### TOWN OF LEE, NEW HAMPSHIRE

7 Mast Road Lee, New Hampshire 03861 (603) 659-5414

December 11, 2015

Lee News & Upcoming Events

### TREE LIGHTING & HOLIDAY CONCERT Thanks to all who made it a joyous occasion!



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JOIN US AT THE PAVILION
FOR THE RIBBON-CUTTING CEREMONY
Saturday, December 12<sup>th</sup> 10:00 am
Little River Park

An Honorary Boston Post Cane was presented to Harold Ward's son Michael and grandson Brian on December 5, 2015



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# MCGREGOR MEMORIAL EMS MEMBERS ATTEND SPECIALIZED DISASTER TRAINING DEPARTMENT OF HOMELAND SECURITY CLICK HERE for Press Release



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**CLICK HERE** for Superintendent Morse's District Update

### **FAMILY NATURE WALK AT LEE TOWN FOREST**

Saturday, December 12<sup>th</sup>, 9:30 am



For many of us the holidays are so busy there's little time to enjoy them. A walk in the Town Forest is the perfect way to slow things down and take time to appreciate the season. Apart from the benefits of exercise and fresh air, a walk in the woods may have other health benefits as well. In Japan, walks in the woods are known as shinrin-yoku, which translates to "forest bathing," and studies there have shown that a walk in the woods can result in decreased blood pressure and stress levels and increased heart health. While the exercise involved in any walk can account for some of these health benefits, studies comparing city walkers with woods walkers showed the woods walkers to have greater decreases in blood pressure and stress levels than city walkers. One study speculated that forest flora and fungi produce aerosols that may play a role in these health benefits. Join us for some pre-holiday shinrin-yoku as we walk the red triangle trail in the Town Forest on Saturday December 12<sup>th</sup>. Besides lowering our blood pressure and stress levels and easing our hearts, we'll learn about some of the hardy evergreens that brighten the forest floor, look at an old orchard that reverting to forest and pay a visit to the magical wishing tree.

Family nature walks are sponsored by the Lee Conservation Commission and the Senior Advisory Committee. We'll meet at 9:30 at the red triangle trailhead behind the ball field backstop.

### DECEMBER SELECT BOARD MEETINGS

Monday, December 21st at 6:00 pm

Go to <a href="www.leenh.org">www.leenh.org</a> for more Town meeting dates

Go to <a href="http://leenh.org/pages/LeeNH">http://leenh.org/pages/LeeNH LibraryCal/?formid=158</a>

for the Library Calendar

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### LEE 250<sup>TH</sup> ANNIVERSARY COMMITTEE INVITES YOU TO OUR OPENING CEREMONY

January 16<sup>th</sup> 1 – 3:00 pm Public Safety Complex

This event, featuring a New Proclamation, entertainment and refreshments, kicks off our year-long celebration of Lee becoming a Town. On January 16<sup>th</sup>, 1766, the Governor of New Hampshire proclaimed that the new town, which he named Lee, was hereby established as a separate entity from the town of Durham. Please join us in celebrating the anniversary of this momentous occasion.



### HEALTHY SOIL, HEALTH LEE: BUILDING SOIL HEALTH

Every 4<sup>th</sup> Monday, January thru May 2016 7:00 – 8:30 pm with 'soil' related desserts Jeremiah Smith Grange, Lee Hook Road, Lee, NH

January 25, 2016 – In the beginning: the genesis soils – Chuck Cox, Tuckaway Farm; Steve Jones, Dept. of Natural Resources and Environment, UNH.

