

Emergency Management Directors for Dukes County urges every resident to read and prepare themselves, their family and friends with this information, for Hurricane Sandy.

We have provided links to Martha's Vineyard individual towns' web sites. and to the U.S. Homeland Security, MA Emergency Management Agency, National Weather Service, and Dukes County, that will provide additional information to all residents who want to seek out further information.

Every family should have a Disaster Supply Kit. Your family could become isolated in your home for 3-7 days without power. Here are some suggestions of items you may want to include in your kit.

**YOUR KIT SHOULD INCLUDE:**

- Canned goods and nonperishable foods that do not require cooking:  
Canned meats and fish, fruits and vegetables, soups and puddings, fruit juices, dried fruit and nuts, bread, cookies, crackers, peanut butter and jelly.
- A manual can opener
- Bottled water for drinking (1 gallon per person/per day for a minimum of 3 days)
- Fill your bathtub with water. This should be used for sanitation purposes only, not drinking water.
- Set your refrigerator and freezer to their coldest settings. During a power outage, do not open the doors. Food can stay cold in a full refrigerator for up to 24 hours, and in a well packed freezer for 48 hours (less if half-packed). Remember to reset back to normal when power is restored.
- First aid supplies
- Whistle to signal for help
- Prescription and non-prescription medications (a 2 week supply)
- Extra eyeglasses
- Flashlights or lanterns and extra batteries (candles are not recommended)
- Battery operated radio with extra batteries; WMVY radio station will have up to the minute information.
- Fully charge computers and cell phones. In the event of a severe storm, unplug computers, TVs. Etc.
- Watch or battery operated clock
- Store important documents in a portable, waterproof container (wills, deeds, prescriptions, passports, birth certificates, proof of address, Social Security number, and other important documents for your family)

- Pet food and supplies, including bottled water, a 2 week supply of prescriptions, vaccination records, collars, with dog and owner information, and leashes. Micro chipping your dog is also highly recommended. Have crates for your animals if you have to evacuate your home.
- Soap, liquid detergent, bleach or water purification tablets
- Disposable plates, silverware, cups and personal hygiene items
- Cash (banks and ATM's may not be available)

Be prepared to take your Kit with you if you have to evacuate your home.

Sign up for Code Red in your town and you will be notified by phone or text message if there is a weather related emergency. The local newspapers will publish weather alerts in the papers or on-line at their web sites. Please check on older persons who may live near you.

**AFTER A POWER OUTAGE:** Assume all downed power lines are live lines. NEVER ATTEMPT TO TOUCH OR MOVE ANY DOWNED LINES! Keep all adults, children, and pets away from them. **STAY OFF THE STREETS UNTIL YOU RECEIVE A MESSAGE THAT IT IS SAFE TO TRAVEL.**

LINKS:

[www.dukescounty.org](http://www.dukescounty.org) click on emergency management. \*\*You will find links for each of the MV town's specific emergency management information.

Mass Emergency Management Agency (MEMA) has information on all weather related hazards. [www.mass.gov/mema](http://www.mass.gov/mema)

[www.ready.gov](http://www.ready.gov) is the Emergency preparedness guidance from the U.S. Department of Homeland Security.

NOAA National Weather Service postings specific for our area