

VILLAGE OF HASTINGS ON HUDSON GUIDE TO SENIOR PROGRAMS AND SERVICES





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HEALTH AND HOUSING

Andrus on Hudson

185 Old Broadway
Hastings on Hudson, NY, 10706
Short-term Rehabilitation, Skilled Nursing Care
as well as Hospice Care
Betsy Biddle Executive Director
(914) 478-3700 ext 606
bbiddle@andrusonhudson.org

St. Cabrini Nursing Home

115 Broadway
Dobbs Ferry, NY, 10522
Skilled Nursing and
Home Health Care
Maureen Iocano Director of Patient Services
693-6800 ext 550

Community Hospital

128 Ashford Avenue
Dobbs Ferry, NY 10522
(914) 478-3700
Services of Social Worker
Nancy De Francesco 693-0700

St. Johns Riverside Hospital

967 North Broadway
Yonkers, NY, 10701

Echo Hills Community Counseling Center

Flexible appointment schedule, sliding scale fee.
All insurance accepted
Leonard Malter PhD 478-0633

Bereavement Center of Westchester

Offers peer support and counseling for those suffering
from the death of a loved one
961-2818

Project Time-Out

Respite for Caregivers of Seniors. Can assess family
needs and place at home assistance and referrals to
services on a sliding scale fee.
Valerie Rissman, LMSW Coordinator
(914) 761-0600 ext 344

Mercy College Speech and Hearing Center

555 Broadway
Dobbs Ferry, NY, 10522
Evaluation and treatment of speech, language and
swallowing, and hearing disorders.
(914) 674-7742

Better Living with Vision Loss

Vision rehabilitation services designed to restore the
functional abilities, independence, safety and quality
of life for people who are blind or partially sighted or
suffering from diminished vision from disorders like
glaucoma, or macular degeneration
Lighthouse International (212) 821-9235

Adult Daycare

Half and full day programs throughout Westchester to
offer supervised recreation, nutrition, and socialization
Transportation can be provided.
Senior Outreach 478-2586

Hospice

Jansen Memorial Hospice: End of life comfort care
for severe illness with 6 month or less prognosis. Can
manage pain, address spiritual needs, and offer coun-
seling and support for patients and loved ones. Cov-
ered by Medicare and most insurance.
Diana Diaz-Serafin: Director of Hospice Services
(914) 961-2818 ext 374

Meals on Wheels

Home delivered mid-day meals providing 1/3 of daily
nutritional needs.
(914) 693-8997

Caregiver Support

Westchester Chapter of the Alzheimer's Association
will conduct a support group for caregivers of loved
ones with dementia and other related illnesses. 1st
and 3rd Friday of each month from 10:00-11:00 AM
at the Community Center. Check calendar on line for
changes or call
478-2586

Parkinsons Support

201 Farragut Avenue
Phyllis Richter 478-0731

TRANSPORTATION

Older Driver Family Assistance Program

Offers resources for driver safety, help for families
facing painful decisions about driving and transporta-
tion alternatives.
(914) 245-2094

TRANSPORTATION CONT. FROM PG. 2

Recreation Bus: The village of Hastings Recreation Bus provides transportation daily to the Dobbs Ferry Nutrition program, twice weekly shopping and all recreation programs. Call for reservation 478-2380 press "0"

Metrocard Reduced Fare ID Card

Available to people aged 65 and over automatically deducts discounted senior fares on Bee Line, Express Bus to Manhattan (off peak only), and NYC transportation. Free transfers are available to those using the metrocard. Applications can be made at the Westchester County Center

Senior Bus

Offers air -conditioned 16-28 passenger seating with rates as low as \$3 per person for transportation to places of interest in New York Connecticut and New Jersey. Advanced reservations are required and dates are subject to availability. Westchester County office (914) 813-6001

