



Tri-Town Domestic Violence Task Force TRIATHLON

Sunday - June 5th 2016

Lake Siog Recreation Area - Holland Massachusetts
Pond Road [off Dug Hill Road]

Swim 0.50 Mile, Bike 11 Miles, Run 3 Miles

Awards are given to the top three finishers in each age group and in the Clydesdale and Athena divisions. All three members of the top male relay team, top female relay team, and mixed relay team also receive awards.

Registration and Entry Fees:

\$75 Individual - \$95 relay team

\$10 Late fee for race day registration

\$15 Single day USA Triathlon license

Packet Pick up

6:30 AM to 7:45 AM

Pre Race Meeting

8:45 AM at the swim start on the beach

Proceeds to benefit the Tri-Town Domestic Violence Task Force which proudly serves the citizens of Brimfield, Holland and Wales.

Sponsored by the Holland Police Department and F.I.R.M. Racing.



For more information please visit the F.I.R.M. Racing website <http://www.firm-racing.com/>

