TOWN OF LEE, NEW HAMPSHIRE

7 Mast Road Lee, New Hampshire 03861 (603) 659-5414 July 18, 2014



WHAT YOU SHOULD DO IF THE WEATHER IS EXTREMELY HOT:

- Listen to NOAA Weather Radio for critical updates from the National Weather Service (NWS).
- Never leave children or pets alone in closed vehicles.
- Stay indoors as much as possible and limit exposure to the sun.
- Stay on the lowest floor out of the sunshine if air conditioning is not available.
- Postpone outdoor games and activities.
- Consider spending the warmest part of the day in public buildings such as libraries, schools, movie theaters, shopping malls and other community facilities.
- Eat well-balanced, light and regular meals.
- Avoid using salt unless directed to do so by a physician.
- Drink plenty of water; even if you do not feel thirsty.
- Avoid drinks with caffeine.
- Limit intake of alcoholic beverages.
- Dress in loose-fitting, lightweight, and light-colored clothes that cover as much skin as possible. Avoid dark colors because they absorb the sun's rays.
- Protect face and head by wearing a wide-brimmed hat.
- Avoid strenuous work during the warmest part of the day.
- Use a buddy system when working in extreme heat and take frequent breaks.
- Check on family, friends and neighbors who do not have air conditioning and who spend much of their time alone.
- Avoid extreme temperature changes.
- Check on your animals frequently to ensure that they are not suffering from the heat.
- Go to a designated public shelter if your home loses power during periods of extreme heat. Text SHELTER + your ZIP code to 43362 (4FEMA) to find the nearest shelter in your area.



BICYCLE SAFETY DAY Bring Your Bike to the Park! Saturday, July 19th 9:00 am – 12:00 pm Little River Park

Bring your children and their bikes to learn about bicycle safety and a chance to win a \$300 gift certificate to a local bike shop. Some free helmets will be available. Helmet and bike inspections will be provided as well as valuable safety tips and activities. Help keep our children safer by teaching them what they need to know. Contact Joe Hannon (Recreation Commission Member) at 603-418-5531 with any questions or suggestions.



CELEBRATE THE JOSEPH FORD WILDLIFE PRESERVE

Thursday, July 24th 5:30 pm to 7:30 pm

As you probably know, former long-time selectman, Joe Ford, bequeathed the Town of Lee his 71 acre property which for decades he had managed for wildlife. Several years ago, he had placed a Conservation Easement on the property. That easement specifies what any owner, current or future, can and cannot do on the land. The holder of the easement is Strafford Rivers Conservancy and the backup holder is N.H. Audubon. Please join us for a small celebration on the property. In keeping with Joe's wishes to minimize human disturbances to the wildlife and their habitat, we are limiting the number of attendees to 30; 10 each from the Town, Strafford Rivers and the Audubon. If you are among the first 10 to get your name on the Town's list, we will be delighted to have you attend. Please call Denise Duval at Town Hall, 659-5414, at your earliest convenience. Attendees should park on Garrity Road, about 1/2 mile from the intersection with Wednesday Hill Road. Because of the presence of ticks, mosquitos and poison ivy, long pants and long-sleeved shirts as well as insect repellant are recommended.



COOL OFF at DURGIN PRESERVE

Durgin Preserve located on Rita Lane is accessed from Clement Way off of Calef Highway. Please be advised swimming is at your own risk and boating access is limited to carry in canoes, kayaks or row boats. Please note no vehicles or trailers are allowed beyond the parking lot!

U.S. SENATOR KELLY AYOTTE OFFICE HOURS AT THE LEE PUBLIC SAFETY COMPLEX Thursday, July 31st 10:00 am – 11:00 am

If any members of the town would like to relay a comment, question, or discuss a particular area where they need assistance with a federal agency (ex. assistance with Social Security, Medicare, the VA etc..) Neva Varsalone, Director of Projects and Outreach for U.S. Senator Kelly Ayotte, is available to meet with them at this time.

<u>CLICK HERE</u> for more details

COME FOR A WALK ON WEDNESDAY MORNING WITH THE CONSERVATION COMMISSION! SEE CONSERVED LANDS IN LEE!