Wheelchair Accessible Van

Equipped with Hydraulic ramp, and holds 2 wheelchairs and 2 additional riders with assistance from door to door. Can travel to places of interest in New York, Connecticut and New Jersey within a 1 ½ hour travel time from White Plains for shopping museums entertainment and sporting events. Westchester County Office (914) 813-6001

Rivertowns Taxi

Offers point to point transportation within the Village of Hastings for \$2.50 each way for senior citizens 10:00 AM- 2:00 PM. 478-2222

Paratransit

Beeline offers curb to curb service by appt to persons whose disability prevents them from making it to a local bus stop. Requires a detailed application process to determine eligibility. Applications are available from Senior Outreach. 478-2586

FISH

Medical transportation available through "Friends in Service Helping" Hastings seniors can request transportation to medical appointments Nancy Balaban 478-0688

EDUCATION AND CULTURE

Dorot's University without Walls

(UWW) Connects seniors with classes, support groups, and holiday celebrations over the telephone by conference call. Classes run for 50minutes and meet for up to 12 weeks. For more information call (877) 819-9147.

"Cyberseniors"

Classes in basic computer skills for seniors taught in the high school by members of the Hastings High School Technology Club. Class sessions run in fall, winter, and spring and are held on Tuesday afternoons (dates to be determined before each session) between 3:00 and 4:00 PM. Transportation is available. For more information call Senior Outreach 478-2586.

Hastings Public Library

All library resources, special programs, and volunteer opportunities. Call Susan Feir 478-3307 Friends of the Library Carol Barkin 478-0612

Inter-Village Continuing Education

Classes, programs and trips held at locations throughout the Rivertowns. Contact Julie Fraitag (914) 693-6300 X2224

Rivertowns Arts Council

Creative art programs for all ages. Sandra deNovellis or Maxine Sherman 478-8678

Hastings Historical Society

Programs, archives, publications, events and volunteer opportunities. Call Barbara Thompson 478-0727

Westchester Center For Creative Aging

Resource for and directory of senior artists and arts programs for seniors. Call Karen Brinn (914) 720-6969

Hudson River Museum: Seniors & the Art

Every other Wednesday at 1:30 PM \$1.50 museum admission Seniors & the Arts days only. Members museum admission, free, \$1.50 program fee. \$1 Members program fee. Free refreshments follow each program. 10% discount in the Museum Shop. 511 Warburton Ave, Yonkers, NY www.hrm.org (914) 963-4550

VILLAGE GOVERNMENT

Hastings Ambulance Corp.

First aid & Hospital transport
478-0261

Hastings Fire Department

Emergency Help 911, Fire safety, & smoke alarm
inspection Fire Chief Jeff Bannon
478-1322

Hastings Police Department

Emergency Help 911, Security, & crime prevention:
Lt. David Bloomer
478-2344

Parks & Recreation Department

Transportation for Hastings seniors All programs,
Nutrition Center, and shopping Raymond Gomes
478-2380

Senior Outreach Worker

Information, assurance, assistance and resource refer-
ral for housing, insurance, Medicare, Social Security,
home assistance, nutrition, recreation programs and
other matters relating to seniors in Hastings.
Jenny Murphy, senioroutreach@hastingsgov.org
478-2586
Hours: Tuesdays Wednesdays and Thursdays
10:00 AM- 3:00 PM

Village Government

Tax exemptions & village services
Wm. Lee Kinnally, Jr., Mayor
Fran Frobel , Village Manager
Susan Maggiotto, Deputy Village Manager
478-3400

Hastings Senior Council

Mayor appointed advisory committee to develop and
coordinate services that help meet the needs of the
Village's older residents.
Jack Gavin (Chair) jgavin2020@optonline.net
478-0130
Eleanor McGinagle 478-3616
Anne Schnibbe 478-1712
Patricia Bloom patriciabloom@optonline.net
478-5659
Walter Stugis walter5454@otponline.net
231-9125
Trustee Liaison: Danielle Goodman
goodman10706@yahoo.com 478-7302

YES (Youth Employment Service)

