

JOINT LOSS MANAGEMENT COMMITTEE

MINUTES OF MEETING

JANUARY 12, 2010

Members Present: Rob Hebert, Jodi Pinard, Steve Agrafiotis, Phil Arnone, Diane Boyce, Lee Ann Chase

Also: Carol Granfield

The meeting began at 1:30. Rob Hebert motioned to accept the minutes from the meeting held on November 10th, second by Phil. All in favor.

Diane explained to the Committee that part of the reason Carol was in attendance was that the Council had stated that they supported the health insurance premiums this year but wanted to see employees actively trying to get healthy and using the programs available to us. There was a discussion on having an injury free drawing for time off in Town. Carol thought that it could be done on a quarterly basis. Carol suggested that we do a promotion "Hooksett Gets Healthy" in which employees can get information on eating healthier and exercising. The gym will be available during the day for walking and Carol will be putting information in this week's checks. There was discussion on how if we publicize the "Hooksett Gets Healthy" theme, that maybe we might have some local vendors who would like to promote their businesses with some physical activity demos or healthy food samples. Carol will check with Dave Dickson about getting some banners to promote the "Hooksett Gets Healthy" program.

Jodi had an idea about a weight loss program. "Biggest Loser Challenge" has a promotion right now that would give \$1.00 per every pound that is lost for the local food bank. Jodi volunteered to check into it and see if the money could go to the Hooksett Food Pantry. There was a discussion on how we could use the scale at the Transfer Station and possibly break up into teams to promote working together.

The Joint Loss Management Committee will inspect the Highway Department building sometime in the spring.