

# TOWN OF LEE, NEW HAMPSHIRE

7 Mast Road  
Lee, New Hampshire 03861  
(603) 659-5414

July 26, 2013



## LEE FARMER'S MARKET

Thursdays 3:00 – 6:00 pm  
June 6<sup>th</sup> – September 26<sup>th</sup>

Located at the Old Fire Station (corner of Mast Road and Recycling Center Road). Items include: vegetables, cheese, bakery, honey, pork, lamb, canola oil, beef, flowers, crafts, soaps, fudge, eggs, pesto, garlic, seasonal fruits and plants!

[CLICK HERE](#) to view the Farmer's Market poster!  
Market Master Dick Babcock 659-9329

## DOCK at DURGIN PRESERVE

The Public Dock at Durgin Preserve is OPEN! Durgin Preserve located on Rita Lane is accessed from Clement Way off of Calef Highway.

Swimming is at your own risk and boating access is limited to carry in canoes, kayaks or row boats.

### ICE CREAM SMORGASBORD



The Lee Firemen's Association is holding their annual ice cream smorgasbord!

Please join us from **6:30 to 8:30 pm** on **Tuesday, August 20<sup>th</sup>** at the Public Safety Complex 20 George Bennett Rd, Lee.  
**HOPE TO SEE EVERYONE THERE!!!**

## LAMPREY HEALTH CARE SENIOR TRANSPORTATION PROGRAM

Lamprey Health Care's Senior Transportation program provides rides to essential services for individuals over the age of 60 and/or with disabilities. Our handicap-accessible buses take seniors and adults with disabilities to the grocery store, pharmacy, doctor, or bank! The service is door-to-door. For reservations call 1-800-582-7214 or 659-2424 Monday-Friday, 8:00 am - 4:00 pm.

### Lamprey Health Care Annual 5K Road Race

Lamprey Health Care's Annual 5K Road Race will be on **Saturday, August 10<sup>th</sup>**. Check in starts at 7:00 a.m. and the race begins at 8:30 am. Runners of all abilities are welcome as are walkers and baby strollers. The race begins and ends at the Newmarket Community Center at 1 Terrace Drive, Newmarket. Please visit Lamprey Health Care's website at [www.lampreyhealth.org](http://www.lampreyhealth.org) to register.



## RED CROSS BLOOD DRIVE AT LEE CHURCH

**Friday, August 16<sup>th</sup>** 1:00 – 6:00 pm  
17 Mast Road, Lee

Please donate if you are able. For more info call 659-2861.

## **ENERGY SAVING TIPS FOR STAYING COOL**

**Cool Tips** to keep energy use down throughout the summer!

**Keeping the heat out and the cool in** – Sunlight shining in windows adds unwanted summer heat to homes, making it harder to keep indoor air cool. Using blinds, shades or drapes to block the sun can help. And, even without air conditioning, most homes will stay cooler if the windows are closed during the hottest part of the day. Simply close them early and open them again when the outside temperature drops.

**Air conditioners work best in the shade** – If possible, keep room air conditioners out of the sun. They run much more efficiently when kept cool. Installing one in a north-facing window is usually ideal.

**Raising the temperature lowers the bill** – Keeping air conditioner thermostats set at a moderate temperature saves energy and money. Because air conditioners also remove humidity from the air, they'll help keep you cool even with a higher temperature setting.

**It's a great time to cook outside** – Cooking indoors will heat your home, cooking outdoors won't. Today's gas grills are more than just a way to cook traditional summertime favorites – they make great ovens, too. A closed lid and a properly adjusted temperature can result in a perfectly cooked meal. Many grill manufacturers even list the optimal settings and provide easy recipes right in the owner's manual.

**Fridges and freezers are big-time energy users** – To make the most of your energy dollars, be sure to vacuum their coils regularly, close their doors quickly and keep them well-stocked. Using jugs of water is a perfect low-cost option to fill empty space. Old refrigerators and freezers typically use three times more electricity than today's energy-efficient models. If that extra fridge or freezer in the basement isn't really needed, consider unplugging it for extra savings.

**Conserving energy** – It's always best to shut lighting and appliances off when not needed. Incandescent lights, when on, add heat to your home. Turning lights off when they are not needed will help keep your home cooler.

