

TOWN OF LEE, NEW HAMPSHIRE

7 Mast Road

Lee, New Hampshire 03861

(603) 659-5414

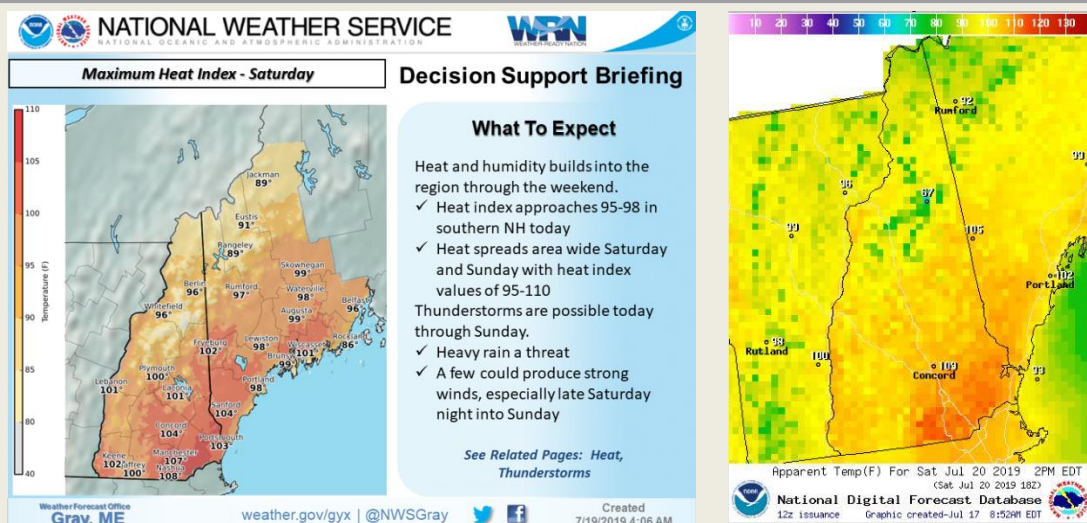
July 19, 2019

Lee News & Upcoming Events



**JULY 20TH – LITTLE RIVER PARK PAVILION
HOSTED BY THE LEE RECREATION
COMMISSION**

Begin assembling model rockets at 9:00 a.m. with first launch happening around 10:30!
Kids of all ages are welcome. Event is open and FREE to Lee residents only.



Weekend Heat Index values of 100°F will result in Heat Advisories

- Friday 7/19: Heat Indices in the mid-90's to 100° F in southern NH.
- Saturday 7/20: **Hottest day** – Heat Index values of 110°+ in Southern NH are possible. Heat Index of 110°F possible in Loudon at the race track. Air temperatures will approach 100° F in central and southern NH. Isolated thunderstorms are possible and associated cloud cover could reduce temperatures in these areas. See image above.
- Saturday Night: Low temperatures in the 70's with dew points only a few degrees lower. These high overnight temperatures combined with high dew points will not allow much opportunity for homes/buildings without AC to cool down after the daytime highs.
- Sunday 7/21: Heat Indices will approach 100° F in central and southern NH.
- Monday 7/22: Air temps in the mid-80's (end of heat wave)

Terminology: Heat Advisories are issued by NWS Gray when Heat Index values are at or above 95°F. (Heat Index values represent the apparent or "feels like" temperature of the air. Heat Index values take into account the air temperature and the dew point temperature.)

DOS:NH HSEM Field Services



IT'S NOT TOO LATE TO SIGN UP FOR THE FOOD WASTE COMPOSTING PILOT PROGRAM!

mrfoxcomposting.com

Interested residents should e-mail the Public Works Manager Steve Bullek at sbullek@leenh.org or sign up at the Transfer Station, Farmers Market or call 603-659-6515. [CLICK HERE](#) for Flyer!

The Town will provide special compostable bags to bring the food waste to the Transfer Station. Mr. Fox, a company specializing in food waste composting, will then transport the food waste to their facility in Eliot, Maine where it will be composted into a soil like material. Acceptable items are all food scraps and bones, eggshells, bread, seafood, wooden stirrers, sugar packets, wax muffin wrappers, tea bags, coffee grounds/filters, waxed paper liners, fruits and vegetables. Do NOT miss your chance to participate in this important program to keep food waste out of the landfill and make a useful product out of it.