Provides student helpers as well as jobs for seniors
seeking employment. Hastings High School Jill Iturbi
478-6266

SERVICE ORGANIZATIONS

American Legion

Hospital visits to senior veterans
Jack Gavin 478-0130

Hastings Schools District

Seniors & students activities
David Hayes 478-6206

Mother's Club

Support Rosary Hill, Ambulance Corps, help needy ,
host fundraisers.
Susan Winn 478-2119

RSVP (Retired &Senior Volunteer Program)

Hillside sewing project 478-2586
Andrus Volunteers
Dorota Odedina: Director Community Life
478-3700 ext 650

Quad-Village Rotary

Senior picnic, Pancake Breakfast, Cabrini bingo
Tom Minozzi 478-1188

Southside Club

Facilities available to seniors groups
Bill "Otto" Otivich 478-4122

VFW

Services for senior veterans
Vince Petrecelli 693-4797
Beatrice Gorman Auxiliary, VFW
Eleanor McGinagle 478-3616

Westchester Eldercrafters

Workshops open to people 55 or older. Participants
make hand crafted items that are sewn, crocheted or
knit and donated to daycare centers in Yonkers. To
register call:
Liz Curtin (212) 319-8127

Medicare Rights Center

Advocates and assists people with Medicare through
education, enrollment projects, communications, and
public policy efforts www.medicarerights.org
Hotline: (800) 333-4114

AARP Income Tax Assistance

Free help with income tax preparation starting in February and continuing through mid April. Call Senior Outreach for locations and schedules
478-2586

ACTIVITIES AND PROGRAMS**Busy Bees**

Gather with seniors for bingo, refreshments socializing and trip planning September-June Mondays
1:00-4:00 PM

Senior Canteen

Gather with seniors for bingo, refreshments and socializing September-June Thursdays 1:00-4:00 PM

Dobbs Ferry Nutrition Center

Daily nutritious lunches and socializing with games, activities and seasonal parties. Call at least a day in advance for reservation
693-0787

Shopping Schedule

Trips arrive at 11:00 AM and return at 1:00 PM 1st and 3rd Tuesday: Shoprite Tuckahoe Rd.
2nd and 4th Tuesdays: A&P Odell Avenue
5th Tuesday Stew Leonard's
Wednesdays: Central Ave, Cross County, and Greenburgh Schedule available at Dept of Recreation

Line Dancing

Free fitness program September-June
Call for schedule
478-2380

Yoga

Free fitness program suitable for all fitness levels, participants can use chairs. Call for schedule
478-2380

Cyberseniors

Free computer lessons Tuesdays 3:00-4:00 PM
September– May Call for dates
478-2586

Senior Aquatics

Indoors at the Andrus Children's Home, fall through spring For details call Angela Reeve at 478-4802

Senior Swim at Chemka Pool:

Monday through Friday 11:30 AM-12:30 PM during July and August special time reserved just for residents 62 and over. Membership required
478-2380

Aquatones

Water fitness program for residents 62 and over. Free to pool members, program fee for non members.
478-2380

RELIGIOUS ORGANIZATIONS**First Reformed Church of Hastings**

18 Farragut Avenue
Visitation for homebound
Rev. P. Okke Postma 478-1560

Grace Episcopal Church

78 Main Street
Visitation to homebound
478-1779

North Yonkers Community Church

9 Broadway
Rev. Paul Aquavella 478-3110

St. Matthew's Lutheran Church

7 Farragut Avenue
Senior Bible Study & Home Visitation
Nancy Gagliardi 478-1071

St. Matthew's Roman Catholic Church

616 Warburton Avenue
Shop & cook for needy, visitation
Rev. Matthew Fernan 478-2822

Temple Beth Shalom

740 Broadway
Support senior members
Rabbi Edward Schechter &
Laurette Schechter 478-3833

The First Unitarian Society of Westchester

Old Jackson Avenue
Rev. David Bryce 478-2710