TOWN OF DEEP RIVER, CONNECTICUT Community Health Committee

Community
HEALTH
Committee
Working Toward a Healthier Deep River

Meeting Minutes – March 18, 2014 Meeting Place: DR Town Hall

Attendees: Maura Carver, Grace Krick, Nancy Howard, Diane Recchia, Russ Marth

Guests: none

- 1) Meeting called to order at 7:34 PM by Chairperson Maura Carver
- 2) Approval of the February 2014 meeting minutes Motion made to approve by Nancy Howard, seconded by Grace Krick. There were no changes or omissions. Upon vote, all in favor of approving the minutes, none opposed.
- 3) Review of Finances:

It was noted that there is still no financial statements available due to a problem with the software that the town uses. Several alternatives were discussed but no action taken. It was noted that a statement has not been available for several months, but it is hoped that they might be available for the next meeting.

4) Newsletter Article(s)

The CHC tries to provide health-related articles for the quarterly DR News. A few sources for articles were mentioned. There was a long discussion on "sharps" by the medical professionals in attendance, focusing on the proper disposal of needles used by diabetic residents. Also discussed were various programs for drug take-backs. These ideas were met with approval by all as a subject worth following up on as both a service and as an article. More research was needed and calls to local health officials and other entities would be necessary.

- 5) It was decided to set up an email that would allow citizens to contact the CHC privately. Grace Krick volunteered to start a .Gmail account. This email address will be posted and made public to allow residents to email the CHC privately.
- 6) Soup For You event: M. Carver had documents relating to locations where a soup event could be held. The most appropriate is still the auditorium on the second floor of the town hall. Date settled upon was November 9, 2014 a Sunday, and the event to be along the noontime hours.

There was discussion of other event ideas, including a "Tip-A-Selectman" event at a local restaurant.

7) Food Pantry: It was noted that there were calls made by the social services coordinator about the dearth of supplies at the food pantry. It was agreed by all that the congregational church, who members are always very generous in supplying food, has been having some problems keeping its program at former levels. It was also noted that there is money in various accounts for which any CHC member could purchase food (upon request from social services) from a shopping trip, turn in the receipt, and be

- reimbursed by CHC funds. This action is a normal and acceptable way of providing for the upkeep of the food pantry.
- 8) There were further discussions about civil preparedness and other health topics. It was also noted that it would be helpful to provide a forum for events and inviting professionals to speak at these informational gatherings, and possibly in conjunction with the senior housing on North Main Street.
- 9) VNLV News: None
- 10) Audience of citizen None
- 11) Russell Marth made motion to adjourn and seconded by Nancy Howard. Chairperson ended the meeting at 8:48.

Respectfully submitted, Russell Marth March 22, 2014