JULY SELECT BOARD MEETINGS

Monday, **July 29th** Starting at 6:30 pm

Meetings can now be seen on **You Tube** at www.media.leenh.org

2nd ANNUAL MUSIC IN THE PARK SUMMER CONCERT SERIES

Hosted by the Lee Recreation Commission

Hamburgers, hot dogs, chips and drinks will be available 6:30-7:30pm on a first come, first serve basis. A \$5 donation is appreciated.



CONCERT SCHEDULE

July 25th – Reunion Hill Band
August 1st - Jumbo Circus Peanuts
August 8th - Mike Morris

August 15th - April Cushman
August 22nd - Paul Smith
August 29th - Kevin Burt

THANK YOU TO OUR SPONSORS

Accutech Marine Propeller
Ear Craft Music
Firebird Farm Antiques
Flag Hill Winery
Granite State Credit Union
John's Auto Repair

Lee Postal Center
Marquis Family
Maximum Velocity
S&J Transportation
Take Five Dog Care
Wentworth Health Partners

LEE FIREMAN'S ASSOCIATION



ICE CREAM SMORGASBORD

Come support your local Fire Association!

Kids \$3 and Adults \$5.

Chocolate, Vanilla & Strawberry with all the fixings!

LEE PUBLIC SAFETY COMPLEX

Tuesday, August 13, 2019

6:00pm - 8:00pm

**Kids Bunker Gear Available
for Pictures on the Fire
Truck**





**CONSERVATION MONITORING IN LEE!
COME SEE CONSERVED LANDS
EVERY WEDNESDAY MORNING**

From now until early fall join the Conservation Commission on Wednesday mornings while they conduct site walks on the Town's conserved properties. Some of these lands are owned by the Town, but most of them are privately owned and protected in perpetuity with a conservation easement. If you'd like to participate, call the Town Secretary, Denise Duval, at 659-5414. Meet in the Town Hall parking lot at 8:45 a.m., dressed for walking in the woods. Standard precautions for ticks & mosquitoes are advised. Walks take 1½-2 hrs.



LEE TRIVIA QUESTION:

No prizes – just the satisfaction of confirming how much you know about your town!

This Week's New Trivia Question:

Can you name one of the food establishments that used to be located at the Lee Traffic Circle? We can think of at least four!

(The answer will be given in next week's Lee E-Crier.)

Answer to Last Week's Lee Trivia Question:

The first meeting house in the town of Lee, NH was located at the intersection of Mast Road and Garrity Road. You can still visit its cemetery there today.

The Lee Heritage Commission is offering Lee Town Keepsake Tote Bags for sale this summer. They are generously sized, reasonably priced, useful all year round, and a great memento of Lee, NH. You can see them, compare them, and purchase them at the Lee Public Library.



Large Tote Bag \$15



Small Tote Bag \$10



Loads of Larvae Dipped up during the 2nd Annual Tadpole Stroll

With plenty of sunshine, temperatures in the mid-seventies, no humidity and a gentle wind to keep the bugs off, conditions were perfect for dipping up aquatic critters last Saturday. Nine participants took a circuitous route to the Mast Way vernal pool, stopping at the Town Bog along the way. Like all bodies of water in the Town Forest this spring, the bog is very saturated and brimming with life. Folks were able to observe wood frog tadpoles basking on a sunlit, submerged log. Everywhere around us the surface of the water was dimpled by animals feeding near the surface. Using clear plastic containers, the children participating scooped up several good-sized wood frog larvae, passing the containers around for everyone to get a good look before releasing them back into the bog.



With a phoebe, cardinal and catbird singing us down the trail, we made our way around the bog and into the forest, stopping for a moment to admire the many millions of tiny male cones recently shed by the forest's white pines. With time to run up and down a few hills along the way, the children were well exercised by the time we reached the vernal pool. Like the bog, the water level at the pool remains quite high, and, just as with the bog, its surface was animated by endless ripples made by feeding critters. After pausing to enjoy for a moment this kinetic art formed by the pools hungry denizens, each person took a container and chose a likely dipping spot along the shore. A viewing station was organized, with hand lenses and field guides set out for close examination and help with identification.

