



Long Range Planning Advisory Committee (LPAC+)

Wednesday, March 8, 2012 Minutes

Attendance:

Name	Present	Name	Present	Name	Present
Rebecca Casey	√	Bud French	√	Hugh Coxe	-
Paul Bergkamp	√	Kurt Klebe	-	Jim Thibodeau	-
Steve Hendry	-	Sandra Lipsey	√	Julie Motherwell	√
Rachel Reed	-	Sam Rudman	√	Steve Walker	√
Claudia King	√				

Council Liaison: Tony Payne

Staff present: -

Others present: Larry Gross, Executive Director of Southern Maine Area on Aging

The meeting was called to order by Sam Rudman at 7:02 PM.

1. Minutes

The minutes of February 8, 2012 were unanimously approved.

2. Draft Housing Chapter Review

We began with a discussion of the Housing Chapter led by Steve subcommittee. The conversation focused on what was written so far, needs relative to the aging population and work force housing issues.

3. Population Discussion with Larry Gross, Executive Director of Southern Maine Area on Aging

At 7:30 our guest, L. Gross, Executive Director of Southern Maine Area on Aging presented information that he thought relevant to the Falmouth Long Range Plan.

Key ideas he listed were:

- Seniors are living independently longer.
- Adult Day Care will be a greater need; more adults with dementia will live longer at home but day care will be needed to bring relief to the care giver.
- Falmouth is 1st in Cumberland County with the highest percent population of adults over 75. That population will grow 60% from 2012 to 2020. How will the town respond

to this age wave? What recommendations should the long range plan make in the face of this significant increase in this population in our town relative to the whole county? What comments need to be included that assures our town supports livable communities for all ages?

Two publications mentioned are:

- Assessing Your Community's Ageing Readiness, which includes a checklist that could be helpful to our committee, and
- Blue Print for Action: Developing a Livable Community for all Ages published by the Aging Services Committee of Scarborough.

One alternative for senior living, home sharing, is emerging. It has an "E Harmony" component that has not yet been worked out. It also may require zoning so that single family houses can be shifted to multiple family homes to encourage this alternative that keeps people in homes rather than senior living facilities.

Another option, Adult Family Care Homes, is an alternative to senior care in a different kind of housing than we traditionally imagined.

We should think about what it is that our population is going to need as it ages. What are the right things towns are doing to prepare for an increase in their senior populations? This includes: zoning, density issues, age restricted housing, minimum lot size, smart living issues. What will make our community a "livable community" as our population ages?

At this time, Tony Payne excused himself to attend another meeting. Before he left, he asked that the LPAC+ committee include in its plan recommendations for the future of Route 1 from Clearwater to Bucknam Road. Do we want to increase density in that area? If so, what does it look like?

Other ideas our guest speaker asked us to contemplate:

- Independent Transportation Network, where seniors are picked up and taken to local stores to get their needs met.
- Changing taxi medallion regulations so that short hop transportation could be provided within town regulations.
- Group service plans (The Beacon Plan) where people share in the cost of services, i.e. snow shoveling, food shopping, in order to reduce costs, obtain the services needed, and make it possible for some seniors to stay in their homes longer.
- Older people will work longer. People who work longer are healthier. What needs to change so that Falmouth encourages older workers in the work force? What Business Community partnerships can be encouraged such as job sharing or more part time work, to help people work longer in Falmouth?
- Easy Adventures: How can the senior population have a meaningful role in the community? Some can be tour guides and engage younger residents to explore our town. Others can create experiences for seniors. How can we leverage the community service component of the high school curriculum to create useful services that are local and serve this emerging senior population?

- Public Safety: What changes need to be made to things like lighting or signs so that senior needs can be met?
- 65+ Work Group: What can the town do to get seniors to do the thinking to create the programs that are relevant to seniors?

The committee expressed its gratitude for all of the ideas expressed.

4. Next meeting

LPAC+ will meet again on March 22 at 7:00 PM.

The committee agreed on the following organization for our next meeting: Each of the three sub committees will select one chapter to present at our next meeting. One sub committee member will be in charge of the presentation, but the committee will identify and present to Theo in advance of the meeting three questions they want the entire committee to think about prior to the meeting. We agreed that the focus of these presentations would be on the recommendations that LPAC+ would make in the final long range plan. Each sub committee led conversation would last 30 minutes. The final 30 minutes will focus on public participation in moving the draft long range plan into its final form.

The meeting was adjourned at 9:10 PM.

Draft minutes prepared by Sandra Lipsey, March 15, 2012
Rev. April 2, 2012