February 22, 2016 – Soil Fertility: the birds and beets – Eric Sideman, Organic Crop Specialist, MOGFA

March 28, 2016 – Causes of soil degradation – Kim McCracken, State Soil Scientist, NRCS, USDA

April 25, 2016 – Repairing soil – Dorn Cox, Director of Green Start; Daimon Meeh, Field Specialist, UNH

May23, 2016 – Healthy Soil, Healthy Lee – Steve Haendler, Drumlin Farm; John Hutton, Coppal House Farm

**CLICK HERE for more details** 





#### LIKE US ON FACEBOOK!

Feel free to leave comments, share our posts or create your own posts so that more of your friends will find out what the Lee Heritage Commission is doing to for our Town.

#### 2016 WALL CALENDAR ARE READY!

Just in time to make great holiday gifts! This year the calendar feature photos of 12 fascinating buildings, barns and homes in Lee, as well as information about Lee's monthly special events in 2016 that celebrate the 250<sup>th</sup> anniversary of Lee's 1766 incorporation as a town. Photography by Denis Hambucken. The calendars will be available at the Lee Public Library and the Lee Town Hall for \$10.



If you are looking for something low-key to do outdoors while taking a break from holiday shopping, you might want to take a camera and check out some of the cool places on the Lee heritage trail. The Lee Heritage Commission has put up markers (like the one pictured above) at eight Town of Lee Historic Sites. Some of these sites, like Wadley Falls Village and the Lee Town Center are still very apparent, while others bear just the faint traces of the long-ago lives & events that shaped the development and history of Lee. Follow this link for a large map and a detailed list of these 8 historic sites and their stories: http://www.leenh.org/Pages/Lee%20Historic%20Sites.pdf

The Lee Heritage Commission will begin to include snippets of Lee history each week in the E-Crier. These are treasures that come from local historic newspapers and have been shared by Randy Stevens, who has done a great deal of research into the history of Lee. The Heritage Commission would also like to take this opportunity to remind you that Randy's books about the South Lee Depot and also about the history of the Mills in Lee can be purchased at the Lee Town Hall.

### BITS of HISTORY from The NEWMARKET ADVERTISER

November 21, 1891

"The Union Meeting House will be ready for occupancy by the Lyceum society Saturday evening. Although there is more to be done before it will be in complete order, it not being considered prudent to plaster until another spring. The people took hold of the business with a will, and those who had nothing else to give gave their time, which is equal to money. We think no one will regret that the building has been put in repair. The grangers have also been at work repairing the old church at the Hill, and one cannot but think that Lee is looking up, with a prospect of a livelier winter than for many years before."

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The Lee Conservation Commission has FINALLY joined Facebook! Stay on top of what is happening with the Lee Conservation Commission and other Conservation Commissions throughout the state. Like our <u>page</u> or go to:

www.facebook.com/LeeConservationCommission/

#### LEE HISTORICAL SOCIETY UPDATE

The Lee Historical Society would like to thank everyone for their continued support this year. Attendance at the museum and our programs was up. We appreciate the donations and interest from past and current Lee residents. The museum will be closed until April, but we will be very busy planning for our regular programs. We also have several exciting new events planned as part of the 250<sup>th</sup> Anniversary Celebration. We hope to see you there.

If you have an interest in the history of Lee, or history in general, this would be a great time to get involved. We are always looking for new members and volunteers. Whether your talents lie with traditional crafts, computer work, creating exhibits, doing research, acting as a docent or just dressing up and marching in a parade, we can find a place for you. Contact Jan Allen at <a href="mailto:llmpa85@aol.com">llmpa85@aol.com</a> or 603-292-6143 to get involved.

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#### SAND & WATER AVAILABLE for RESIDENTS

Located along the right wall in the main building of the Transfer Station. There is also a water faucet near the employee parking. The Fire Station has a 24 hour water fill station on the east side of the building. As always there will be sand available for residents at the Highway Garage. The Transfer Station also has containers of winter sand available.

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### OF LEE'S INCORPORATION!

LICENSE PLATES ON SALE AT THE PD & THE LIBRARY FOR ONLY \$20!

UPDATE: ANY NH REGISTERED VEHICLE MAY DISPLAY THIS PLATE. YOU DO NOT HAVE TO BE A LEE RESIDENT.