The first vertebrate to be scooped was a good-sized green frog which required two containers to keep it in place for identification. This handsome critter was good enough to allow itself to be caught several times by the younger participants who greatly enjoyed being able to get very close-up views of this most forbearing amphibian. Other vertebrates scooped up were the larvae of wood frogs and spotted salamanders, with one tiny spring peeper tadpole added to the mix. Wood frog larvae were abundant and appeared nearly ready to sprout legs. Where the sun warmed areas of the pool, many thousands of these tadpoles could be seen as a large black splotch beneath the pool's surface; in effect, they created a "pollywog clock" following the sun as its rays circled the pool during the course of a day. Many spotted salamander larvae - easily identified by their lovely, feathery gills - were also scooped up; and one spring peeper tadpole, tiny in comparison with our other captures, was also collected. Here and there along the water's edge, participants found the remnants of egg masses from both wood frogs and spotted salamanders. Most were coated green with the algae that had provided newly-hatched larvae with their first meal.

The invertebrates caught in our dipping cups were equally interesting. All were insect larvae captured and all were predators. Most abundant were dragonfly nymphs - ferocious hunters who eat just about anything smaller than themselves, including tadpoles. They have a unique form of capturing their prey: an extendable lower jaw that the nymph whips forward to grab its prey. Anyone who has seen the movie *Alien* will have an idea about how this works; I've often thought that whoever designed the monster in that movie spent some time watching dragonfly nymphs. Damselflies are more slender relatives of dragonflies, and their nymphs were scooped up too; as with their adult form, they were much more slender than the dragonfly nymphs. Several predaceous diving beetle larvae were also caught. Aptly named "water tigers" these fierce predators will capture and eat anything they can subdue, including each other. Using hollow pincer-like jaws, they grab their prey and then inject them with digestive enzymes - thus each meal is partially digested before it is even swallowed!

Our time at the pool yielded many fascinating critters, not least of which was our last capture - a wood frog tadpole with tiny hind legs! After releasing this soon-to-be frog and packing up our equipment, it was time to head back - a bit damper than when we'd started out, but very pleased with our outing.

Catherine Fisher, Conservation Commission



One Bin at a Time – Plastics Primer

Talking trash with Jen Messeder, LSC member

In partnership with the Lee Solid Waste Committee

After aluminum cans, plastics are the next items that we earn the most money on when we recycle them, so that's the next natural stop on our journey to reduce our solid waste. Before we dive into what kinds of plastic we do and do not recycle in Lee, let's explore what, exactly, plastic is.

Plastic is made of various natural substances, with naphtha (which comes from the distillation of crude oil) being a key ingredient. Crude oil (along with other fossil fuels like coal and natural gas) is the remains of ancient plants that died out some 300 million years ago.

If plastic is made from natural ingredients, why does it get such a bad rap? After all, it has lots of benefits over other materials – it's water-proof, lightweight, flexible, strong, less likely to break when dropped, doesn't rust and so on.


All of these are benefits of plastics, which is why they are so popular. But here are some downsides:

- While the main ingredient in plastic (crude oil) is biodegraded plants, plastic itself is not biodegradable. Paper products, on the other hand, are biodegradable.
- Glass and metal are also not biodegradable, but they tend not to cause as much damage if they end up as litter. They don't blow around, getting caught in trees or ending up in large, floating masses of trash in the oceans.
- The fact that plastic items tend to float also increases the likelihood that marine animals will accidentally eat or get tangled in them. We humans can also end up eating "micro-plastics" when we eat fish.
- There's a set amount of crude oil on our planet. How much is there? 60 years' worth? 100? 1000? We could debate it, but the fact is that no one is claiming that this planet contains an unlimited amount of oil, or that it can replace what we use at least as quickly as we use it. This means there is a definite end date on our ability to make new plastics.
- While glass and metal can be recycled endlessly with no decrease in material quality, recycling plastic tends to degrade the quality of the material. At some point, the plastic can't be recycled anymore and it will most likely go to a landfill.

Aim to reduce the amount of plastic you use, and stay tuned for how to recycle plastics in Lee.