Residents are invited to join members of the Conservation Commission every Wednesday morning through the summer and early fall while they conduct a site walk on the Town's conserved properties. Some of these lands are owned by the Town, but most of them are privately owned and protected in perpetuity with a conservation easement. If you'd like to participate, call the Town Secretary, Denise Duval. Meet in the Town Hall parking lot at 8:45 am, dressed for walking in the woods. Standard precautions for ticks and mosquitoes are advised. Walks typically take $1\frac{1}{2} \cdot 2$ hours.

GOVERNOR & EXECUTIVE COUNCIL MEETING MINUTES FROM JULY 2ND <u>CLICK HERE</u> for the minutes Next Governor & Executive Council Meeting Wednesday, July 16, 2014 at 10:00 am in Hanover, NH

CUB SCOUT PACK 459 ANNUAL ROCKET DAY July 12th at Little River Park







LEE HISTORICAL SOCIETY MUSEUM



OPEN EVERY 3RD SATURDAY 10:00 AM – 2:00 PM

LIBRARY TRUSTEES UPDATE

I like the library the way it is. Why do we need a large new building?

The existing library building is 3,200 square feet. There simply isn't enough space in our current library to adequately serve the population of Lee: for every new book the library acquires, one has to be weeded out. Our ability to offer programs is hindered by the lack of space. Instead of a Children's Room, we have a "Children's Corner"; instead of a Teen/Young Adult area, we have a Teen bookshelf. The meeting room is in the basement and is only accessible by a steep staircase. The doorway into the stacks is only 34" wide. The current library has already been expanded twice and because of its proximity to the bog, there's no room to build yet another addition. The size of the proposed library community center was determined through the use of several public library planning guides, including the 2006 report prepared for Lee by library building consultant Patience Jackson (available at the Lee Library) and what is commonly called The Wisconsin Study. This 2009 study recommends that library planning should be done for current and future (20 years is recommended) needs. The LPLCC Building Committee is currently working to reduce the size and the cost of the new building. However, there is no logic in spending money to build a facility that Lee will have outgrown before it's even built. We need to have the foresight to envision and meet Lee's needs well beyond its 250th anniversary in 2016.

Working Together, Lee Can Build It!



RESEARCHERS SAY WALKING IN NATURE DOES MORE GOOD THAN WALKING IN THE CITY!

SENIOR ADVISORY COMMITTEE UPDATE

Walking at Little River Park. Our monthly Nature Walk cosponsored by SAC and the Conservation Commission, was held on the second Saturday instead of the first because of the July holiday weekend. Catherine Fisher shared her knowledge of both plants and animals and we identified 26 plants and saw/heard 15 birds. We discovered a bayberry (male) on the Ridge Trail and a few small American chestnut trees on the Forrest Trail that had not been identified on an earlier walk. Ann Tappan, another nature knowledgeable person, had not walked the upper trails before and was impressed by the diversity of the three trails and the great view of the park from the Ridge Trail. It is amazing what their trained eyes and ears can see and hear!

On our own wooded property on North River Road are many Jack-inthe-pulpits and I had never known that they had both a male and female phase. As Catherine was explaining, we examined an enormous female "Jill-in-the-pulpit" with three berry-laden stalks. Depending upon their age and previous year's growing season, Jack-in-the-pulpit plants alternate between being male ("Jack") and female ("Jill"). Catherine described how, in the early stages of its life, and following poor growing years, the plant is male, or a "Jack," whose job is to store extra energy in the roots. When enough energy is stored the plant becomes a female, or a "Jill"; producing berries with the seeds for another generation. "Because we all know," Catherine said, "being female in this world requires a lot more energy."

The sponsored weekly walks in LRP are on hold, at least for the summer months while folks are vacationing with family. Some of us continue to take weekly walks in the park. **Our next Nature Walk will be on Saturday, August 2nd at 8:00 AM**

We have received some responses to our below questionnaire and are looking forward to more! If you would rather email Shirley Walker directly, her address is <u>shirlwalker@comcast.net</u>.