#### **ALSO ON SALE AT THE LIBRARY:**

COFFEE MUGS, HATS, LONG & SHORT-SLEEVE T-SHIRTS, TOTES, WOODEN NICKELS AND ZIP-UP HOODED SWEATSHIRTS

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### **FIRE DEPARTMENT NEWS**



**CLICK HERE** for the **2015** Holiday Edition of the Safety Educator



**CLICK HERE** for the **2015 Holiday Edition of One Stop Educator** 

### BURN PERMIT

CLICK HERE for BURN PERMIT CHECKLIST
CLICK HERE for ONLINE FIRE PERMIT PRESS RELEASE
GO TO www.nhfirepermit.com to obtain a fire permit online.
CLICK HERE for CodeRED Brochure

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### **VOLUNTEERS NEEDED FOR THE SENIOR ADVISORY COMMITTEE**

The SAC is helping the Heritage Commission with promoting the 250<sup>th</sup> celebration and they need your help! Four of their most generous volunteers have moved from town. Can **YOU** help out?



#### READY RIDES NEEDS DRIVERS from LEE!

READY RIDES offer free rides to medical appointments for residents 55+ and those who are disabled and unable to drive. They serve Lee, Barrington, Durham, Madbury, Newmarket, Northwood, Nottingham and Strafford. You will need to complete a volunteer application that includes a motor vehicle and criminal background check. Please call Meri Schmalz at 224-8719 or email <a href="mailto:info@readyrides.org">info@readyrides.org</a> for more details about how to help your neighbor.

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### OPEN POSITIONS ON TOWN COMMITTEES AND/OR COMMISSIONS LISTED BELOW

LAMPREY RIVER ADVISORY COMMITTEE
RECREATION COMMISSION
SENIOR ADVISORY COMMITTEE

**CLICK HERE** for Application.

Hand deliver to Town Hall or email application to the Town Secretary at <a href="dduval@leenh.org">dduval@leenh.org</a>

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Directions on How to Drive a Multi-Lane Roundabout <a href="http://www.nh.gov/dot/projects/lee15692/documents/lee\_multil">http://www.nh.gov/dot/projects/lee15692/documents/lee\_multil</a> ane roundabout nosliplanes.pdf

Navigating a Multi-Lane Roundabout

https://www.youtube.com/watch?v=CEhNboz5GPk

Complaints about the new Lee Traffic Circle may be directed to the NH Dept of Transportation at www.nh.gov/dot/ or call 271-3734.

Regional & State News & Events



<u>CLICK HERE</u> for the 2015 - 2040 Metropolitan Transportation Plan Survey



### 2016 POLITICS, POVERTY AND THE PRESIDENCY FORUM January 21<sup>st</sup> & 22<sup>nd</sup> Radisson Hotel Nashua, Nashua NH

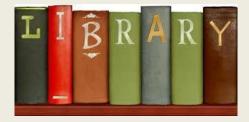
On behalf of the Alliance for Strong Families and Communities, the Community Action Partnership, the National Community Action Foundation (NCAF), and the New England Community Action Partnership (NECAP), please see the attached press release the details on the 2016 Politics, Poverty and the Presidency Forum.

The Alliance and the Partnership represent over 1500 member organizations across the United States, and NECAP is a regional network comprised of over 60 Community Action Agencies (CAAs)—the state and federal designated antipoverty agencies and six state associations in New England. NCAF advocates for the nation's CAAs around policies that impact people. NECAP, the Alliance, NCAF, and the Partnership recently came together with the same goal in mind: to bring the issues of poverty and inequality to the forefront of the 2016 presidential election. This exciting event, which usually attracts 300-400 participants, will allow CAA and Alliance member agency leaders and staff to come together to hear from presidential candidates around issues impacting low income individuals and families and hear their thoughts on how they plan to address them, should they get elected in 2016. All presidential candidates are invited, along with other prominent speakers, to discuss these important issues. These forums have been held during past presidential elections in the past with great success and hundreds of attendees are expected this time around as well. CLICK HERE for more details.