Refuse • Reduce • Reuse • Repair • Repurpose • Recycle • Rot

 • Lee NH Sustainability Committee • Low Carbon Diet - Seacoast NH • "Zero Waste" groups



Scott M. Nemet
Fire Chief

LEE FIRE & RESCUE DEPARTMENT

20 George Bennett Road
Lee, New Hampshire 03861
(P): 603.659.5411 (F): 603.659.9611



Jeffery S. Liporto
Deputy Chief

TIMELY TOPICS FOR THE SUMMER SEASON

- **Pool Safety**
Never leave a child unattended in or near water.
Teach your children how to swim.
Teach children to stay away from the drains at the bottom of pools.
Ensure all pools and spas have compliant drain covers
Install proper barriers on or around the pool to keep children and animals from falling in.
Keep plugged in electrical appliances away from the pool or spa.
Know how to perform Cardiopulmonary Resuscitation (CPR) on children AND adults.
- **Boating safety**
Always wear an approved Personal Floatation Device (PFD) while boating.
Do not consume alcohol while operating a boat.
Make sure your boat is properly outfitted with all required safety equipment including a fire extinguisher, floatation devices, PFDs for all riders, a signal device (air horns or whistles), and lights for operating at night.
Abide by all boating regulations
Take a Safe Boating Class
- **Limit activity outside during times of high heat index and humidity.**
Be aware of the signs and symptoms of heat exhaustion and heat stroke especially in young children and the elderly.
Symptoms of heat exhaustion include: headache, weakness, increased thirst, pale cool skin, profuse sweating and nausea. If these symptoms exist then remove person from hot environment and treat with fluids and rest. If symptoms don't resolve or if they worsen seek medical attention.
Symptoms of heat stroke include: severe headache, weakness and dizziness, confusion, nausea and vomiting, skin is dry flushed and warm to touch, no sweating, seizures, unconscious and rapid breathing and heart rate. Heat stroke is a true medical emergency and 911 should be called immediately. Remove the person from heat, wet them with cool water and DO NOT give them anything by mouth.
- **Do not leave children or pets in vehicles during warm periods.**
Keep pets indoors or in shaded areas outside with plenty of cool water during hot days.

LEE FIRE DEPARTMENT HOPES YOU ENJOY A SAFE SUMMER!



LEE FIRE RESCUE DEPARTMENT SEEKING CALL FIREFIGHTERS AND EMTS

[CLICK HERE](#) for more information

[BACKYARD BURNING QUICK GUIDE](#) [CATEGORY I & II FIRE SPECIFICATIONS](#)

[CLICK HERE](#) for the Summer Safety Educator

FIRE DEPARTMENT FEE SCHEDULE

Please [CLICK HERE](#) for the Fee Schedule

Please [CLICK HERE](#) for the Permitting Checklist and Reference Guide

BURN PERMIT

[CLICK HERE](#) for NH BURN PERMIT RULES AND REGULATIONS

WHEN SECONDS COUNT...

Can the Police, Fire, or Ambulance find your home when you need them for assistance with an emergency? Can they find it at night? Can they find it during a snowstorm?

Having your name and number on a mailbox is just not enough. Some mailboxes are clustered together. The numbers are small and the location may not mark the entrance to your driveway.

The Lee Firemen's Association, in a joint effort with the Lee Fire Department, has started a program to install reflective house number signs at driveway entrances to assist all emergency responders in locating your home in a time of need. The cost for each sign with a post is \$30.00 and it will be installed by the Lee Firemen's Association.

Please take the time NOW to SAVE TIME in an EMERGENCY

[CLICK HERE](#) for Reflective House Number Sign Request form



POLICE NOTICE

In a follow up to the request that residents properly number their homes, [CLICK HERE](#) for the Ordinance that applies. The Lee Police will be compiling a list of homes that are not complying with this ordinance and make contact with the homeowners in hopes of getting everyone in compliance which will make it easier to locate a residence in times of an emergency.

SCAM! SCAM! SCAM!

Please do not become a victim. WHEN IN DOUBT, DON'T GIVE IT OUT.

An old scam has resurfaced. Residents are being contacted by "Publisher's Clearing House" about having won the jackpot. The stipulation is that the resident must pay \$7,500 in advance. This is a scam. You will never have to pre-pay the "FDIC" for your winnings.

