CITY COUNCIL MEETING AGENDA ITEM III



September 2, 2014 City Council Meeting

Subject: Presentation by Lori Shibinette, RN, NHA concerning the creating of

communities for Senior Citizens

Attached is a summary of Ms. Shibinette's presentation.

Franklin City Council

Affordable Elderly Housing: Building a Community within Our Community Lori Shibinette RN, MBA, NHA

Executive Summary

Thank you for an opportunity to speak with you. As a representative for the County of Merrimack, we are inviting our constituents and our partners at local government to assist us in our vision to create communities for our senior citizens. These communities empower our seniors to thrive independently by creating an integrated model involving friends, families, neighbors and social support systems. These communities are not only a model that supports quality of life for seniors but will become a necessity as our overall population ages.

Population Health

The County of Merrimack is legislatively obligated to pay for elder long term care services through the State Medicaid Program. The County is moving to a model of managing population health of seniors prior to accessing services. This proactive model impacts services on all levels of government. The goals of the County include:

- Keeping seniors in their community longer.
- Create a model that allows seniors to access affordable housing
- Create a model that allows seniors to access health care services in the least restrictive and least expensive environment.
- Create a model where senior citizens live among age appropriate peers. This community acts and responds as a community, assisting each other and balancing strengths and weaknesses of individuals.

Data

- In 2010: 14% of the population in Merrimack County was over the age of 65. (20,440 individuals)
- In 2030: 27.5% of the population in Merrimack County is projected to be over the age of 65. (40,150 individuals)
- It costs over \$100,000 annually to reside in a nursing facility. Long Term Care Medicaid not only supports the poorest members of our community but also the middle class due to the cost of long term care health services.

Progress

The County of Merrimack has developed a **conceptual** model and design of senior housing that does the following:

• Targets specifically the over 55 population.