You like us at the library, now like us on Facebook!





#### LIBRARY HOURS

Monday, Tuesday, Wednesday: 12:00 – 8:00 pm Thursday, Friday: 10:00 am – 5:00 pm Saturday: 10:00 am – 3:00 pm

### \*\*NEW\*\* Online Access to Town Reports and Early Town Records

Town Records 1766-1815 link from <a href="http://eelibrarynh.org/index.php/lee-town-reports/">www.familysearch.org</a>
Town Reports 1863-2007 from UNH's Digital Archive <a href="http://leelibrarynh.org/index.php/lee-town-reports/">http://leelibrarynh.org/index.php/lee-town-reports/</a>

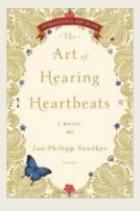


## 250<sup>th</sup> COMMEMORATIVE MEMORABILIA ON SALE AT THE LIBRARY WOODEN NICKELS, LICENSE PLATES, COFFEE MUGS, TOTES, HATS, LONG & SHORT SLEEVED T-SHIRTS AND ZIP-UP HOODED SWEATSHIRTS



### MITTEN WREATH DROP-IN-CRAFT Saturday, December 12<sup>th</sup>

Drop by and make a colorful wreath to decorate a door.



### ADULT BOOK DISCUSSION Monday, December 14<sup>TH</sup> 7:00 pm

The Art of Hearing Heartbeats by Jan-Philipp Sendker "[The Art of Hearing Heartbeats] is a love story set in Burma...imbued with Eastern spirituality and fairy-tale romanticism...Fans of Nicholas Sparks and/or Elizabeth Gilbert should eat this up." —Kirkus Review Copies of the book are available at the library. All are welcome to participate.



SNOWMAN DROP IN CRAFT December 28<sup>th</sup> – January 2<sup>nd</sup>

Stop by during school vacation week and make a cottony, carrotnosed snowman!



### Wednesday, January 6<sup>th</sup> 6:00 – 8:00 pm

The McGregor Institute of EMS will be teaching this American Heart Association CPR program. The program is free, but there is a \$20 materials fee. To register, go to McGregor's community calendar at <a href="https://www.mcgregorems.org/institute">www.mcgregorems.org/institute</a>.



#### **LIBRARY LEGOS**

Our first session of Library Legos was so popular that we will be offering another one! Kids in **grades 1-4** can have fun at the library building cool stuff with Legos! This program will run for 10 consecutive Fridays from 3:30-4:30 pm beginning **January 8<sup>TH</sup> and ending March 11<sup>TH</sup>**. A building theme will be suggested each week. Registration is not required. Mast Way students may arrange to ride bus 6 directly to the library.

### Adult Book Club

### ADULT BOOK DISCUSSION Monday, January 11<sup>TH</sup> 7:00 pm Runaway Quilt By Jennifer Chiaverini

Set in Pre-Civil War times this is a story not only of how quilts played a role in helping slaves find their way to safety using the Underground Railroad, but also a mystery involving the main character's family and their involvement in the abolition movement. Copies of the book are available at the library. All are welcome to participate.

#### **ON - GOING PROGRAMS**



### NO FOOLIN, JUST FUN – ADULT GAME DAY Tuesdays at 9:30 am

Come join the fun, make new friends and learn some new games. All are welcome! Open to all adults 18 and older.



KNITTING FOR 50+
ALTERNATE WEDNESDAYS, 12/16 AT 9AM

A drop-in group will meet at the library. Help is available from instructor, Donna Kay. All levels welcome. Offered by the Senior Advisory Committee and the Lee Library.