In addition to these tips, be sure to consider the various energy saving lighting and products that are available for purchases through our online catalog at <http://catalog.nhsaves.com/>

*Thanks to Public Service of New Hampshire  
for sharing these tips.*



### **EMERGENCY NOTIFICATION SYSTEM**

The Town of Lee Police, Fire and Emergency Management will now utilize the emergency notification system known as CODE RED. [CLICK HERE](#) to view the press release. [CLICK HERE](#) for sign up instructions. Please visit [leenh.org](http://leenh.org) to sign up!

### **FROM THE CEMETERY TRUSTEES**

**Town of Lee, Cemetery Trustees:**

**Marianne Banks; Jacquelyn Neill and Jan Neill**

As previously announced, the prices for purchasing cemetery lots and prices for burials have been revised.

[CLICK HERE](#) to find the revised "Town of Lee, Cemetery Costs". These costs are effective as of **July 1, 2013**.

### **JOIN THE LEE FIRE RESCUE DEPT**

**The Department is always looking for new members!**

Please stop by the Safety Complex Monday - Friday 8:00 am to 4:00 pm or during one of our training meetings, held on the 2nd and 4th Thursday of each month at 7:00 pm.

### **LEE HISTORICAL SOCIETY**

#### **DID YOU ATTEND A SCHOOL IN LEE?**

Phyllis White is resuming her research on the history of education in Lee. If you attended a One Room Schoolhouse, the Town Hall, or Mast Way Schools, or if you are a former teacher or the owner of one of the town's Day Care/Nursery Schools, Phyllis would like to hear from you. She can be reached at 659-2883.

#### **MUSEUM \*\*\*\* HOURS**

The Lee Historical Society Museum will be open from 10:00 am - 2:00pm on the third Saturday of each month from April to November. Please visit us this summer!

## LEE PUBLIC LIBRARY

### GROUNDBREAKING READS SUMMER 2013

Our adult readers continue to delve into the library stacks to discover good reads. Below are some of their comments about the books they've been reading!

*Bad Pharma* by Ben Goldacre, MD  
"Provocative look at drug industry"

*Finding Florida* by T.D. Alman  
"Fascinating reappraisal of Florida history"

*The Golden Step: Walk Through the Heart of Crete* by  
Christopher Somerville  
"Historical account of Crete while hiking the island, worth the read"

*All Souls: A Family Story from Southie* by Michael Patrick  
MacDonald

"Account of growing up in South Boston; timely"

Come to the library and read the full reviews!

### PERSONAL TIME CAPSULES

**Tuesday, July 30 from 3:15-4:15 p.m. for Grades 5 & 6**

Capture and preserve your life for the future. Bring in photos, trinkets, small drawings or paintings, newspaper or magazine clippings; items that are important to you. Then at the library, write a list of your favorite foods, books, movies, songs and things to do. Embellish and personalize to reflect your personality. Place it all in your personal time capsule that the library will provide. Take it home, store it and plan to open it in 10 years. **Please register 659-2626.**

### GLORIOUS GARDENS

**Tuesday, July 30 at 6:30 p.m.**

Listen to stories about glorious gardens where we'll find lots of dirt, wiggly worms, beautiful flowers and delicious veggies, then plant some flower seeds to take home with you.

### TOPS AND BOTTOMS

**Wednesday, July 31<sup>st</sup> from 3:15-4:15 p.m. for Grades 1-4**

Hare doesn't like that Lazy Bear sleeps through every planting season. So he makes a deal! Hear the rest of the story and then do some root vegetable printing with vegetable "bottoms". **Please register 659-2626.**

## **FINAL PERFORMANCE AND PARTY**

**Thursday, August 1<sup>st</sup> at 10:30 a.m. at the Lee Church Congregational**

All summer reader participants are invited to meet Lindsay and her giant puppet pals! Puppeteer Lindsay Bezich will entertain us with brand new stories and puppets in this fun, interactive celebration of story. Afterwards, join us at the library for refreshments and free books, courtesy of the Friends of the Lee Public Library. The Friends of the Lee Public Library are also funding this event.

## **IT'S NOT ABOUT THE HIKE**

**Tuesday, August 6<sup>th</sup> 7:00 pm at the Public Safety Complex**

This hour-long program highlights the journey of two 50 plus year old non-hikers who one day decided to climb the 67 mountains in New England over 4,000 feet. Nancy Sporborg and Pat Piper are two ordinary women who went on an extraordinary journey over the mountain summits and into their hearts. This is the story of what they found inside themselves as they hiked over 1,600 miles to the tops of over 244 mountains through all four seasons.