LETTER to RESIDENTS <u>CLICK HERE</u> <u>CLICK HERE</u> for QUESTIONNAIRE

READY RIDES: VOLUNTEER DRIVER PROGRAM We currently offer free curb-to-curb rides to medical appointments to the disabled and over 55 residents of Lee. For more details please contact Meri Schmalz at 603-244-8719 or email <u>info@readyrides.org</u>. **Please join us as a VOLUNTEER or CLIENT! Thank you!**



HISTORICAL SOCIETY UPDATE

As the Town of Lee gears up for the 250th birthday celebration in 2016, the Lee Historical Society plans to take a significant role in the planning and festivities. We have some big ideas, including new exhibits, two new books, living history programs and special kids' projects, but we need more people to get involved in order to accomplish them. We invite all past members to reconnect with us and welcome new members to come see what we are all about and help where they can. The museum is open every third Saturday of the month, from 10 AM – 2 PM.

If that time doesn't work, call me and I can open the doors for you.

Right now we are working on an exhibit about ice harvesting in town. If you have any information about how and where ice harvesting happened here, or even better photos or stories of the process, I'd love to hear about it. The other exhibit will be on the Mast Trade. Again any information will be welcome and researchers are invited to help.

Phyllis is still looking for information, photos, personal accounts, or artifacts having to do with Lee schools. I am working on a book about the Native American presence in town. Any help will be appreciated. Jan Allen, President

To receive the E-CRIER via email EVERY WEEK go to www.leenh.org, click on Subscribe to E-Alerts and follow the directions to subscribe. It's that easy! LEE FARMERS MARKET THURSDAYS 3:00 – 6:00 PM <u>CLICK HERE</u> for details

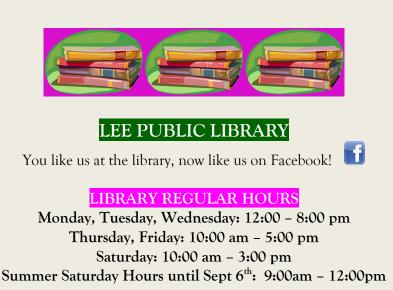


www.facebook.com/LeeFarmersMarket



SAVE THE DATE for the LEE FAIR SATURDAY, SEPTEMBER 6, 2014

Be sure to mark your calendars for the Lee Fair. It is on Saturday, September 6, 2014 at the Town Field. The Trot 4 Kids Road Race will be held in the morning prior to the start of the Fair, ending the Fair will be the Harvest Supper! There is limited vending space so be sure to reserve your space early. Any questions, contact Caren Rossi at 659-6783. See you in September!



CHILDREN SUMMER READING – FIZZ, BOOM, READ!

Registration is ongoing. Stop by and sign up and keep reading levels high all summer! Fun prizes and coupons for free books!

TEEN SUMMER READING - SPARK A REACTION!

Teens entering grades 7-12 may continue to register for our teen summer reading program. Fill out a simple form for each book read and be eligible to win an iTunes card in weekly raffles. Also, ask about Ender's Game.

ADULT SUMMER READING - LITERARY ELEMENTS!

Many of our adult patrons are experimenting with Literary Elements this summer by participating in our Adult Summer Reading Program! We received 26 book reviews last week about the books they are reading. See below to read some of their comments. Reading and reviewing a book is only one of the fun ways to enter the weekly prize drawings. Three winners already!

Book Reviews by our adult summer reviewers - find a new read!

Mr. Mercedes by Stephen King

"King is beginning to mellow out so I found this latest one a sheer delight. A must read for King fans!"

Peace Like a River by Leif Enger

"This is a beautiful book. His use of language is unexpected, insightful and opens up meaning. I loved the characters even the ones who were less than honorable, and they were all well developed and complex. I wished this book would never end."

Longitude by Dave Sobel

"An amazing story of politics, science and personalities that are seen even today! Understandable and easy reading."

The Word Exchange by Alena Graedon

"As much as I enjoy technology and many of the conveniences that it provides, I do worry that it might just cause more problems down the line. This book took some of my worries and ran with them. The characters are interesting, the language is fascinating and I like that there is hope."

