TOWN OF LEE, NEW HAMPSHIRE

7 Mast Road Lee, New Hampshire 03861 (603) 659-5414

March 29, 2019

Lee News & Upcoming Events



Glenn A. Knoblock - Photo Credit nhhumanities.org

NH CEMETERIES AND GRAVESTONES

Presented by NH Scholar Glenn A Knoblock Wednesday, April 3rd 7:00 pm Public Safety Complex

Knoblock will tell stories of historical events such as the Great Awakening, the Throat Distemper epidemic, and the American Revolution. He will do this through examination of gravestone rubbings, photographs and slides that illustrate the rich variety of art and history found in neighborhood cemeteries. This NH Humanities Program is free and open to the public. Refreshments will be served. Co-Sponsored by the Lee Historical Society and the Lee Public Library.







2019 BACK YARD FARMING INITIATIVE

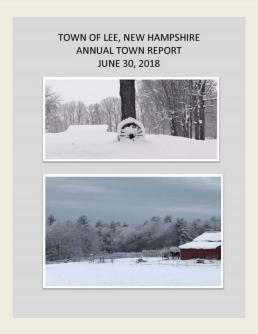
Mondays, April 22nd and May 20th
Jeremiah Smith Grange, Lee Hook Road, Lee, NH 7:00 pm
CLICK HERE for schedule

Marsha Barden, Ret. USDA Wildlife Services, talks about regulations concerning the animals around us. Series moderated by Chuck Cox. Sponsored by the Lee Agricultural Commission, Backyard Farming Initiative, Lee Sustainability Committee and the Lee Public Library. Baked goods by Ruth Eifert, Lee Library Director.

APRIL SELECT BOARD MEETINGS

Monday, April 8th & 22nd Starting at 6:30 pm





CLICK HERE for Town of Lee Annual Report

Hard copies available at Town Hall and the Library

Per Order of the Lee Select Board on March 11, 2019 Pursuant to RSA 41:11, 231:91

On or about March 12th through April 30, 2019 All Class V Roads will be restricted to a maximum of 23,000 lbs. total weight of vehicle and load. Please contact the Lee Highway Supervisor, Steve Bullek at 603-659-6515 for a written exception or questions.



WINTER SAND/SALT MIX

The Highway Garage has winter sand/salt mix available for FREE (5 Gallon Bucket Limit) to Lee residents only.

Note: This is NOT FOR COMMERCIAL USE

Grief and Climate Change

By Jen Messeder



As I go about trying to live an environmentally sustainable lifestyle, I often try to help others learn about things like climate change and the variety of new habits we can adopt to reduce our impact on the planet. The process has always reminded me of "The

Three A's," commonly used in twelve step groups. The Three A's are Awareness, Acceptance, and Action.

First, we have to be aware there is a problem, then we need to be aware of why there's a problem. When we accept the existence and causes of a problem, we can begin to act in ways that can resolve the problem. Simple, yes?

Or maybe no, especially when it comes to something as complex as climate change. I'd guess that most people are aware there is a problem (or at least that some people think there is a problem). But not everyone accepts that there is a problem, or that there's anything we can do about it if a problem does, indeed, exist. Sometimes, this lack of acceptance can turn angry or violent.

As one who wants to encourage and empower useful action, I began to ponder what goes on between awareness and acceptance – why do we get derailed into denial and (sometimes) anger?

That's when bells began to ring in my mind. Denial and anger are the first two stages in the Kübler-Ross model popularly known as the five stages of grief – denial, anger, bargaining, depression and acceptance. Aha! If we want to get from awareness to acceptance, it seems we have to grieve.

But, what are we grieving? Not the devastating loss of a loved one, but the loss of the lifestyle to which we have become accustomed. For generations, we've enjoyed the benefits of a petroleum-powered society. Now, we're being asked to give it up — petroleum is a limited resource that is running out; burning fossil fuels is changing the climate with deadly consequences; plastics are choking the oceans and the animals that live there. No wonder we run screaming, "noooooo, I don't want to change!"

To learn more about grieving, I turned to the internet where I found a modified version of the Kübler-Ross model that includes two additional stages – SHOCK (I'm not sure this applies to climate change), denial, anger, bargaining, depression, TESTING (seeking realistic solutions) and acceptance.