This presentation is for everyone -- hikers and non-hikers, people who are sedentary or active, outdoor enthusiasts and indoor homebodies, 10 year olds and 90 year olds and everyone in between. The presentation is NOT about the hike; it is an inspirational and motivational program about pushing ourselves outside of our comfort zones, overcoming our fears, finding our passions and living our lives to the fullest.

The book, *It's Not About the Hike* will be for sale after the presentation. The book contains 360 pages, over 245 color pictures, and 60 inspirational hike reports for \$35.

## **LIBRARY HOURS**

Monday, Tuesday, Wednesday: 12:00 – 8:00 pm

Thursday, Friday: 10:00 am – 5:00 pm

Saturday: 10:00 am – 3:00 pm (July and Aug: 9:00 am-12:00 pm)

## **FRIENDS of the LEE LIBRARY**

The Friends of Lee Library is a non-profit organization that supports Lee Library activities through memberships and fundraising. Activities that the Friends of Lee Library support include museum passes, children's vacation and summer programs, and adult educational programs. Thanks to your funding, the Friends of Lee Library will continue to support the wonderful activities!

Not a member yet? It's easy – [CLICK HERE](#) !

## FROM THE LIBRARY TRUSTEES

The Trustees are excited to announce that considerable progress has been made toward the realization of a new Lee Library Community Center. The new building will be sited on the wooded bluff overlooking Little River Park. The Trustees hope to break ground in the summer of 2016, during the celebration of Lee's 250<sup>th</sup> anniversary. What better way to celebrate Lee's heritage than by leaving a lasting legacy for future generations!

The Trustees want to thank Barbara McNamee for her continued years of service in tending the gardens at the library. The shrubs that Barbara planted two years ago in front of the library are particularly beautiful this year.



<http://www.bing.com/images/search>

## BITS of HISTORY from the NEWMARKET ADVERTISER

July 29, 1893

\*Mr. Plumer started with a party of seven, from Worcester, for the White Mountains on Wednesday in his capacious carriage, with his fine span of horses.

\*Blessed be the hay makers, sunny skies and fine weather was their portion and even the chronic grumblers dared not complain: but woe unto the berry pickers, after travelling miles to reach the pastures, and just as they find loaded bushes, a big shower cometh and they flee for their lives. Verily they are to be pitied.

\* The Newmarket Cornet Band, assisted by a quartette from Durham, gave a concert in Grange Hall Wednesday evening. The gentleman who had the small drum is deserving of mention in his use of various instruments, and all in perfect harmony. One gets the idea of a good time and the right kind of melody by hearing this band play, and their cheerful faces are good to look at.

**Submitted by Road Agent Randy Stevens, who has been researching Lee's history in his spare time. Thanks Randy!**

## CHANNEL 13

Check your local TV channel 13 to view Selectmen's meetings aired daily at 7:00 am; 2:00 pm; 7:00 pm. [CLICK HERE](#) to view meetings and videos online through the media site at leenh.org.

## WILKINSON FOOD PANTRY

**Lee Church Congregational 17 Mast Rd**

The food pantry is open to **any family** in the Town of Lee. The pantry is open the first and third Monday of each month from 6:00 - 7:00 pm. If there is an emergency need please feel free to contact the Church office 659-2861. All visits to the pantry are strictly confidential.

## **DISPOSAL OF PRESCRIPTION DRUGS**

A drop-off box for unused and unwanted prescription drugs provides Lee residents a safe way to dispose of medications. Unwanted and unused prescription drugs may be dropped off anytime at the Safety Complex at 20 George Bennett Rd.

## MEETING CALENDAR

To view the meeting calendar on leenh.org [CLICK HERE](#)



**Community Action Partnership  
Pregnant? New Baby? CAP Can Help!**

If you are pregnant, know someone who is, or just had a baby, Community Action can help. We have a free Home Visiting program for teens and women age 25 and under. Call CAP's Home Visiting at 603-516-8108 to talk to one of our staff and learn more. For more information, visit [www.straffordcap.org](http://www.straffordcap.org).