



**Town of Boxford  
Meeting Minutes of the Board of Health**

**July 25, 2016**

**Present:** Hans Jeppesen, Richard Taylor, Heather Forand, Alex Constan  
Kendell Longo, Kristin Kwiatek  
**Absent:** Richard Fahrner

**Meeting called to order at 7:35 PM by Richard Taylor**

**Minutes, Announcements, and Bills**

Minutes were reviewed from the June 29, 2016 meeting. **Motion** by **A. Constan** to accept minutes, seconded by **D. Taylor** approved **unanimously**.

Bills were signed

**D. Taylor**-Centers for Disease Control are now strongly urging all physicians who are in contact with any woman that is pregnant, traveled to the South, or had even a chance of sexual transmission should be tested for the Zika virus. Centers for Disease Control also urged any pregnant women with concerns should also be tested.

### Andrews Farm Road Update

Two residents of Andrews Farm Road on behalf of that neighborhood came before the Board to gain support to be hooked up to the Topsfield municipal water supply. The residents of Andrews Farm Road strongly feel that is the best long term solution. They felt that they have dealt with the pumping station for twenty five years with its economic problems as well as disruption of service. The residents have wanted the relationship with the developer to end and would be grateful for any support from the Board of Health in helping to convince the Town Selectmen that this is the best solution for the fifty three residents of Andrews Farm Road. The residents feel that there might only be political reasons that are standing in the way of the best solution. **D. Taylor** stated that there is not a Boxford regulation that the Town has to approve it and there is no state law. Both Town's Boards of Selectmen have to be in agreement. **D. Taylor** stated that the only authority the Board of Health has on the issue is if there is unsafe water. **A. Constan** commented on the past issue of salt being used on Route ninety five. **D. Taylor** stated the committee from a few years ago is gone and **K. Longo** stated that a report on that study done by CDM Smith was never received. **D. Taylor** proposed that the Board should support Andrews Farm Road being hooked up to Topsfield's water supply. However, it is up to the Topsfield Selectmen and that the Department of Environmental Protection would have to increase Topsfield's water allowance. **D. Taylor motioned** that the Boxford Board of Health, in the interests of guaranteeing a safe and healthful supply of potable water to the residents of Andrews Farm, hereby supports the provision of said water supply from the Topsfield Water Department, provided that Topsfield and the Department of Environmental Protection approves such provision of water to Andrews Farm, seconded by **A. Constan**, Approved unanimously.

### Heat Exhaustion Memo

**H. Jeppesen** read aloud the letter drafted by **D. Taylor** to the Boxford Athletic Association on the subjects of heat stress, dehydration, and heat stroke. The Board made revisions to the letter. **Motion** by **D. Taylor** to accept the letter as amended, seconded by **H. Forand**, Approved unanimously.

**Action item-** **H. Jeppesen** to revise and email letter to the Board of Health office.

### Signage for Crumb Rubber field

**D. Taylor** constructed wording for a sign to be posted at the turf field comprised of the four (4) points taken from the May 26, 2016 letter submitted to Boxford Permanent Building Committee and carbon copied to Board of Selectmen, the Athletic Association, and the Recreation committee. The Board discussed and revised the wording. **K. Longo** stated that she spoke with John Dold and that he has a sign company that he uses so if a board member would like to look at the field and recommend a size, John Dold will order what is decided upon. **D. Taylor** asked **K. Longo** to get the dimensions of the signage provided by Huntress Associates.

**Action item - D. Taylor** will revise the wording for the signage based on the Board's decision.

### Senior Health Programs

**D. Taylor** gave an introduction on the Council on Aging. He presented to the Board the Senior Newsletter that is mailed out to every resident over sixty years of age to show what is provided to seniors in town. **D. Taylor** asked the Board how they could interact with the Council on Aging and whether there were any health concerns that the Board could be of help. **D. Taylor** mentioned a study done last year that looked at senior growth, concerns, and needs. Boxford is an aging town by one to two percent per year and according to the study by the year 2030 thirty five to thirty eight percent of Boxford's population will be a senior. Council on Aging is facing more requests for service. **D. Taylor** explained how funds are determined. He stated the definition of service unit which is the service interaction between a staff member and a senior. This is a way of quantifying what is being done. **D. Taylor** listed what the Senior Center offers to residents. **H. Jeppesen** stated the importance of socialization and nutrition. **D. Taylor** explained the need for self-paid adult day care. **H. Jeppesen** mentioned that children of senior citizens are asking for help. **D. Taylor** stated there is a great need for a new space and more staffing. If not for all the volunteers the Council would not be able to function. **D. Taylor** also discussed the nutrition of seniors and what was attempted in the past. One of the biggest challenges is getting seniors out of their homes. **D. Taylor** mentioned the Board could possibly help with a lecture, a demonstration, or any way to help educate the senior residents.

**H. Jeppesen** asked what the Board could do to help expand their space. **D. Taylor** stated the Council tries to involve as many people as they can because social interaction is so important and also it will help the building and staffing prospects. The Board members were very pleased with **D. Taylor's** presentation of the senior health programs.

#### **Response Protocol to Hazardous Material**

**D. Taylor** stated there is a need to come up with a simple way to educate people about hazardous materials and who to call if something is a hazardous material. There has to be decision makers in place because if there is hazardous material, someone has to make the decision to call the appropriate people.

**Action item - K. Longo** to work with Lieutenant Hazelwood on the hazardous material response protocol.

#### **Adjourn 9:15pm**

The next meeting date will be determined and with no further business there was a **motion** made by **H. Jeppesen**, seconded by **A. Constan**, the Board voted **unanimously** to adjourn.

Respectfully Submitted,

Kristin Kwiatek  
Minutes Secretary













































































