Of course, this isn't totally linear. We go back and forth, up and down the line of emotions as we deal with whatever challenge we're facing. For example, my love-hate relationship with plastics. Plastics are okay if I recycle them (bargaining). Wait, plastics can only be recycled a couple of times before becoming useless and destined for a landfill? I don't want to hear that (denial). Well, facts are facts. It's time to find an alternative to plastic (testing). Argh! Everything comes in plastic! It's hopeless (depression). Companies are so irresponsible, forcing plastics on us (anger).

Yeah, I'm a mess.

But on the whole, I'm an optimistic person, which is why I like the addition of testing to the grieving process. It's a nice zone of experimentation that allows us to get beyond depression without requiring full acceptance. It's where we can try on small new habits to see how it goes.

And as we find new habits that work for us, we start to think, "Yeah, I got this."





Copies of the beautiful <u>2019 Historic Lee, New Hampshire</u> Wall Calendar are still on sale at:

- Lee Town Hall
- Lee Library

Reduced price while supplies last / \$5.00 each.

New Lee Trivia Question!

The answer will be given in next week's Lee E-Crier.

(No prizes – just the satisfaction of confirming how much you know about your town!)

The Week's New Trivia Question: Who was the last - and only - New Hampshire representative to the United States House of Representatives who was born in Lee, NH?

Answer to last week's Lee trivia question: Rob Eggers, born and raised in Lee, NH, was the Director of the 2015 horror film, *The Witch*. Keep an eye out for the release of Robert's newest film, starring Willem Dafoe and Robert Pattinson. *The Lighthouse*, a black and white horror film that Robert Eggers directed - and that he co-wrote with his brother Max Eggers - will be released sometime in 2019.

TOWN OF LEE RIGHT OF WAY POLICY (Including Mailbox Guidelines) - CLICK HERE
APPROVED BY THE LEE SELECT BOARD DECEMBER 17, 2018

SWAP SHOP VOLUNTEERS NEEDED

If you are interested in volunteering, please call Shirley McKeon at 603-659-8163 or email her at smckeon123@aol.com.

SWAP SHOP HOURS & RULES REMINDER

Swap Shop open on Saturdays only 7am-4pm until further notice.

SUMMARY OF RULES

There's a 15 minute time limit. * If you cannot use it then do not take it * If an item has a bulky fee then it must be paid. CLICK HERE for Bulky Fees * Large items such as furniture or mattresses & broken or hazardous items are not accepted * Dumping is prohibited. Security cameras are installed. Do not be the first to get charged.



LEE FIRE RESCUE DEPARTMENT SEEKING CALL FIREFIGHTERS AND EMTS

CLICK HERE for more information

BACKYARD BURNING QUICK GUIDE
CATEGORY I & II FIRE SPECIFICATIONS

CLICK HERE for March Safety Educator **CLICK HERE** for March One Stop Educator

FIRE DEPARTMENT FEE SCHEDULE

Please <u>CLICK HERE</u> for the Fee Schedule
Please <u>CLICK HERE</u> for the Permitting Checklist and Reference Guide



LEE FIRE & RESCUE DEPARTMENT

20 George Bennett Road Lee, New Hampshire 03861 (P): 603.659.5411 (F): 603.659.9611



Jeffery S. Liporto Deputy Chief

Scott M. Nemet Fire Chief

TIMELY TOPICS FOR THE SPRING SEASON

With spring approaching your fire department would like to remind everyone to consider these recommended safety practices.

- The Fire Department recommends that you change the batteries in all smoke detectors and carbon monoxide detectors. There should be at least one smoke and carbon monoxide detector on each level of your residence. If you would like suggestions on where to place smoke detectors you may call us here at the fire station and we would be glad to come to your home to help.
- Check your fire extinguishers to make sure they are fully charged and ready for use.
- Clean out your dryer vents to prevent dryer fires.
- Keep your outdoor grill clean and maintain the burners and gas lines to prevent grill fires. Keep
 your grill away from your house and out from under overhangs and decks when in use to
 prevent grill fires from spreading to your home. Keep a fire extinguisher nearby in the case of
 grill fires.
- If you have severe allergies especially to bees, wasps and hornets make sure your epi pen is up to date and available for immediate use in time of need. As the weather becomes warmer bees, wasps and hornets will become more active.



CLICK HERE for NH BURN PERMIT RULES AND REGULATONS

WHEN SECONDS COUNT...