Eversource Energy and NH Public Utilities Commission News Release
[CLICK HERE](#) To Read About How to Avoid Becoming a Victim in 2019



READY RIDES offer free rides to medical appointments for residents 55+ and those who are disabled and unable to drive. They serve Lee, Barrington, Durham, Madbury, Newmarket, Northwood, Nottingham and Strafford. Please call Meri Schmalz at 224-8719 or email info@readyrides.org with questions or go to <https://readyrides.org/> for details. **Volunteers from Lee are needed!**

WILKINSON FOOD PANTRY

Lee Church Congregational, 17 Mast Rd

The food pantry is open to **any family** in the towns of Lee, Durham, Newmarket and Nottingham. The pantry is open the 1st & 3rd Monday of each month from 6 - 7:00 pm. If there is an emergency please call the Church office at 659-2861. All visits to the pantry are strictly confidential.



A drop-off is available at the Public Safety Complex to the left of the front entrance for unused and unwanted prescriptions.

LEE TOWN COMMITTEE AND COMMISSION VACANCIES

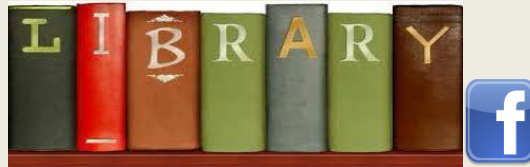
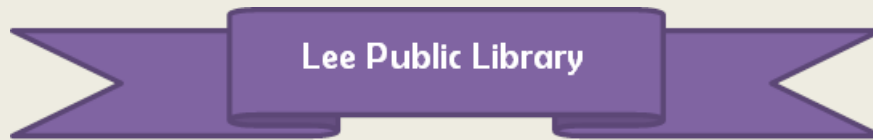
The Planning Board, Solid Waste Advisory, Energy, and Sustainability Committees have immediate openings to be filled. If you are interested contact the Town Secretary Denise Duval at 603-659-5414 or email dduval@leenh.org. **[CLICK HERE](#)** for Application.

COMMITTEE, COMMISSION & BOARD MEETING CALENDAR

Go to www.leenh.org/Pages/LeeNH_MeetingsCal/?formid=158

LIBRARY CALENDAR

Go to http://leenh.org/pages/LeeNH_LibraryCal/?formid=158



Monday, Tuesday, Wednesday: 12:00 – 8:00 pm

Thursday, Friday: 10:00 am – 5:00 pm

Saturday Summer Hours: 9am – Noon / July - August

ADULT SUMMER READING PROGRAM

June 24th - August 10th

Write very short reviews (one or two sentences) about the books you read this summer to enter our weekly summer reading drawing!

BOOKS OUR ADULT PATRONS ARE READING THIS SUMMER:

Miss Kopp's Midnight Confessions – Amy Stewart

Broken Bone China – Laura Childs

Spy in Moscow Station –Eric Haseltine

The Gown – Jennifer Robson

Summer of '69 – Elin Hildebrand

Beautiful Day – Elin Hildebrand

Beach House Memories – Mary Alice Monroe

Beach House For Rent – Mary Alice Monroe

Machines Like Me – Ian McEwan

A is for Alibi – Sue Grafton

Heart of Barkness – Spencer Quinn

A French Wedding – Hannah Tunnicliffe

How Not To Die Alone – Richard Roper

The Devil's Punchbowl – Greg Isles

Drop by the library to see our patron reviews of the above books posted on our bulletin board.

DISCOUNTED MUSEUM PASSES

The library has many discounted museum passes provided by the Friends of the library including: Woodman Museum, Boston Children's Museum, Museum of Science, Children's Museum of NH, Currier Museum of Art, Isabella Stewart Gardner Museum, Museum of Fine Arts, Seacoast Science Center, Strawberry Banke, Peabody Essex Museum and the New England Aquarium. **Stop by the library or call 659-2626 to reserve a pass.** ***The Aquarium pass is now available year round***



**Knitting for 50+
1st & 3rd Wednesdays 9 am
August 7th & 21st**

A drop-in group meets at the library.
All levels welcome.

AND FOR THE CHILDREN THIS SUMMER READING PROGRAM!



