FAIRHAVEN COUNCIL ON AGING BOARD MEETING MINUTES SEPTEMBER 12, 2016

The meeting was called to order by Lindsay Gordon at 9:07am.

Review of July 2016 minutes (August meeting was cancelled): No Changes. Motion to accept July 2016 minutes was made by Jerry Brecken and second by Francis Cox.

TREASURER'S REPORT:

COA:

COA Expenses: \$11,937.88 YTD Expenses: \$20,730.11

Remaining in Budget: \$153,284.89

SOCIAL DAY:

Social Day Expenses for the month of August 2106: \$6,582.66

YTD Expenses: \$22,253.10

Revenue for the month of August 2016: \$17,248.50

YTD Revenue: \$36,771.50 RRFA Account: \$132,356.80

Motion to accept the treasurer's report made by Francis Cox and second by Jerry Brecken.

OLD BUSINESS:

The Formula grant was completed and sent to the EOEA August 1, 2016.

The COA Bylaws were updated in July by Joe Borelli and accepted by the selectmen in August.

NEW BUSINESS:

The Veteran's Day celebration will be held at the senior center on Wednesday, November 9, 2016. It is sponsored by Southern Mass Credit Union.

Sally Burke, the new activity director for the Supportive Social Day Program, started on August 24, 2016.

OTHER BUSINESS:

Warren Rensehausen, member of the Wellness Committee of Fairhaven, provided the board with information about a fitness station the Wellness Committee is looking into installing on the grounds of the REC/ COA. The station is built on a solid rubber surface. There will be 3 workout stations (balancing steps, arm strengthening and stretching bars). The approximate cost of the project is \$31,000.00. The Committee will be applying for a grant from the Community Preservation, however 1/3 of the grant money must be matched. The Wellness Committee has \$5,000.00 from a grant that will be applied to the match. Since the workout station will be of benefit to seniors of the community, Lindsay Gordon, Fairhaven COA Vice Chairperson, motioned to apply to the match \$5,000.00 from the COA gift account and Francis Cox second the motion. Board members agreed unanimously. The workstation will be located behind the senior center close to the bike path when completed.

Social Day August 2016 Monthly Report

Activities: Exercise, Bingo, Keno, Rosary, Trivia, Current Events, Reminisce, Movie, Crafts, Puzzle Group, Card Group, Bean Bag Toss,

Tap -n-Time, Let's Chat Group, Baking Group, Walking Group, Manicures, Music w/ D&D Music w/ Ray J, Karaoke w/Rick, Birthday Party.

Notes:

- 1. 8/16 Picnic & Outdoor games
- 2. 8/24 Sally Bourke (Activities Director started)

Upcoming Events:

- 1. 9/8 Grandparents Day Luncheon (prepared by Courtyard Restaurant)
- 2. 9/20 Zany Trivia hosted by the Staff at the Royal.
- 3. 9/29 Last Cookout of the Season.

Total units serviced for the month was 482 with a client average of 21.

There were no holidays during the month of August.

Directors Report

IN-HOUSE EVENTS

9/3 DAV Meeting 9:00-12:00

9/10 South Coast Hospice Butterfly Release 12:00-4:00

OUTSIDE EVENTS

9/15 Coastline Community Development meeting 10:00

9/15 Coastline Board Meeting 9:00

9/22 Coastline COA Directors Meeting 10:30

- 1. The Formula Grant was submitted to the EOEA August 1, 2016.
- 2. Sally Burke, Activity Director for Social Day, started on August 24, 2016. The program will now be directed by Susan Roderiques as the Coordinator and Sally Burke as the Activity Director.
- 3. The Single Senior Supper Club and South Coast LGBT Seniors Supper Club will be cancelled for the month of September.

Next meeting will be Tuesday October 11, 2016 at 9:00am instead of Monday October 10, 2016 related to the holiday.

Motion to adjourn made by Lindsay Gordon and second by Francis Cox.

Meeting was adjourned at 9:50.

Respectfully Submitted,

Jerry Brecken, Secretary