Can the Police, Fire, or Ambulance find your home when you need them for assistance with an emergency? Can they find it at night? Can they find it during a snowstorm?

Having your name and number on a mailbox is just not enough. Some mailboxes are clustered together. The numbers are small and the location may not mark the entrance to your driveway.

The Lee Firemen's Association, in a joint effort with the Lee Fire Department, has started a program to install reflective house number signs at driveway entrances to assist all emergency responders in locating your home in a time of need. The cost for each sign with a post is \$30.00 and it will be installed by the Lee Firemen's Association.

Please take the time NOW to SAVE TIME in an EMERGENCY CLICK HERE for Reflective House Number Sign Request form





POLICE NOTICE

In a follow up to the request that residents properly number their homes, <u>CLICK HERE</u> for the Ordinance that applies. The Lee Police will be compiling a list of homes that are not complying with this ordinance and make contact with the homeowners in hopes of getting everyone in compliance which will make it easier to locate a residence in times of an emergency.

SCAM! SCAM! SCAM!

Please do not become a victim. WHEN IN DOUBT, DON'T GIVE IT OUT.

An old scam has resurfaced. Residents are being contacted by "Publisher's Clearing House" about having won the jackpot. The stipulation is that the resident must pay \$7,500 in advance. This is a scam. You will never have to pre-pay the "FDIC" for your winnings.

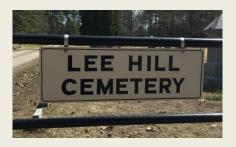
IMPERSONATION OF A SOCIAL SECURITY ADMINISTRATION EMPLOYEE

We sometimes receive reports where individuals have been contacted by someone pretending to be an SSA employee. The intent of this type of call is to steal your identity and/or money from your bank accounts. The caller generally asks you for personal information such as your Social Security number, date of birth, your mother's maiden name, or your bank or financial account information. The impersonator may state that "the SSA computers are down" or may refer to enrollment in the Medicare prescription drug program. It is possible that an SSA employee may contact you to follow-up on a previous application for SSA/Medicare Part D benefits or to follow-up on other business you initiated with SSA. If you are unsure as to the authenticity of someone who claims to be an SSA employee, please call SSA's toll-free number, 1-800-772-1213, to verify the reason for the contact and the person's identity prior to providing any information to the caller.

If you wish to report a call from someone you suspect is impersonating an SSA employee, please provide us with the following details:

Caller's alleged name, telephone number, time and date the call was made, information requested by the caller and any other identifying information or details about the content of the call. Please note that there are also "robocalls" from people claiming to be from the Social Security Administration.

Eversource Energy and NH Public Utilities Commission News Release CLICK HERE To Read About How to Avoid Becoming a Victim in 2019



The Lee Hill Cemetery is closed for the winter.

The cemetery may be accessed by foot through the open gate.

LEE CEMETERY RULES

CLICK HERE for Rules



READY RIDES offer free rides to medical appointments for residents 55+ and those who are disabled and unable to drive. They serve Lee, Barrington, Durham, Madbury, Newmarket, Northwood, Nottingham and Strafford. Please call Meri Schmalz at 224-8719 or email info@readyrides.org with questions or go to https://readyrides.org/ for details. **Volunteers from Lee are needed!**



WILKINSON FOOD PANTRY
Lee Church Congregational
17 Mast Rd

The food pantry is open to **any family** in the towns of Lee, Durham, Newmarket and Nottingham. The pantry is open the 1st & 3rd Monday of each month from 6 - 7:00 pm. If there is an emergency please call the Church office at 659-2861. All visits to the pantry are strictly confidential.



A drop-off is available at the Public Safety Complex to the left of the front entrance for unused and unwanted prescriptions.

LEE TOWN COMMITTEE AND COMMISSION VACANCIES

The Solid Waste Advisory, Energy, LRAC and Sustainability Committees have immediate openings to be filled. If you are interested contact the Town Secretary Denise Duval at 603-659-5414 or email dduval@leenh.org. CLICK HERE for Application.

