking techniques on for these foods. Presenters: John Carroll. Professor and Author; Donna-Lee Woods of Hickory Nut Farm on raw goat milk, cheeses and yogurt; Joel Joanne Miller on eggs; Curran-Celentano, Prof. of Nutritional Science. UNH; Ted McCormack of the Blue Moon Evolution.

LEE PUBLIC LIBRARY HOURS of OPERATION

Monday & Tuesday 12:00 pm - 8:00 pm Wednesday 3:00 pm - 8:00 pm Thursday & Friday 10:00 am - 5:00 pm Saturday 10:00 am -3:00 pm (Sept-June) 9:00 am - 12:00 pm (July & Aug)



THE BAHÁ'Í FAITH IN LEE

The Bahá'í community in Lee was established in 1985. All events are free and open to all. For directions and additional information, please email us at bahaisofleenh@gmail.com.

Devotional Gatherings

The Bahá'ís of Lee hold simple prayer meetings on the first and third Sundays of each month, from 11:00 to noon (with time for chatting). Call Marty and Wendy Quinn at 603-659-5239 for details.

January 6th and 20th February 3rd and 17th March 3rd and 17th

Holidays and Holy Days

Naw Rúz: March 20th at Sunset

Naw Rúz is the Bahá'í New Year. It's a joyful ending to our Fast, and a celebration of the new year that begins with the coming of spring. We'll be planning a potluck celebration — contact us at bahaisofleenh@gmail.com for updated information.

Other Events

Climate Change Preach-in: February 9th at 7:00 pm. Interfaith Power and Light sponsors a Preach-In weekend each year. Participating faith groups take time to think and talk about our spiritual obligations with regard to caring for the Earth. The Bahá'ís of Lee support this initiative.

TAI CHI CLASSES

Tai chi is an ancient Chinese tradition that is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. This gentle art has been proven through numerous medical studies to improve balance, relaxation, coordination and reduce pain. Come join our ongoing classes at the Lee Church Congregational and do something healthy, fun and relaxing.

Beginner level classes are Mondays at 9:00 am. No experience necessary. This class focuses on balance, coordination, and correct alignment. A simple form is taught that is easy to practice either standing or seated. Tai chi principles of Yin and Yang will be introduced and practiced along with deep breathing. This class is great for people with arthritis, fibromyalgia and other issues that need gentle movement.

Intermediate classes are Wednesdays at 9:00 am. A review of the 24 Form will be presented in January. In February the Yang style Long Form will be introduced. This 108 move form is the traditional classical form and will be taught in 3 sections as a separate class. No experience required, but knowledge of the Tai Chi 24 Form will be an advantage to learning this form.

Please wear soft-soled shoes and comfortable loose clothing. Classes led by Marsha Carr, a certified Tai Chi instructor.

Contact the Church office for more info (659-2861).

WE INVITE YOU TO JOIN US AT WORSHIP SERVICES

LEE CHURCH CONGREGATIONAL

Praise Service with contemporary Christian music and band at 8:30 am or Traditional Service with a variety of choirs, traditional music and organ at 10:30 am. Fellowship coffee hour follows both services with nursery care available.

Sunday school and nursery care available at both services.

LENTEN STUDY

As our Lenten Study, we are happy to offer a series entitled "Embracing an Adult Faith: Marcus Borg on What It Means to be Christian".

This is a five week session meets on Tuesday evenings at 7:00 pm and runs from **February 19th through March 19th**. During the series, attendees will watch a DVD and participate in group discussion. All are welcome to join us. Call Lee Church Congregational Office at 659-2861 to sign-up.

SPECIAL WORSHIP SERVICES

Civil Rights Sunday – January 20 Services at 8:30 & 10:30 am

Mission Sunday - January 27 - With a message from Susan Hollinger regarding her numerous trips to Africa to provide medical assistance and training.

Ash Wednesday – February 13 Service 7 pm

EASTER WEEK

Palm Sunday – March 24
Services at 8:30 am and 10:30 am
Maundy Thursday – March 28
Tenebrae Service 7:30 pm
Easter Sunday – March 31
Sunrise Service 6:25 am
Rt. 155 ("Bradbury Pasture")
Easter Breakfast at Lee Church to follow. Additional Services at 9:30 and 10:30 am in the Sanctuary.

CHURCH SUPPERS AT LEE CHURCH CONGREGATIONAL

On **January 19th** we will be serving ham and beans, a salad bar, breads, dessert and beverages. Come join us for a delicious evening filled with friendly faces from 5:00 - 7:00 pm in Fellowship Hall. Cost: Adults \$8, Seniors \$7, Children under 12 \$5.

On **February 16**, we will be offering a spaghetti supper with all the trimmings: full salad bar, italian breads, Spumoni Ice Cream with a surprise topping. Serving will begin at 5:00 pm - 7:00 pm in Fellowship Hall. Cost: Adults \$8, Seniors \$7 and children under 12 \$5.

March 16 will be our very popular corned beef and cabbage dinner in Fellowship Hall. Come early (while the food lasts) to be sure you enjoy this wonderful meal! Serving begins at 5:00 pm - 7:00 pm in Fellowship Hall. Cost: Adults \$8, Seniors \$7 and children under 12 \$5.

Call 659-2861 for ticket prices or stop by the day of.

LEE TOWN CRIER

7 Mast Road

Lee, New Hampshire 03861