### KNITTING GET TOGETHER Tuesdays, 6:30 – 8:00 pm

Come and join other knitters for an evening of knitting and socializing. Bring that project you've been meaning to finish and make some new friends. Sorry, no instructors.



### Thursdays & Fridays 10:30 am

These fun 30-40 minute programs for children **ages 2-6** include stories, songs, finger plays, flannel board and a craft. Registration is not required. **This month's themes are dinosaurs, hibernation and soup.** 



#### **ROCKIN' READERS BOOK CLUB**

**1**<sup>ST</sup> Thursday of each month, 3:00 – 4:00 pm, 5<sup>th</sup> & 6<sup>th</sup> Graders Participants will read and discuss a different book each month. And pizza will be served! Students may arrange to take **bus 22** directly to the library after school. Please **register** by calling 659-2626.



### **STORY TREKKERS**

### Tuesday Afternoons, 3:30 - 4:30 pm, ages 6-10

Children will be introduced to a variety of authors and award-winning books. A snack, games and a craft will also be included. Mast Way students may arrange to ride **bus 6** directly to the library after school. Please **register** by calling 659-2626.



This is a new library program that encourages Lee families to read 1000 books with their young children before they enter kindergarten. It's easy - just register and keep track of how many books you've read on a reading log. We'll help you celebrate the first 100 books milestone with the gift of a canvas book bag. And at each 100 books mark, you'll get a 100 books sticker. Reach 1000 and you'll receive a copy of Miss Bindergarten Gets Ready for Kindergarten! Registration is ongoing.



#### FRIENDS OF THE LEE LIBRARY

The Friends of Lee Library is a non-profit organization that supports Lee Library activities through memberships and fundraising. Activities include museum passes, children's vacation and summer programs and adult educational programs. Not a member yet? It's easy – <u>CLICK HERE!</u>

More About Lee

### LAMPREY HEALTH CARE SENIOR TRANSPORTATION PROGRAM

Lamprey Health Care's Senior Transportation program provides rides to essential services for individuals over the age of 60 and/or with disabilities. Our handicap-accessible buses take seniors and adults with disabilities to the grocery store, pharmacy, doctor or bank! Call 1-800-582-7214 or 659-2424 Monday - Friday, 8am - 4pm or go to lampreyhealth.org/index.php/patient-services/transportation\_program



#### JOIN THE LEE FIRE RESCUE DEPT.

Please stop by the Safety Complex Monday - Friday 8am-4pm.



#### **EMERGENCY NOTIFICATION SYSTEM**

The Town of Lee Police, Fire & Emergency Management utilizes the emergency notification system CODE RED. Visit <u>leenh.org</u> to sign up!



#### **CHANNEL 13**

Check channel 13 to view Selectmen's meetings aired daily at 7:00am; 2:00pm; 7:00pm. <u>CLICK HERE</u> for more details. <u>CLICK HERE</u> to view town meetings online through the media site at leenh.org.



#### **MEETING CALENDAR**

To view the meeting calendar on leenh.org **CLICK HERE** 



### DISPOSAL OF PRESCRIPTION DRUGS

A drop-off box is available at the Public Safety Complex for unused and unwanted prescriptions.



### WILKINSON FOOD PANTRY Lee Church Congregational 17 Mast Rd

The food pantry is open to **any family** in the Town of Lee. The pantry is open the first and third Monday of each month from 6 - 7:00 pm. If there is an emergency please call the Church office at 659-2861. All visits to the pantry are strictly confidential.

To receive the E-CRIER via email EVERY WEEK go to <a href="https://www.leenh.org">www.leenh.org</a>, click on Subscribe to E-Alerts and follow the directions to subscribe. It's that easy!

#### **ATTENTION!**

If you know someone who wants to see the e-crier but does not have the internet please direct them to Town Hall for a printed copy or to the Library to view it there. If they cannot leave their home please call Denise Duval, Town Secretary, at 659-5414 to have it mailed!