COMMITTEE, COMMISSION & BOARD MEETING CALENDAR

Go to www.leenh.org/Pages/LeeNH MeetingsCal/?formid=158

LIBRARY CALENDAR

Go to http://leenh.org/pages/LeeNH LibraryCal/?formid=158

Lee Public Library



Monday, Tuesday, Wednesday: 12:00 – 8:00 pm Thursday, Friday: 10:00 am – 5:00 pm Saturday: 10am – 3pm



DROP-IN TECH HELP Wednesdays 4 - 6pm

We offer a range of services to help you become tech savvy. Come to a free drop-in tech help session! Drop-In Tech Help sessions are

held at the library on Wednesday afternoons from 4 PM to 6 PM. No appointment is required. All you need to bring are your technology questions/problems and any relevant devices.

You can get started with these <u>online tutorials</u> provided by Universal Class to get comfortable using basic technology and digital resources. You can also get help with online job searches, resumes, cover letters, completing forms, learning basic computer skills, and more <u>here</u>.

*Please note that Drop-In Tech Help is meant to provide basic technology help. Please bring any devices that you have questions about. Please bring any relevant login information (e.g. usernames and passwords) for any accounts related to your questions. This is a drop in session and multiple people may show up. Sessions may be limited to 15 minutes per patron when demand is high.



ADULT BOOK DISCUSSION GROUP Monday, April 8th "Killers of the Flower Moon" by David Grann

"A masterful work of literary journalism crafted with the urgency of a mystery. . . . Contained within Grann's mesmerizing storytelling lies something more than a brisk, satisfying read. *Killers of the Flower Moon* offers up the Osage killings as emblematic of America's relationship with its indigenous peoples and the 'culture of killing' that has forever marred that tie." —*The Boston Globe*



BOOKS ALIVE Tuesdays 3:30 pm

Join our interactive after school story program that joins reading, movement, hands-on learning and creativity to bring books to life. There will be snacks. This program is geared for grades K-4 and meets after school on Tuesdays. All children ages 5-10 are welcome. **Call to Register.**



STORY TIME Thursdays @ 10 am

Reading, crafts, puppets, music and more. Who knows where next week's adventures may take us? Large groups and families welcome.



LEGO CLUB Fridays 3:30 - 4:30 pm

Back by popular demand, Lego Club will meet on Fridays to build with the library's large Lego collection. Students may take the bus 31 from Mast Way School. Those riding the bus need to register for this program. Space is limited to 10 on the bus and up to 20 in the program.



Knitting for 50+

1st & 3rd Wednesdays 9 am

April 3rd & 17th

Help is available from instructor Donna Kay. All levels welcome.



GOVERNOR & EXECUTIVE COUNCIL MEETING WEDNESDAY, MARCH 27, 2019

<u>CLICK HERE</u> for the Minutes

Next Governor & Executive Council Meeting

Wednesday, April 17, 2019 10:00 am

Executive Council Chamber at the State House Concord, NH



CLICK HERE for Your Estuaries Partnership News for March 2019



CLICK HERE for March e-News!



CLICK HERE for March Legislative Update

NH Extension Pruning Demonstrations Various Dates and Locations

There's nothing more satisfying than picking fruit at peak ripeness from your home orchard. With some work and know how, New Hampshire homeowners can grow a wide variety of fruits at home, including dozens of varieties of apples, pears, sour cherries, peaches, blueberries, grapes, and brambles (such as raspberries and blackberries).



One of the most important annual tasks for the home fruit grower is pruning, which UNH Cooperative Extension recommends for the early spring. When pruning isn't done right, year after year, fruit trees and small fruits often produce lower yields with lower quality fruits and are more prone to fungal diseases.

Springtime demonstrations are an opportunity to learn from experts in person and in the field. From the novice home gardeners to experienced fruit growers looking for a refresher, attending a demonstration close to you is an opportunity to network and learn proven, research-based techniques for pruning and grafting. Demonstrations also cover topics including tools, fertility, and pest control.

To find a pruning demonstration near you, click here.

UNH Spring Greenhouse Open House Friday & Saturday April 5th & 6th 9:00 am – 4:00 pm UNH Macfarlane Research Greenhouse

Come learn about home gardening, landscaping, current research, and other growing information at the University of New Hampshire Spring Greenhouse Open House at the Macfarlane Research Greenhouses Friday, April 5, and Saturday, April 6, 2019. The greenhouses will be open from 9 a.m. until 4 p.m. both days. The event is free and open to the public.



For full details, click here.

Oyster River Cooperative School Board News

ORHS graduation for the class of 2019 has been set for June 7^{th} .