We are reading <u>Ender's Game</u> by Orson Scott Card then discussing it on **Monday, July 28TH at 7:00 pm**. If interested in participating in a discussion of this book, please pick up a copy at the circulation desk. Adults and teens are welcome to join in.

Thank you to the Friends of Lee Public Library for encouraging all readers to read by providing fun prizes!

DESIGN A MOVIE POSTER

Tuesday, July 22nd 3:00 - 4:15 pm - Grades 5 - 6

Imagine your favorite book is being made into a major motion picture. The film company wants to create a free-standing movie poster to entice viewers and you've been hired as the designer! Gather the book and your ideas and head to the library where you'll be guided and inspired to begin the creative process. Finish your poster at home and then bring it to the library by Saturday, August 9th where it will be displayed for all to see. Please register.



FOR FAMILIES

Tuesday, July 22nd 6:30 pm – Carol and Crew

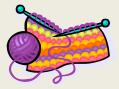
Join us for a fun puppet show with Carol Sanborn and her delightful puppet friends. Please register.



TURTLE ART

Wednesday, July 23rd 3:00 - 4:00 pm - Grades 1 - 4

In this program led by artist, Caroline West, learn about the endangered sea turtle. Then using watercolor and cellophane create a beautiful turtle scene. Please register.



KNITTING FOR 50+

ALTERNATE WEDNESDAYS, NEXT IS JULY 23TH 9:00 AM

A drop-in group will meet at the library. Help is available from instructor, Donna Kay. All levels welcome.

Offered by the Senior Advisory Committee in conjunction with the Lee Library.



STORY TIME! Thursday, July 24TH 10:30 am WILD & WINDY!

You will be all snug and dry as you enjoy songs, books and a craft about wild and windy weather.

BOOK DISCUSSION GROUP



"ENDER'S GAME" BY ORSON SCOTT CARD Monday, July 28; 7 p.m. – Book Discussion – Grades 7 – Adults Ask for a copy of the book at the circulation desk. All are welcome!



KNITTING GET TOGETHER Tuesdays, 6:30 - 8:00 pm

Come and join other knitters for an evening of knitting and socializing. Bring that project you've been meaning to finish and make some new friends.



WANT ANOTHER CHANCE TO WIN A PRIZE?

Stop by and pick up a puzzle to solve and you will be entered into the weekly drawing!

LEARNING EXPRESS LIBRARY TAKE A CLASS THIS SUMMER!

Learning Express offers classes covering Microsoft Word, Excel, PowerPoint, Office and internet use. If you're looking to keep up, stay competitive, or get ahead, you'll need to know how to use today's most popular computer programs and you can do so for free through the library. Visit our website and look for LearningExpress.

MUSEUM PASSES

Summer is a great time to take advantage of the many Museum passes provided by the Friends of Lee Public Library. Call today before summer ends!

Children's Museum of New Hampshire Currier Gallery of Art Isabella Stewart Gardener Museum Museum of Fine Arts Museum of Science Seacoast Science Center Strawbery Banke Boston Children's Museum* Isabella Stewart Gardener Museum* *Please reserve these two passes at the Durham Public Library (868-6699)



TENTS, TABLES AND CHAIRS, OH MY!

Reserve today for your summer event! We have two 10x10 tents, two long tables, two shorter tables and ten chairs to lend!

BOOKWORM DIGEST

Sign up for the Bookworm Digest: A monthly newsletter all about everything going on at Lee Public Library. Send an email to <u>leelibrary@comcast.net</u> to get the Bookworm Digest sent once a month.



Please visit the following link to view the library's ongoing programs: <u>http://www.leenh.org/pages/LeeNH_LibraryCal/?formid=158</u>



FRIENDS OF THE LEE LIBRARY

The Friends of Lee Library is a non-profit organization that supports Lee Library activities through memberships and fundraising. Activities include museum passes, children's vacation and summer programs, and adult educational programs. Thanks to your funding, the Friends of Lee Library will continue to support the wonderful activities! Not a member yet? It's easy – <u>CLICK HERE</u> !



LEE HISTORICAL SOCIETY DID YOU ATTEND A SCHOOL IN LEE?