Registrations for these programs are ongoing!

Thank you to the Friends of the Lee Public Library for encouraging all readers to read by sponsoring the Summer Reading Programs.



Thursdays, Sandwich and a Story at the Park 11:30 - 12:30 pm

Bring a bag lunch and join us on at Little River Park on Thursdays July 25th, August 1st, 15th & 22nd and enjoy a story or two, some movement activities, lunch and some time with friends.



DROP-IN CRAFT – AQUARIUM BOWL

Monday, July 22th - Saturday, July 27th

Drop by the library and create an aquarium bowl for aquatic life.



Tiny Tots Lapsit - Tuesdays in July & August 3:00 pm

For children up to 2 years of age, this 20 minute program offers songs, stories and movement with relaxed time afterwards for play and socializing. **Registration is not required.**



Fridays 10:30 - 11:30 am

These fun 30-40 minute programs for ages 2-6 include stories, songs, finger plays, flannel board and a craft. **Registration is not required.**

July 26 - **Under the Sea**

Aug 2 - **Aliens**

Aug 9 - **Space**

Aug 16 - **Summer Fun**

School Age Story Time/Craft Fridays 3:00 pm

These fun 40-60 minute programs for children ages 7-10 include stories and an activity and/or craft. **Registration is not required.**

July 26 - **Under the Sea/Woven Baskets**

Aug 9 - **Space/Duct Tape Pencil Case**

Aug 2 - **Aliens/Feather key Chains**

Aug 16 - **Summer Fun/Craft to be Determined**



LEGO DAY

Saturday, August 3rd 9:00 – 11:00 am

Stop by and play with Legos



SUMMER READING FINALE

Thursday, August 8th 10:30 am

Come to the Library and enjoy some cake and juice.

**Regional & State
News & Events**



[CLICK HERE](#) for LRAC Wild & Scenic Summer Newsletter

GOVERNOR & EXECUTIVE COUNCIL MEETING WEDNESDAY, JULY 10, 2019

[CLICK HERE](#) for the Minutes

Next Governor & Executive Council Meeting

Wednesday, July 31, 2019 10:00 am in Kingston, NH

FALL MASTER GARDENER CLASS

The next 12-week Master Gardener class will be held on Thursdays from September 12th – December 5th (excluding Thanksgiving Day) at the Lee Congregational Church, 17 Mast Road, Lee, NH. Applications will be accepted on a rolling basis until the class is full. If you are interested in learning more, please contact Ruth Smith, UNH Cooperative Extension Master Gardener Volunteer Coordinator at 603-351-3831 or ruth.smith@unh.edu. If you have questions about the Strafford County Master Gardeners Association including local projects like the Garden of Native NH Plants at the Lee Recycling Center, send us a note at nhscmgga@yahoo.com.

If you are a Lee Resident in need of assistance with a Veteran's issue then the Lee Memorial VFW Post 10676 may be able to help.

This post serves the communities of Lee, Durham, Madbury and Newmarket and has Service Officers who can help folks with just about any Veteran's related issue. At the State level they have a seat on the SVAC (State Veterans Advisory Committee) and are linked with tens of other non-profit Veterans organizations that provide a host of services. Please contact Andy Corrow, Commander, VFW Post 10676, at 603-397-9267 or vfwpost10676@yahoo.com for assistance.



McGregor EMS Volunteers Needed

McGregor EMS is currently seeking both Medical and Non-Medical Volunteers. Those interested may email membership@mcgregorems.org. To learn more about this great service [CLICK HERE](#)!

CHECK OUT MAPGEO [HERE](#)

A GIS Collaboration between the Strafford Regional Planning Commission and Lee bringing basic GIS (Geographic Information System) technology to your fingertips. GIS map data is now displayed on the MapGeo website. The site allows residents to search for tax map info, as well as view several different overlay layers.



To receive the E-CRIER via email every week go to www.leenh.org, click on [Subscribe to E-Alerts](#) in the left hand column & follow the directions to subscribe. It's that easy!

ATTENTION!

If you do not have the internet please come to Town Hall for a **printed copy** or go to the Library to view it there. If you cannot leave your home please call Town Secretary Denise Duval at 659-5414 to have it mailed!