The Board also endorsed distribution of a commentary on guns in school. The Board is in favor of legislation prohibiting all but police officers and first responders from bringing guns on to school property. To date the commentary has appeared in five New Hampshire papers.

In district elections on March 12th, at-large Board members Tom Newkirk and Kenny Rotner were re-elected unopposed. The 2019-2020 budget was approved 68% to 32%.

NH – DURHAM JOB & RESOURCE FAIR

Wednesday, April 3rd 6:00 pm – 9:00 pm UNH, Granit State Room, MUB, Durham CLICK HERE for Employer Registration Form

THE 3RD ANNUAL MARINA'S MILES 5K RUN/WALK

Saturday, April 6, 2019 ORHS Durham

Race Day Registration 8:30am \$30; Online Pre-Registration \$25

Come in PJs or a costume on Race Day and run for just \$15!!

For all registrants...Free lunch! Free chances for door prizes! Free massages available! Free t-shirts (first 250 registrants)! Free coffee!

The event raises money for a college scholarship in memory of Marina Slavin to be awarded to an Oyster River student. Marina was an Oyster River High School graduate, UNH student, NH state champion runner, and most importantly, a person who loved people from all walks of life and loved life. She died from a heart infection (her heart was too big) in 2013 at the age of 20.

A fun, family-friendly, community event! Come remember a treasured member of our community, support education for our youth, and have fun!

To pre-register, visit www.Racewire.com or www.MarinasMiles.org or register at the race. To donate to the scholarship fund, visit www.MarinasMiles.org or mail a check made out to Marina's Miles to 10 Burnham Ave, Durham, NH 03824.

SELT'S ANNUAL WILD & SCENIC FILM FESTIVAL

Friday, April 12th 7pm
The Music Hall, Portsmouth, NH
\$20 General Admission

14 Short Films showcasing the environmental concerns and celebrations of our planet. <u>BUY TICKETS</u> at the Music Hall Box Office, SELT or <u>TheMusicHall.org</u>.



9TH ANNUAL SEACOAST VETERANS CONFERENCE

Saturday, April 13th 8:30 am – LUNCH <u>CLICK HERE</u> for flier

If you are a Lee Resident in need of assistance with a Veteran's issue then the Lee Memorial VFW Post 10676 may be able to help.

This post serves the communities of Lee, Durham, Madbury and Newmarket and has Service Officers who can help folks with just about any Veteran's related issue. At the State level they have a seat on the SVAC (State Veterans Advisory Committee) and are linked with tens of other non-profit Veterans organizations that provide a host of services. Please contact Andy Corrow, Commander, VFW Post 10676, at 603-397-9267 or vfwpost10676@yahoo.com if you need assistance.

TRANSFORMING CONSERVATION LAND INTO WORKING FARMS

Tuesday, April 16th 5:00 pm – 7:30 pm Brentwood Community Center CLICK HERE for flyer





WELL WATER TESTING BROCHURE FOR RESIDENTS

CLICK HERE for NHDES Brochure

CLICK HERE for NHDES Letter



TRAINING FOR PRIVATE PESTICIDE APPLICATORS

CLICK HERE for more information

McGregor EMS Volunteers Needed

McGregor EMS is currently seeking both Medical and Non-Medical Volunteers. Those interested may email membership@mcgregorems.org. To learn more about this great service CLICK HERE!

PENNICHUCK CORPORATION'S ANNUAL MEETING

Saturday, May 4th. 2019 9:00 am

DoubleTree by Hilton, 2 Somerset Parkway, Nashua, NH

<u>CLICK HERE</u> for NOTICE

<u>CLICK HERE</u> for Annual Meeting PROXY MATERIAL

<u>CLICK HERE</u> for Annual Report

CHECK OUT MAPGEO HERE

A GIS Collaboration between the Strafford Regional Planning Commission and Lee bringing basic GIS (Geographic Information System) technology to your fingertips. GIS map data is now displayed on the MapGeo website. The site allows residents to search for tax map info, as well as view several different overlay layers.



To receive the E-CRIER via email every week go to www.leenh.org, click on Subscribe in the left hand column & follow the directions to subscribe. It's that easy!

ATTENTION!

If you do not have the internet please come to Town Hall for a **<u>printed copy</u>** or go to the Library to view it there. If you cannot leave your home please call Town Secretay Denise Duval at 659-5414 to have it mailed!