Phyllis White is still continuing her research on the history of education in Lee. If you attended a One Room Schoolhouse, the Town Hall or Mast Way Schools, or if you are a former teacher or the owner of one of the town's Day Care/Nursery Schools, Phyllis would like to hear from you. She can be reached at 659-2883.



JOIN THE LEE FIRE RESCUE DEPT.

The Department is always looking for new members!

Please stop by the Safety Complex Monday - Friday 8:00 am to 4:00 pm or during one of our training meetings, held on the 2nd and 4th Thursday of each month at 7:00 pm.



EMERGENCY NOTIFICATION SYSTEM

The Town of Lee Police, Fire & Emergency Management will now utilize the emergency notification system known as CODE RED. <u>CLICK HERE</u> for instructions. Please visit <u>leenh.org</u> to sign up!

LAMPREY HEALTH CARE SENIOR TRANSPORTATION PROGRAM

Lamprey Health Care's Senior Transportation program provides rides to essential services for individuals over the age of 60 and/or with disabilities. Our handicap-accessible buses take seniors and adults with disabilities to the grocery store, pharmacy, doctor, or bank! The service is door-to-door. For reservations call 1-800-582-7214 or 659-2424 Monday-Friday, 8:00 am - 4:00 pm. Lee residents are welcome to join us for our weekly shopping run to the Fox Run Mall, Wal-Mart and many other stops. The bus currently picks up at Lee Town Hall at 8:50 a.m. on Thursdays.

Go to <u>http://www.lampreyhealth.org/index.php/patient-</u> services/transportation_program for more information.



CHANNEL 13

Check your local TV channel 13 to view Selectmen's meetings aired daily at 7:00 am; 2:00 pm; 7:00 pm. <u>CLICK HERE</u> for more details on Channel 13. <u>CLICK HERE</u> to view town meetings and videos online through the media site at leenh.org.



MEETING CALENDAR To view the meeting calendar on leenh.org <u>CLICK HERE</u>



DISPOSAL OF PRESCRIPTION DRUGS

A drop-off box is available at the Public Safety Complex for unused and unwanted prescriptions.



WILKINSON FOOD PANTRY Lee Church Congregational 17 Mast Rd

The food pantry is open to **any family** in the Town of Lee. The pantry is open the first and third Monday of each month from 6 - 7:00 pm. If there is an emergency please call the Church office at 659-2861. All visits to the pantry are strictly confidential.

STRAFFORD COUNTY CITIZEN CORPS HEALTH & SAFETY COUNCIL OF STRAFFORD COUNTY

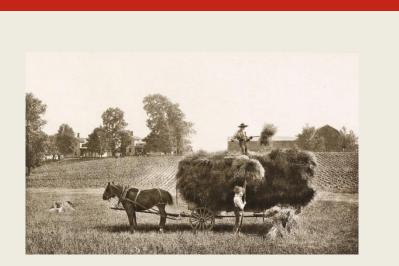
Click below for good information about Influenza. Click on the "Senior" web page link for more information.

http://www.dhhs.nh.gov/dphs/cdcs/influenza/index.htm



Community Action Partnership Pregnant? New Baby? CAP Can Help!

If you are pregnant, know someone who is, or just had a baby, Community Action can help. We have a free Home Visiting program for teens and women age 25 and under. Call CAP's Home Visiting at 603-516-8108 to learn more or visit <u>www.straffordcaporg</u>.



BITS of HISTORY from The NEWMARKET ADVERTISER July 29, 1893

One day last week a young man in the employ of the Graves Bros. was fatally injured while at work in the field, by a rack of hay which he had loaded breaking down upon him. The injury was spinal, completely paralyzing the poor creature. His employers refused to have him carried to the house and he was kept in the field till the Dr. arrived who insisted on his being moved there. But they made such a fuss that finally he was carried to the county farm, where he died the next day. His employers owed him \$20 and in addition they sent in a bill to the town authorities of \$7 for injuries to the hayrack (which was out of repair and the cause of the man's death) and the trouble he caused by being kept in the house a few hours. The young man's name was Charlie Lane. The citizens feel like making it hotter than July sun for these unkind people, as their ire is justly aroused.